



## Catalase Enzyme role in Drug and Food industry

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### Abstract

Catalase enzyme breaks down  $H_2O_2$  and produces water and oxygen. It is present almost in all organisms. Catalase enzyme is used in various sectors of biotechnology like bioremediation, biodegradation etc. Catalase plays role in food processing, improving nutritional values of food. To maintain the color and aroma of food a catalase-based system has been introduced. Sodium azide is a chemical which is poisonous and highly toxic is used in agriculture to control the pests. This chemical is also used as preservative in the laboratories. The utilization of catalases in the pharmaceutical industry has been known for various redox responses. The purified catalaseperoxidase from *Bacillus pumilus* was abused for oxidation of pharmacophore for anti-infection agents (i.e.,  $\beta$ -lactams) into their sulfoxides in less time than the synthetic course with enantio unadulterated structure squares. There are many diseases that are associated with deficiency of catalase. These are divided into main three groups metabolic, neurological and other disorders. Hypertension, diabetes type I, diabetes types II, impaired tolerance to glucose, insulin resistance and osteoporosis are included in metabolic disorders. While neurological disorders included Schizophrenia, Alzheimer, bipolar and Parkinson disorders. Other disorders are Asthma, anemia, Wilson, acatalasemia and cancer.

**Key Words:** Catalase Enzyme, Role in food industry, anticorrosive, bioremediation, Removal of  $H_2O_2$ , role in pharmaceutical industry

### 1. Introduction

Catalase is the enzyme that catalyses the conversion of hydrogen peroxide into the oxygen and water. Hydrogen peroxide is present in large quantities in organisms which respire in the presence of the oxygen. Catalase helps such cells to remove the hydrogen peroxide and prevent them from damage. In mammals catalases are found in the liver and kidney[1]. Catalase is intracellular enzyme and found in the cells of body which contain high concentration of the hydrogen peroxide [2][3]. The catalase enzyme is also found in the prokaryotic organisms. *Micrococcus luteus* is the first prokaryotic organism from which the catalase enzyme was found

Herbert and Pinsent(1948)[4]. After few years many such kind of prokaryotic organisms were found that contain the catalase enzyme and they were used for the detailed study of the catalase enzymes and their properties [5][6, 7]. Many scientists are working to introduce the gene of catalase enzyme in the other organism to produce a large amount of protein as this play a various useful role in the medicine and other industries [8] Catalase enzyme has low structural stability due to which a lot of work was done initially for the structural stability of the catalase enzyme. Catalase enzyme is found in aerobic organisms and approximately in all the mammals. In mammals they are performing the catalytic activity in the liver and erythrocytes. On the cellular level they are found in the peroxisomes as they contain a large amount of hydrogen per-oxide. Enzymes found in different cells or tissues vary in their structure and properties[9]. In the erythrocyte's catalase acts as the first line of defense. There are three different kinds of enzymes which have the ability to remove the hydrogen peroxides but the major enzyme which play role in the catalysis of the hydrogen peroxide is the catalase enzyme[10]. The catalase enzyme is most efficient for catalyzing the breakdown of hydrogen peroxide as compared to other enzymes. This is performing the fast catalysis of hydrogen peroxide[11].

In this review we are going to discuss the role of catalase enzyme in different fields like food industry and drug industry.

## 2.Catalase Enzyme in food processing

Catalase enzyme is helpful for the breakdown of  $H_2O_2$  into hydrogen and oxygen and in this way protects the cells from oxidative damage. Bubbles are formed during the breakdown process of  $H_2O_2$ . The major source of catalase enzyme is vegetables and fruits. High ratio of catalase is present in vegetables and fruits. In the early days this enzyme was also obtained from the liver but this method was not so good to obtain large quantities of catalase enzyme[12]. On the industrial level this enzyme is isolated from bacteria and non-motile cultures. The conditions for the working of this enzyme also varies from one specie to another specie which are used as the source of this enzyme[13]. Solid state fermentation technique is used for the production of catalase enzyme on the commercial scale. For commercial production of catalase *Aspergillusnigeris* used. The catalase enzyme are of different types and are used for different purposes like most commonly used catalase enzyme in food industry are glucose oxidase which is used for the food preservation and processing of eggs, sulphhydryl oxidase which is used under sterilize conditions and are helpful for the removal sulphhydryl groups which are generated by the thermal induction and which become cause of the bad flavor in ultra-pasteurized milk. Catalase enzyme is used in the processing of milk to remove the hydrogen peroxide before cheese production. It is also used in the food wrappers which prevents food from oxidizing. In baking industry, it is used to remove the glucose from the egg white prior to drying for using in baking industry [13].

