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**Have you washed your hands properly?**

The colors highlighted show the areas most frequently missed by hand washing

**Wash your hands with soap and water**

Reduce the spread of disease

Global Handwashing Day | October 15 2014



[www.dabgroup.com](http://www.dabgroup.com)

Global Handwashing Day




FamilyHealth

## How to handrub? WITH ALCOHOL-BASED FORMULATION

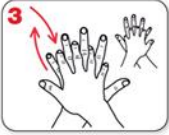
**1a** **1b**

Apply a palmful of the product in a cupped hand and cover all surfaces.




**2**

Rub hands palm to palm



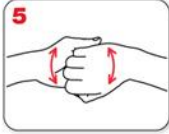
**3**

right palm over left dorsum with interlaced fingers and vice versa




**4**

palm to palm with fingers interlaced




**5**

backs of fingers to opposing palms with fingers interlocked



**6**

rotational rubbing of left thumb clasped in right palm and vice versa



**7**

rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



**8**

rinse hands with water



**9**

dry thoroughly with a single use towel



**10**

use towel to turn off faucet

 20-30 sec



**8**

...once dry, your hands are safe.

 40-60 sec



**11**

...and your hands are safe.



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