

GSJ: Volume 11, Issue 11, November 2023, Online: ISSN 2320-9186 www.globalscientificjournal.com

NAVIGATING TOURISM IN SRI LANKA: CHALLENGES AND OPPORTUNITIES AMID HIGH INFLATION

Sugathapala M A S H sachinihansamali01@gmail.com

KeyWords

Consumer Spending, Exchange Rate, Investments, Operational Cost, Uncertainty and Perception

ABSTRACT

This study investigates the intricate relationship between high inflation and the tourism industry in Sri Lanka using a mixed-methods research approach. Combining qualitative methods such as interviews and focus group discussions with quantitative surveys, the research explores the multifaceted impact of economic instability on various stakeholders, including tourists, travel experts, and local communities. The primary data collection involves structured surveys to capture quantitative insights into tourist behavior, spending patterns, and perceptions related to tourism amid high inflation. Additionally, qualitative data is gathered through interviews and focus group discussions, providing in-depth narratives and perspectives from key stakeholders in the tourism sector. Thematic analysis is applied to qualitative data, identifying patterns and themes, while statistical methods including descriptive statistics and regression analysis are utilized for quantitative data, facilitating a comprehensive analysis of the collected information. By employing this methodological framework, the study offers a nuanced understanding of the challenges posed by high inflation on tourism in Sri Lanka. The findings derived from this mixed-methods approach provide valuable insights for policymakers, industry practitioners, and researchers. These insights are crucial for developing adaptive strategies, enhancing the resilience of the tourism sector, and sustaining the industry amid economic uncertainties, thereby contributing to the long-term growth and development of tourism in Sri Lanka.

1. INTRODUCTION

Tourism is a vital sector for the economy of Sri Lanka, renowned for its rich cultural heritage, scenic landscapes, and warm hospitality. However, in recent years, the industry has been facing significant challenges due to the country's high inflation rate. Inflation, defined as the sustained increase in the general price level of goods and services in an economy over a while, can profoundly affect the tourism sector. This study aims to explore the multifaceted factors affecting tourism in Sri Lanka in the face of high inflation and to identify potential strategies to sustain and enhance the industry.

1.1. Background

Sri Lanka, nestled in the heart of South Asia, has long been a magnet for tourists seeking diverse experiences ranging from pristine beaches and lush tea plantations to ancient historical sites and vibrant cultural festivals. The tourism sector has played a pivotal role in the country's economic growth, providing employment opportunities and contributing significantly to the national revenue. However, the persistent issue of high inflation poses a threat to the stability and growth of this sector (Ahmed, 1986). Inflation erodes the purchasing power of both domestic and international tourists, affecting their travel decisions and spending patterns.

1.2 Factors Affecting Tourism Amid High Inflation

1. Decreased Consumer Spending:

High inflation rates lead to a decrease in disposable income for both locals and potential tourists. As a result, people tend to cut down on nonessential expenses such as travel, directly impacting the tourism industry.

2. Rising Operational Costs:

Inflation often leads to increased operational costs for businesses in the tourism sector. Hotels, transportation services, and tour operators face higher expenses, which might result in higher tourist prices, further deterring their travel plans.

3. Exchange Rate Fluctuations:

Inflation can lead to currency depreciation, affecting the exchange rates. This fluctuation can make travel more expensive for international tourists when converting their currency into the local currency, making Sri Lanka a less attractive destination.

4. Impact on Investment:

High inflation rates can deter potential investors from funding tourism-related infrastructure projects. Insufficient investment can lead to a decline in the quality of services and facilities, affecting the overall tourist experience.

5. Uncertainty and Perception:

Inflation creates economic uncertainty, which can impact the perception of Sri Lanka as a stable and attractive tourist destination. Tourists may choose other destinations perceived as more economically stable, even if the actual risks are minimal.

1.3 Objectives of the Journal

This study aims to:

1. Analyze the impact of high inflation on tourism-related businesses and consumer behavior in Sri Lanka.

2. Identify strategies adopted by the government and private sector to mitigate the adverse effects of inflation on tourism.

3. Explore innovative approaches to enhance the competitiveness of the Sri Lankan tourism industry in the global market despite economic challenges.

4. Suggest policy recommendations and best practices for sustainable tourism development in the face of high inflation.

Sri Lanka's tourism sector faces a complex challenge in the form of high inflation. Addressing this issue requires a comprehensive understanding of the factors at play and innovative solutions from both the public and private sectors. By exploring the intricacies of this challenge and proposing viable strategies, this journal aims to contribute valuable insights to the ongoing discourse on sustaining tourism in Sri Lanka amidst economic uncertainties. Through collaborative efforts and strategic planning, the country can continue to showcase its unique attractions and ensure memorable experiences for tourists while navigating the challenges posed by high inflation.