### 2.1. Catalase as biosensor

This type of enzymes is used as a biosensor for the detection of various chemicals mixed with food items. For example, Clark type electrode is developed using catalase enzyme which is used for the detection of azide which is toxic chemical which may be mixed with fruit juices like black cherry juice, orange juice and apricot juice. This was developed by Sezginurk and

coworkers. Polyaniline based catalase biosensor is another enzyme which also used for the detection of hydrogen peroxide and azide in biological samples [14].

To remove the traces of hydrogen peroxide from the milk during pasteurization process a specialized kind of catalase was prepared from the *Aspergillusniger* which is immovable on a  $\text{SiO}_2$  support. In the dairy industries modern biosensing system was developed in which the catalase enzyme is immobilized on the dissolved oxygen by using the gelatin and this catalase is used to determine the decomposition extent of the hydrogen peroxide in milk products[15]. For the determination of the calcium level in the water and milk another catalase based biodevice was developed in which the enzyme is immobilized on the Teflon membrane. This bio device has the ability to detect the calcium level of 1mM to 10mM with the time lapse of one min. To detect the mastitis infection in milk a biosensor was developed which is based on the activity of the catalase enzyme [16]. To detect the concentration of ethanol in food items a biodevice was developed which contains immobilized catalase enzyme as well as the ethanol oxidase[17]. An amperometric is a device which is catalase based and is used for the detection of amount of alcohol in alcoholic drinks. Using this device, the level of calcium can also be detected in the cow milk.

A biodevice has been developed which is used to detect the level of bacterial contamination, this device also based on the catalase enzyme activity [18]. There are some of the food borne pathogens which can cause serious diseases some of which are *Listeria monocytogenes* and *Staphylococcus aureus*. A catalase-based method has been developed to detect and eliminate the food borne pathogens [19, 20].

## **2.2. As a Preservative:**

A catalase enzyme has been used to improve the shelf life of food. To maintain the color and aroma of food a catalase-based system has been introduced [21]. Sodium azide is a chemical which is poisonous and highly toxic is used in agriculture to control the pests. This chemical is also used as preservative in the laboratories.

Due to the increased in need of food and to improve the nutritional value of food bifunctional catalases are being used to attain the more nutritive food. For example, catalase is used in the presence of oxidase which reduces the formation of free radicals which protects the food from spoilage. The combine effect of catalase and oxidase has been studied on the shrimps and fish. The results obtained were good. These things prevent the fish and shrimp not only from the microbial attack but also keep the food items fresh. The possible conclusion of this experiment was that the active oxygen species were produced during the process which kills the microbes and increase the shelf life of food[22].

## **2.3. Catalase in production of cheese**

Catalase enzyme has been reported to use in specific fields of production of cheese. We know that hydrogen peroxide has oxidizing potential as well as toxic for cells. It is used instead of pasteurization. Catalase enzymes are destroyed at heat of pasteurization which is up to 140 degree centigrade. Hydrogen peroxide has valid application in cold pasteurization and used for

production of cheese allowed by FDA (Food and Development Authority). But it should keep in mind that hydrogen peroxide can stop bacterial colonies that are responsible for cheese production in milk. So, hydrogen peroxide must be removed completely. These catalase enzymes are extracted from microbial sources or bovine livers and are added to change hydrogen peroxide into molecular oxygen and water. So, in this pathway catalase is used against reactive oxygen after cold pasteurization from milk [23]. Its use is very cost effective and eco-friendly and saves thing from huge hydrogen peroxide for cheese production from milk samples [24].

