



GENOME EDITING USING CRISPR AND ITS ETHICAL ISSUES

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ABSTRACT

Clustered Regularly Interspaced Short Palindromic Repeats (CRISPR) are short motifs of DNA commonly found in chromosomal and plasmid DNA, which are separated with other unique sequences. Even though it was discovered in a bacteria, it has been applied in healthcare, environmental biology, veterinary science and agricultural trials with the most popular application being in cancer research. The technique is commonly used on somatic cells for gene editing; However, its use in germline cells is ethically controversial. The main ethical issues of gene editing by CRISPR that are discussed in this review are; safety issues, its misuse, unequal access to the classes of the population and ecological considerations. Some unsolved technical complications in CRISPR and limited knowledge of human germ cells are some of the obstacles for performing a safe gene editing in humans. In addition to this, due to uncontrolled usage and limited access, the technology may serve for the individual purposes of some people. Future perspectives including regulated usage as well as equal access are also other points of concern which would be achieved by introducing a consensus among all countries.

Keywords: CRISPR, gene editing, germ cells, ethics, regulations.

1. INTRODUCTION

1.1 Gene Editing

In November 2018, a Chinese research group headed by He Jiankui of the Southern University of Science and Technology in China informed that they successfully modified embryos to be HIV tolerant by deleting their CCR5 gene using CRISPR technology. They also claimed that some of these embryos were later used to create pregnancies that led to the birth of two HIV tolerant twins (which are now dubbed the CRISPR twins). The news was faced with different feedbacks from scientists, government sectors as well as the public. While some supported the research, most, however, had expressed their fears and concerns about misuses and ethical issues that should be regarded about this so-called CRISPR technology.

The process of gene editing is not a new approach; in fact, scientists were in search of ways to edit genes since the 1960s. The discovery of Restriction Enzymes in the late 1960s and early 1970's and its application as recombinant technology, has tremendously increased targeting genomic changes in different types of cells(1). Thus, the first targeted genomic changes were performed in yeast and mice cells. In these first gene editing trials, homologous recombination techniques were commonly used. This was surprisingly precise but very inefficient, particularly in mouse cells(2). Nowadays gene editing has been made easy due to the discovery of certain techniques including CRISPR-Cas9, ZFNs or TALENs, viral systems like rAAV and transposons(3).

1.2 CRISPR System

Clustered Regularly Interspaced Short Palindromic Repeats (CRISPR) are short motifs of DNA commonly found in chromosomes and plasmid, which are separated with other unique sequences. (4). CRISPR was first discovered in 1987 in the *Escherichia coli* genome as an aggregate of repeated bits of DNA containing 29 nucleotides which are separated by sequences of variable sizes(5).

The CRISPR locus, involved in acquired immunity systems are present in about 90 % of archaea and 45% of bacteria(6). These microorganisms use the CRISPR-Cas system to destroy the genetic material of the virus or another genetic element that attacks them(7). CRISPR-Cas systems contain RNA-guided nucleases that are currently considered to be the most effective appliances of genome editing and engineering(5). One of the best-

investigated CRISPR systems is the CRISPR II system that contains the nuclease protein known as Cas9. The CRISPR-Cas9 system starts its action by incorporating foreign DNA into the CRISPR array. This is followed by the recognition of foreign DNA using CRISPR components. Next, the spacer sequences are transcribed into a CRISPR RNA (crRNA) that can be a guide RNA that can bind with Cas9 protein which in turn cuts the target DNA (8). The same procedure is followed in the laboratory with the only difference being the artificial synthesis of the guide RNA. The main function of this RNA is to bind with the target DNA and at the same time with the Cas9 enzyme that cuts the DNA. Even though there are many enzymes related to the CRISPR system, Cas 9 is the most commonly used one. Once the DNA is cut, the required genetic material is inserted to the cut or deleted from it. This procedure is performed by using the cell's own DNA repair mechanism (9).

1.3 Application of CRISPR Mediated Gene Editing

CRISPR technique has greatly contributed to the scientific world as it provides a cheap, effective and precise gene editing technique. It is being applied in healthcare, environmental biology, veterinary science and agricultural trials that involved different experimental models, including humans (10). However; the most celebrated application of this technique is in cancer research. So far, CRISPR has been used to identify and find treatments for various types of cancers. For instance, at least 15 clinical trials on different types of cancers and other diseases have been introduced with CRISPR applications (11). CRISPR/Cas9 directed gene editing can be practiced on human genes in three different ways. These are; to obtain knowledge on the process of development of human cells or embryos to develop new treatments. Secondly, it can be used for genetic editing in somatic cells, to tackle various illnesses. The third and most ethically controversial one is its usage in germline editing to rule out mutations in the next generation (12).