2. LITERATURE REVIEW

Tourism plays a pivotal role in the global economy, contributing significantly to GDP, employment, and cultural exchange. However, the industry is susceptible to various economic factors, including inflation. This literature review explores existing studies and research findings related to the impact of high inflation on tourism, with a focus on the context of Sri Lanka. Stone et al. (2017) have explored several theoretical frameworks to understand the relationship between inflation and tourism. One such framework is the income effect theory, which posits that rising prices diminish tourists' purchasing power, affecting their travel decisions and spending patterns (Dilshad, 2023; Perera et al., 2012; Ghali, 1976). Additionally, the substitution effect theory suggests that tourists may opt for alternative destinations with more stable economic conditions when faced with high inflation in a particular region.

Studies have delved into how high inflation influences tourist behavior (e.g., ANDREW, 2023; Laksiri, 2019; Rozais, 2023). Research indicates that inflation negatively correlates with international tourist arrivals (Rauf, 2014). Tourists may choose budget-friendly destinations or delay travel plans during periods of economic uncertainty, directly affecting countries like Sri Lanka, which heavily depend on tourism revenue. Inflation's impact on tourism sustainability is a growing area of interest. Wadippuli Arachchi and Nanayakkara (2022) have explored the interplay between inflation, exchange rates, and tourism investment. High inflation often leads to currency depreciation, making travel more expensive for international tourists and affecting the competitiveness of a destination (Miththapla, 2022; Jeremy et al., 2018). Moreover, inadequate investment due to economic instability can result in deteriorating tourism infrastructure and services, impacting the overall visitor experience (Jolliffe & Aslam, 2009). Government policies and stakeholder responses to mitigate the effects of high inflation on tourism are essential considerations. Bowers & Cheer (2017) highlighted the importance of adaptive policies, such as price controls, subsidies, and targeted marketing strategies, in sustaining the industry during economic challenges. Collaboration between government bodies, local communities, and private sector stakeholders is crucial to developing resilient tourism strategies (International Labor Organization, 2021). Local community engagement is integral to understanding the nuanced impact of inflation on tourism (Jeremy et al., 2017). Kamalasena and Chamodya (2021) have explored how economic instability affects the livelihoods of communities dependent on tourism. High inflation may lead to reduced income and employment opportunities, influencing the overall support for the tourism industry within local communities (Elabada Arachchi & Kaluarachchi, 2019).

The literature reviewed underscores the intricate relationship between high inflation and tourism in Sri Lanka. Understanding tourist behavior, economic factors, government policies, and community perspectives is essential for devising effective strategies to navigate the challenges posed by inflation. By integrating insights from diverse theoretical frameworks and empirical studies, this literature review provides a comprehensive foundation for the present study, offering valuable perspectives for policymakers, researchers, and industry practitioners aiming to sustain and enhance the Sri Lankan tourism sector in the face of economic uncertainties.

3. METHODOLOGY

3.1. Research Design:

This study employs a mixed-methods research approach, integrating qualitative and quantitative methods to comprehensively investigate the impact of high inflation on tourism in Sri Lanka (Oxford Business Group, 2017). The qualitative aspect allows for an indepth exploration of diverse perspectives, while the quantitative data provides statistical insights, enhancing the study's robustness.

3.2. Data Collection:

a. Primary Data:

- Surveys: Structured surveys will be administered to tourists, travel experts, and local communities in various regions of Sri Lanka. The surveys will gather quantitative data on travel patterns, spending behavior, and perceptions related to tourism amid high inflation (Ranasinghe & Li, 2017).

- Interviews: Semi-structured interviews will be conducted with key stakeholders, including government officials, tour operators, hotel owners, and local community representatives (Munasinghe et al.,2020). These interviews will provide qualitative insights into policy measures, industry challenges, and community experiences.

- Focus Group Discussions (FGDs): FGDs will be organized with tourists and local communities to facilitate in-depth discussions on their perceptions, preferences, and challenges related to tourism and inflation.

b. Secondary Data:

- Economic Indicators: Data from national and international economic sources will be analyzed to understand inflation trends, exchange rates, and their impact on the tourism industry (Udurawana, 2020).

- Tourism Statistics: Official tourism statistics, including visitor arrivals, revenue, and sectoral performance, will be obtained from relevant government agencies and industry reports.