#### **2.4.Catalase as indicator of degradation of hydrocarbons**

Pollution related to crude oil has become issue because it pollutes water, soil and quality of them. There is mixture of hydrocarbons with elements like oxygen, Sulphur and nitrogen in crude oil and it is naturally found [25]. Many carcinogens are toxic compounds found in it and these are formed by branched and straight chains of hydrocarbons. Current issue of spreading pollution is crude oil [25]. The sites of polluted soil have been increasing continuously because of advancements in petroleum industry [26]. Crude oil permeates in soil through various ways and it interacts with enzymes of soil. The enzyme of degrading microorganisms from soil can act as indicator for physiochemical features and amount of crude oil. This process is majorly utilized for bioremediation of soil through artificial microorganisms or naturally microorganism adding there that can degrade hydrocarbons [27-30][31]. Various enzymes like catalase, lipase and dehydrogenase have been found indicator of degradation of hydrocarbons in process of bioremediation. Here activities of these enzymes can be easily observed [32]. In other case of studies, the activity of catalase was seen present in soil due to availability of catalase forming microbes. A control was made in which soil free of contamination of oil and activity of catalase used as marker for normal activity. The activity was seen to reduce in contaminated soil with crude oil. *Arthrobacter* species of bacteria were used for that purpose [33]. This reduction in activity of enzyme is because of unfavorable conditions for enzymes. These may be changes in pH, hypoxia and nutrient unavailability [34]. These finding confirms that these catalase enzymes are useful marker for indication of initial of biodegradation process because their activities reduce as biodegradation process slows down. another report was conducted on *rhodococcus* species that show effect of crude oil on catalase activity till 120 days [35]. This study demonstrated that reduce in catalase activity initially and increase in activity during end days when successful biodegradation occurs [36, 37].

#### **3.As an antioxidant**

An ongoing pattern in the nourishment business is the misuse of reactant catalysts showing phenol oxidase movement notwithstanding catalase action (CATPO) as a cell reinforcement has been watched. Catalase-phenol oxidase has been found to show action towards some phenolic substrates, for example, catechin, catechol, caffeic corrosive, and so on. The investigation of finished results of these substrates uncovered the development of various metabolites also, these phenolic optional metabolites which serve different physiological jobs, for example, enemies of oxidants, genius oxidants and sign transduction particles [38, 39]. CATPO may likewise be created as a significant biocatalytic instrument for nourishment and biotechnological applications planned for changing the cancer prevention agent capability of

phenolic mixes. Further comprehensive work concentrated on their misuse (CATPO) in human utilization as a major aspect of the eating regimen or an enhancement is in progress [40].

#### **4.As an anticorrosive**

Treated steel is utilized in a wide scope of businesses, extending from nourishment industry to sewage tanks, all because of its quality and protection from consumption however it is inclined to microbial erosion. Microbiologically-activated consumption is liable for a huge part of the consumption on machines in nourishment and maturation ventures as biofilm development modifies the electrochemical conditions on the metal surface [41]. Recently, catalases are likewise focused for consumption counteraction techniques in the nourishment what's more, maturation industry devices and utensils which are inclined to microbial consumption during aging procedures [42]. Bacterial societies of *E. coli* what's more, a catalase insufficient *E. coli* strain were likewise utilized for drenching of tempered steel to show the powerlessness of the later cells to cause consumption, which further demonstrates that catalases are an intriguing objective for erosion counteraction systems [43].

#### **5.Removal of H<sub>2</sub>O<sub>2</sub>:**

Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) is generally utilized for the expulsion of microbiological contaminants (microbes, growths) present in refreshments and this procedure is regularly alluded to as cool sanitization. In any case, the expulsion of H<sub>2</sub>O<sub>2</sub> before application in the nourishment business is significant. A productive strategy was created for expulsion of H<sub>2</sub>O<sub>2</sub> from refreshments before bundling utilizing catalase ensnared in alginate containers[44]