Scientists don't deny the role of CRISPR in the treatment of various genetic disorders in humans. However, they don't use it to its highest extent due to the ethical concerns that arise with it. Thus the main aim of this review is to explore certain ethical arguments regarding gene editing of germ line cells, gametes, and embryos using CRISPR techniques.

2. THE ETHICS OF CRISPR TECHNOLOGY APPLICATIONS

Different people have different views about the use of this technique in gene editing. A study carried out by Blendon, Gorski & Blendon in 2016 revealed that the community's views regarding the technique change when used in different aspects. It turned out to be that the community supports it when it is used in adults but opposes it when used in embryos. The scientific community, on the other hand, had broad views on the topic. Scientists indicated that the technique is "acceptable when its benefits, both to individuals and the broader society, exceed its risks, ... though the relevant risks and benefits and levels of acceptable risk are today uncertain" and on the other hand showed concerns on the unpredictable future risks and its control that may outweigh the benefits (13).

Moral decisions in Bioengineering is one of the important aspects of the field. To consider the efficacy of a technique one has to investigate the strong sides, the outcomes and the side effects it can give. Once these points are fully understood, it would be appropriate for humans to use it. The same process goes for CRISPR. Generally, the main ethical considerations and debates about CRISPR technology fall into main four points. These are safety concerns, its misuse or uncontrolled use, unequal accessibility, and ecological concerns.

2.1 Safety Issues Regarding Gene Editing by CRISPR

The main safety concerns of using the technology for gene editing are based on the defects of the technology and our limited knowledge of human germ line cells. Much has been known about CRISPR technology since its discovery. However, many problems and concerns regarding the technique must be addressed before its application on human germlines. One of the main hindrance points for the technology is targeting difficulties. Non-Homologous End Join repairing (NHEJ) is one of the mechanisms used by cells to repair breaks in the DNA. Many CRISPR techniques use this method as a way of achieving the highest targeting accuracy towards the gene of interest. However, these techniques may result in deletions and insertions which would result in serious changes to the genes. It has been known that the same technical errors have occurred in the above mentioned Chinese CRISPR twins study which resulted in different base insertion and deletions (14). Another serious technical problem that has to be addressed is off-target mutations. This kind of mutation has been shown to increase when using the CRISPR/Cas9 system. These mutations can result in genomic instability and disruption of normal genes (15). Although

these technical issues create loopholes while using the technique, it is believed that they could be resolved over time with increased experimentation and trials.

In addition to this, another reason to be concerned about the safety of the technique arises due to our limited knowledge about the human germ cells. This is to say that right now the long-term consequences of germline genetic modification is unclear and might pose risks to the individual (16). Again; a typical example of this case is the Chinese CRISPR twins; Lulu and Nana. According to some scientists, the twins might have a greater cognitive ability due to the genetic alteration on the gene CR55. Alcino J. Silva, a neurobiologist at the University of California, Los Angeles, confirms this fact. He explains that the modifications in gene CR55 will probably affect their brains' cognitive ability. He also stated that due to the unpredictable outcomes, such kinds of trials should not be performed (17).

2.2 Increased Misuse of Technology

The second ethical issue that could arise is the probability of its misuse in the future. The technology that is designed for therapeutic reasons might end up to be used to fulfill individual desires. There is a fear that uncontrolled use of the technology might lead to some form of eugenics which favors breeding of only the "enticing" breed of the human race (11). Aside from therapeutic, people may use the technology to edit the genes to have preferable traits like long posture and blue eyes. In my opinion, non-therapeutic trials can undergo strict guidelines just for the sake of research. But the main concern is that some among us might dare to try selective modifications for the population at large, thereby possibly irreversibly altering the human species (18). In this case, strict law and regulation emphasizing the application of the technology to different purposes must be drafted and taken seriously. But it must be noted that banning CRISPR based genome researches or any other research cannot bring long-lasting solutions to ethical concerns. Besides, many countries of the World have already established guidelines about researches on the human embryo. The government of the United States of America, for example, does not provide funds to support human embryo tests (14). On the other hand, scientists in China have a better opportunity to experiment with gene editing on human embryos (19). This inconsistency of the laws in different countries must be avoided to regulate trials. Besides this, strict controls over privately funded researches must also be part of the regulation for gene editing.