#### **6. Bioremediation:**

Stringent natural enactments control removal of H<sub>2</sub>O<sub>2</sub>-containing modern effluents into open streams [45, 46]. H<sub>2</sub>O<sub>2</sub> is ordinarily utilized as a dying operator in the material and paper businesses. Customary techniques to expel the unused H<sub>2</sub>O<sub>2</sub> include broad washing of faded textures, coming about in the age of huge volumes of soluble waste water. Then again, H<sub>2</sub>O<sub>2</sub> is evacuated with synthetic substances, for example, sodium bisulphite that additionally lead to high salt levels in the process streams [47]. The high synergist rates render catalases as alluring eco-accommodating choices for H<sub>2</sub>O<sub>2</sub> expulsion. Different scientists have effectively abused the utilization of catalase chemical to evacuate hydrogen peroxide from the material and blanching industry effluents to decrease the contamination load.

An improvement in coloring nature of cotton textures was likewise seen after the end of hydrogen peroxide deposits with catalase [48]. [49] utilized immobilized thermoalkalitable catalase from *Bacillus* sp. for corruption of hydrogen peroxide in material fading gushing which empowered the reuse of treated water for coloring. In another examination, catalase-delivering alginate entangled *Bacillus* sp. TE-7 cells were utilized to corrupt H<sub>2</sub>O<sub>2</sub> in a pressed bed reactor [50]. The corruption of phenolic mixes by the activity of catalaseperoxidase from *Comamonasterrigena* N3H has been accounted for [51]. An actual existence cycle investigation of material assembling planned for supplanting conventional washing ventures with a modernly created catalase proposed water reserve funds of 20 m<sup>3</sup>/t of yarn when utilizing 1 kg of

Novozymes' Terminox Ultra® 50-L catalase readiness. Utilization of catalase lessens the water utilization and misuse of vitality considerably, and costs of synthetics up to 83 percent, and recoveries 33 percent of time required for culmination of procedure [52].

## **7.Role in pharmaceutical industries:**

As of late, the mission for green advancements for amalgamation of pharmaceutical substances has expanded. Subsequently, the industry is searching for minimal effort and greener biocatalytic pathways as options in contrast to conventional synthetic procedures [53, 54]. The utilization of catalases in the pharmaceutical industry has been known for various redox responses. The purged catalaseperoxidase from *Bacillus pumilus* was abused for oxidation of pharmacophore for anti-infection agents (i.e.,  $\beta$ -lactams) into their sulfoxides in less time than the synthetic course with enantio unadulterated structure squares. A biocatalytic technique for sound system particular oxidation of pharmacophores with potential applications in the treatment of bacterial diseases was likewise evolved [55]. Magner and [56] researched the catalase-interceded enantio-specifically biotransformation of some chiral alcohols (2, 3-butanediol, trans-1, 2-cyclohexanediol, trans-3-methylcyclohexanol, menthol, 2-methyl-1-butanol, and so forth.) in natural solvents. The reactant job of catalase in rot response of peroxy nitrite in the engineered polymer industry has additionally been illustrated by [57].

In polymer combination, catalase additionally fills in as an impetus to corrupt remaining  $H_2O_2$  after a peroxide-activated polymerization response [58]. Remaining  $H_2O_2$  must be demolished after the polymerization response as it can settle long haul stockpiling of polyacrylate arrangements or may meddle with polyacrylate details [59]. As these responses are completed at low pH, acidophilic catalase-delivering microorganisms are required that can work productively under acidic conditions [60].

### **7.1. Catalase related disease**

There are many diseases that are associated with deficiency of catalase. These are divided into main three groups metabolic, neurological and other disorders. Hypertension, diabetes type I, diabetes types II, impaired tolerance to glucose, insulin resistance and osteoporosis are included in metabolic disorders. While neurological disorders included Schizophrenia, Alzheimer, bipolar and Parkinson disorders. Other disorders are Asthma, anemia, Wilson, acatalasemia and cancer [61-63].

### **7.2.Diabetes Mellitus**

In present era diabetes mellitus is common disease. It has various symptoms like lower level of blood glucose, higher level of blood glucose, stroke, heart problems, nerve damage and blindness etc. but in present duration its affected population has been increased. It is estimated that in 2025, this population will approximately 300 Million [64], 629 in 2045[65] and now is increasing in many developing countries like Pakistan. Diabetes mellitus has two distinct forms and these are types i and ii. Types I is insulin dependent juvenile diabetes are it occurs 10 % of all cases. Adults can also become its victim [66]. In this case, autoantibodies destroy the beta cells that are responsible for production of insulin. So, it is autoimmune disease. It has

correlation between genetic and immunologic factors. In this type I, main three antibodies present IA2, GDP65 and insulin autoantibodies. But antibodies against insulin may lack in adults and mostly present in young patients [67][68]. Mostly these antibodies attach to epitopes on B cells of insulin. If we observe genetic features then it shows that there is a relationship between alleles of HLA and diabetes type i. diabetes type ii accounts for 90% and most common disease. Here low amount of insulin in body is produced and also due to resistance body own cells. Here beta cells of pancrease are damaged and hence they cannot produce insulin. Oxidative stress is vital factor for spreading of diabetes type ii. Hydrogen peroxide damages the B cells because it acts as oxidant [69], [70], [71]. It has been observed that concentration of hydrogen peroxide is four-fold more in diabetes type ii than healthy samples of control. This was due to low activity of catalase [72]. Third type of diabetes mellitus also found that is called pancreatogenic diabetes and can be written as T3cDM. This 3<sup>rd</sup> types of diabetes occurs due to both chronic and acute pancreatitis, inflammation, pancreatic tissues cystic fibrosis and pancreatic tissue damaged [73], [74]. During early pancreatic diabetes, pancreatic enzymes and pancreatic peptides that are exogenous are destroyed. This helps in hyperglycemia because glucagon level elevated [75]. The destruction of pancreatic enzymes and exocrine pancreatic peptides occurs during start phase of pancreatic diabetes. When alpha cells damage then glycogen level is reduced and it happened during late pancreatic diabetes phase. This leads to hyperglycemia because glucagon level is increases here. There are several factors associated with patho-physiology of the diabetes. One of the important is immunopathogenesis that leads to development of the pancreatic diabetes. Various pro-inflammatory cytokines like interferon gamma, necrosis factor alpha and interleukin 1 B are included in pancreatic diabetes pathogenesis [75]. When cytokines are in higher concentration then they lead to dysfunction of beta cells of chronic pancreatic [76]. And higher concentration of interleukin 1B responsible for apoptosis of beta cells [77]. Hydrogen peroxide acts as signaling molecule at its lower concentration while it adapts toxic form when present in higher concentration [78]. Catalase is involved in homeostasis of cell because of its degrading ability of hydrogen peroxide. In serum, activity of catalase was also observed in high concentration in acute pancreatitis [79]. Among pregnant women, GDM (Gestational Diabetes mellitus) is common type of diabetes. The pathogenesis of gestational diabetes mellitus is nearly similar to diabetes type ii. There are many factors that are associated with gestational diabetes mellitus that are maternal age, obesity, hypertension, ethnicity and polycystic ovary syndrome [80]. Risk of diabetes type ii becomes higher in pregnant women after pregnancy [81]. The descendants of gestational diabetic mothers may victim of various diseases like metabolic syndrome, hypertension and dangerous kidney diseases [81], [82]. These defects birth may due to high amount of reactive oxygen species and low antioxidant defense [83]. Various reports on link between GDM and catalase are very conflicting. During 2<sup>nd</sup> and 3<sup>rd</sup> trimesters of pregnancy, activity of catalase is low due to high ox[84]idative stress in this period [85], [86]. Cellular protection occurs in liver by catalase because it degrades hydrogen peroxide into oxygen and water [69, 87]. The chances of diabetes mellitus may increase many times due to lack of catalase [88],[84]. It was also put forward that lack of catalase is responsible for diabetes in direct pathway [61]. Beta cells of pancreas are highly sensitive towards oxidants. These cells lack of catalase as well as they have higher number of mitochondria that are main sites of hydrogen peroxide and superoxide [89]. Several complications may produce in diabetes both types I and ii due to oxidation conditions. The concentration of hydrogen peroxide increases due

to low expression of catalase that leads to many complications. Retina is damaged in diabetes retinopathy by retina neovascularization. Here new vessel develops from existing one and spreads to inner cells of retina and causes blindness [90], [91]. Now scientists are able to make five clusters of diabetes mellitus by joining parameters like insulin secretion, insulin resistance, age and blood sugar level [92].