2.3 Unequal Access to the Technology

The second ethical concern that arises with this technology is its equal accessibility by the different economic classes of the community. There is a fear that once gene editing by this technique is made legal, individuals can grow apart from each other and establish classes based on the quality of their engineered genome (20). The argument in this point starts with the fact that CRISPR occurs in natural bacteria and that it is not an invented technology. If the technology happens to be the property of a researcher, most of the lower economic class individuals may not get access to use the technique even for therapeutic reasons. This may result in the existence of various numbers of community clusters differentiated from each other based on their genomes and their access to the CRISPR based healthcare system (21). In addition to this, the differing access to technology can open the door to some sort of eugenics. As Françoise Baylis mentioned in an interview with the Journal of Clinical Chemistry in 2016, the risks of racism, sexism, and others may be increased as an aftermath of different levels of accessibility to the technique (18). Besides, some countries may use this CRISPR based genome editing (aimed at enhancing the IQ, physical endurance...etc.) to gain significant military and economic powers (22).

2.4 The Effects CRISPR on Ecosystems and Biodiversity

Through the action of CRISPR/cas9 in a procedure called gene drive (a condition that encompasses inheriting certain “selfish” gene allowing a mutation or foreign gene to spread quickly through a population where they can cause death or infertility); scientists have already indicated that it is possible to eradicate mosquitoes once and for all (23)(24). Specific species of mosquitoes are the main vectors for deadly human diseases like Malaria and Zika virus infection. Well, would it be a good idea to eradicate mosquitoes to stop these diseases? While the eradication of Mosquito from the environment may not seem to affect life on earth, from an ecological point of view, it can result in irreversible damage to the ecological balance. While such kind of genetically modified organisms can be used in the lab for research, care must be taken for them not to join the ecosystem without undergoing an extensive investigation of the ecological changes they might bring. Kevin Esvelt, an ecologist at MIT once said “We go from the default assumption that the things we engineer will not spread, to assuming they will. Normally you can make any kind of fruit flies you want—natural selection will wipe the floor with them. But as soon as you’re rethinking of a gene drive technology, you have to

assumewhateveryou'remaking will spread once it getsoutside the lab. Human error will win out, if notdeliberatehumanaction.”(25)

Many plants or animals have extincted from the surface of the earth due to climatechanges or due to various actions of humanbeings. De-extinctionrefers to the action of bringingbackspecies thatcannot be found on earthanymore(26). Through the usage of the CRISPR technique, many laboratories are trying to recreate some of the long-goneanimals. BobbyDhadwar, fromChurch'slab, is one of the leadingresearchers in the field and intends to bringback the extinctwoollymammoth. Dhadwarplans to do this by insertingsinglenucleotidepolymorphisms (SNPs) of a woollymammoth into immortalizedAsianelephant cells. After this process, they will use CRISPR /cas9 to combine all SNP insertions into one cell.They would insert this into an Asianelephantembryo, which would eventuallycreatewoollymammoth(27). Twomainconcernsarise here: first, as it has been alreadystated that ourknowledgeregarding the use of the technique is still very limited. In this case; a technique gonewrong can create a disastrousoutcome. Hence many if not all, parts of the genome are manipulated, it mightcreateunbearablesuffering to the deextinctedanimal. The second issue is the spread of the genes of the animal into nature and their control later.This might not be a problem for the woollymammoth but is a point that has to be consideredbefore applying it to smallerextinctanimals.

3. CONCLUSION

CRISPR can be considered one of the most important discoveries of the centuryas it has enabled humans to explore the pathogenesis and therapeuticalternatives for many diseases and mutations. Eventhough the technique is commonly used on somatic cells for gene editing; its use in germline cells stillethicallycontroversial. The main ethicalissues of gene editing by CRISPR that are discussed in this review are; safetyissues, its misuse, equalaccess to the classes of the population and ecologicalconsiderations. The effect of off-target andtargetingdifficultiesare considered to be the main technicalfaults that can be seen in CRISPR. These points added with limitedknowledge of germ cells to the presentdaymakes the use of CRISPR in germ lines one of the hot ethicalissues in biotechnology.Futureperspectivesincludingregulatedusage as well as equalaccess are also other points of concernwhich would be achieved by introducing a consensus among all countries.

DECLARATION

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Consent for Publication

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Authors Contribution

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