### **7.3. Alzheimer's disease**

It is a neurological disorder. It is demential disease found in the adults [93]. About 5.5 Million people in United States in 2017 were affected by Alzheimer and its rate will increase upto 13.8 Million in 2050 according to rough estimation [94]. Here dementia occurs due to diabetes and smoking. This disease happened due to accumulation of amyloid beta peptides in brain [95, 96]. These amyloid peptides are very toxic to neurons [97, 98]. Amyloid beta is soluble part of cerebrospinal fluid and plasma. Soluble beta amyloid is changed into insoluble fibrils [97, 99, 100]. Nascent beta is not toxic but older amyloid beta is toxic for neurons is observed by vitro cell cultur[101]. This amyloid peptide is main reason of accumulation hydrogen peroxide with in hippocampal and neuroblastoma neurons [102, 103]. Catalase has direct and indirect both relationship with Alzheimer pathogenesis [65, 104].

### **7.4. Parkinson's disease**

It is also neurological age-associated disease with starting symptom tremor of hand which then spreads whole body and reduces the life quality. It initiates with regular limbs tremor during sleeping or rest period. So here slow movement occurs. This occurs due to removal of dopamine because dopamine producing neurons are affected badly [105, 106]. The patient affected by Parkinson disease face to hundred to two hundred damaged substantianigra pars compacta each day [107]. Understanding about pathogenesis of Parkinson disease is tough work. Several factors like oxidative stress, mitochondrial dysfunction and environmental toxins are included in pathogenesis of this disease. It is observed that alpha synuclein protein is closely related to histopathology and cytopathology of Parkinson disease [108]. If mutation occurs in gene that produces alpha synuclein then mutant protein is produced that enhances accumulation of dopamine in neuron cytoplasm [109]. Dopamine is small neurotransmitter molecule and is formed in cytoplasm. It then moves to small vesicles and becomes as oxidized. When alpha synuclein is mutant then it permeabilizes small vesicles and leakage of dopamine occurs into cytoplasm. Here it is auto-oxidized and produce superoxide and hydrogen peroxide molecules that create oxidative stress [110]. There is also inhibition the activity and expression of catalase when alpha synuclein protein is mutant [111].

### **7.5. Vitiligo**

It is pigmentary disorder and here pigments for skin (melanocytes) are destroyed. Hence these pigments cannot produce melanin. It is demonstrated that catalase level is lower in epidermis of patient of vitiligo than control samples. So, they have higher level of hydrogen peroxide [112, 113], [125]. Hydroxyl radicals can be formed automatically from hydrogen peroxide via photochemical reduction in cell [114]. Hydroxyl radicals can oxidize lipids molecules in cell membrane. This is reason of damage of t and keratinocytes in skin epidermis in



affected patients [115, 116]. The activity of catalase is lowered due to changes in CAT gene or inhibition of hydrogen peroxide. There is strong relation between vitiligo and catalase polymorphism [117, 118]. It has been demonstrated that mutant CAT gene causes false expression or structural modifications in melanocytes or keratinocytes [117]. The overall results show that there is relation between pathogenesis of vitiligo and catalase.

## **7.6. Acatlasemia**

This is hereditary disorder and affects the activity of catalase. It was first reported by Takahara in 1948 [119, 120]. He demonstrated that in Japan 4/7 people had similar genetic flaw [121]. He performed experiment of ex-vivo and filled ulcer patient's mouth with hydrogen peroxide. There was no bubble formation when results were seen that show catalase is affected or its activity is absent in saliva of ulcer patient. This disease was given name Takahara because of his work. Acatlasemia patients have half activity of catalase than normal people and its phenotype called as hypocatalasemia [122]. It has various types according to areas where it was studied like Swiss, Peruvian, German, Hungarian and Japanese. Almost one hundred and thirteen patients of acatalasemia have been listed from whole world. In case of Japanese acatlasemia, two types of mutations are found in catalase gene. One is splicing mutation in which adenine is replaced by guanine at 5 position [123]. And second is frame shift mutation in which thymine is deleted at position 358 of axon and stop codon TGA is produced. Translation of mutated TGA forms protein of 133 amino acids which is nonfunctional and not stable. Aebi and coworkers were first who demonstrated Swiss acatalasemia [124, 125]. When Swiss acatalasemia was studied then it was observed that structural mutation of gene CAT is reason for catalase inactivation [126]. Goth first time demonstrated Hungarian acatalasemia in two Hungarian sisters in 1992. According to him activity of catalase in blood of these sisters was 4.4 % and in normal blood was 6.7%. According to him mutation of CAT that causes structural changes is main reason for Hungarian acatlasemia. He performed it in his lab. He also demonstrated that in family acatalasemia [126].

## **7.7. Therapeutic Role of Catalase**

Catalase is most vital antioxidant enzyme. It is used against various oxidative stress concerned diseases because it converts hydrogen peroxide into simpler products like oxygen and water. The main difficulty is that we should use catalase at suitable site and in adequate concentration. Catalase can be delivered to neuronal cells of human by poly nanoparticles [127]. There is positive effect of nanoparticles loaded with catalase on neuronal cells which are exposed to hydrogen peroxide. These studies confirmed that nanoparticles are loaded with catalase can be utilized as therapeutic agent against oxidative stress concerned neurological diseases [127]. Same research has been reported utilizing EUK 134 that is form of synthetic superoxide catalase is effective against stroke [128]. ALS (Amyotrophic lateral sclerosis is common kind of fatal and progressive neurological disorder in which motor neuron is damaged in spinal cord and brain stem. ALS has two types and one of them is familial kind (FALS). It is found 10% of total ALS and occurs due to mutation in gene SOD1 (antioxidant enzyme that destroys the superoxide radicals). It has been reported in some case that mutation in SOD1 is not concerned with lowering SOD 1 activity. Here it was seen that this mutated SOD 1 has toxic features instead of

lower catalase activity. When this mutated SOD 1 binds with hydrogen peroxide and forms hydroxyl radicals that can potentially damage the important biomolecules [129]. This mutated SOD 1 can also power to use peroxynitrite as substrate and forms 3-nitrotyrosine that has ability to make non-functional protein from normal functional protein [129, 130]. Catalase has potential to reduce hydrogen peroxide by breaking down it. Therapeutic techniques utilizing putrescine in treatment of FALS have been reported [131].

## 8. Other application

Catalase is accounted for to assume a significant job in the deterioration of hydrogen peroxide inside the red platelets, with half of the hydrogen peroxide created in cells being arranged by this protein [132]. Catalase-based treatment for repressing tumor in different pieces of the body has been created by [133]. An epic chemical complex (containing catalase, superoxide dismutase, carbonic anhydrase and polyhemoglobin) created as a blood-substitute vehicles oxygen and carbon dioxide [134]. The complex additionally goes about as a cancer prevention agent furthermore, remedial specialist against ischemia-reperfusion wounds. [135] moreover, exhibited the utilization of an immunomodulatory recombinant catalase for battling H1N1 pneumonia. Beside its utilization in biomedical and clinical analyses, the use of catalase for the expulsion of hydrogen peroxide from contact focal points has been licensed [136].

## 9. Conclusion:

Catalase is antioxidant enzyme. This enzyme is found in fruits and vegetables. It is involved in homeostasis in organisms. Shelf life of various foods can be enhanced by using catalase. Catalase protects fruits and vegetables from various oxidative damages. It is also used in baking industry. It is utilized to preserve steel for longer use by protecting it from corrosion. Several age-related disorders can be treated by catalase. It is used as biosensor, food preservative. Catalase has several potential applications in pharmaceutical industries. This enzyme is also used in process of polymerization. Catalase can be used along with nanoparticles for therapeutic purposes. Cheese is also produced with the help of catalase. So, it can be used as drug against many diseases in future.

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