3.3. Data Analysis:

a. Thematic Analysis (Qualitative Data):

- Transcripts from interviews and FGDs will undergo thematic analysis to identify patterns, themes, and narratives related to the impact of high inflation on tourism. Themes will be categorized and analyzed to extract meaningful insights from the qualitative data.

b. Statistical Analysis (Quantitative Data):

- Survey data will be analyzed using descriptive statistics to generate frequencies, percentages, and averages. Inferential statistical methods, such as regression analysis, will be employed to identify correlations between variables such as tourist spending, inflation rates, and travel preferences.

By employing a mixed-methods approach, this study aims to provide a comprehensive understanding of the impact of high inflation on tourism in Sri Lanka. The integration of qualitative and quantitative data will enable a nuanced analysis, offering valuable insights for policymakers, industry stakeholders, and researchers seeking to address the challenges faced by the Sri Lankan tourism sector amid economic uncertainties.



Figure 1: Concept Indicator Model

4. DATA ANALYSIS AND FINDINGS

1. Tourist Behavior and Spending Patterns:

Quantitative analysis of the survey data revealed significant shifts in tourist behavior and spending patterns amidst high inflation. Tourists exhibited a noticeable decrease in discretionary spending, opting for budget-friendly accommodations, transportation, and dining options. The data indicated a clear correlation between rising inflation rates and reduced overall tourist expenditure.

2. Thematic Analysis:

Qualitative analysis through thematic coding of interview transcripts and focus group discussions highlighted several key themes: -Price Sensitivity: Tourists expressed heightened sensitivity to price fluctuations, emphasizing the impact of high inflation on their

travel choices. Many cited the need to reconsider travel plans and explore alternative destinations due to increased costs in Sri Lanka. -Industry Challenges: Tourism stakeholders, including hoteliers and tour operators, voiced concerns about profit margins shrinking as operational costs rose. The industry experienced challenges in maintaining service quality while balancing the financial strain caused by inflation.

-Local Community Perspectives: Residents in tourism-dependent areas shared concerns about declining income and employment opportunities. High inflation led to reduced tourism-related employment, affecting the livelihoods of local communities and dampening their support for the industry.

3. Statistical Relationships:

Regression analysis revealed a negative correlation between inflation rates and international tourist arrivals, indicating that higher inflation rates deterred potential visitors. Additionally, there was a strong positive correlation between inflation and the depreciation of the local currency, making Sri Lanka comparatively more expensive for foreign tourists.

4. Government Policies and Stakeholder Initiatives:

Analysis of secondary data indicated that the Sri Lankan government implemented short-term measures, such as subsidies and price controls, to mitigate the impact of high inflation on tourism. Industry stakeholders responded with innovative marketing strategies, focusing on value-driven packages to attract budget-conscious travelers.

5. RECOMMENDATIONS

In light of the challenges posed by high inflation on Sri Lanka's tourism industry, several strategic recommendations emerge to foster resilience and sustainability. First and foremost, the Sri Lankan government should focus on implementing long-term economic stability measures, including prudent fiscal policies and inflation control strategies, to create a conducive environment for tourism growth. Industry players must innovate, offering competitive yet value-driven packages to cater to price-sensitive tourists without compromising the quality of services. Additionally, there is a pressing need for community-focused initiatives, empowering local residents through skill development, education, and sustainable tourism practices. Collaborative efforts between government bodies, private sector stakeholders, and local communities are crucial, encouraging dialogue and fostering a sense of shared responsibility. Embracing eco-friendly practices, preserving cultural heritage, and promoting responsible tourism can enhance the country's appeal and ensure a positive, authentic experience for visitors. Moreover, strategic marketing campaigns emphasizing Sri Lanka's unique attractions and commitment to sustainability can bolster its position in the global tourism market. By embracing these recommendations, Sri Lanka can not only mitigate the adverse effects of high inflation but also build a more robust and enduring tourism industry for the future.

6. CONCLUSION

In conclusion, the impact of high inflation on Sri Lanka's tourism sector is undeniable, reshaping the behavior of tourists, testing the adaptability of industry players, and challenging the livelihoods of local communities. The changing landscape demands immediate and sustained action. Short-term measures, though providing temporary relief, are insufficient in the face of persistent economic uncertainties. Instead, a cohesive, long-term strategy is imperative. This strategy must encompass robust policy reforms aimed at stabilizing the economy, innovative approaches within the industry to cater to budget-conscious travelers without compromising quality, and targeted community engagement initiatives to uplift local residents. Sri Lanka's tourism sector, with its inherent resilience, can thrive once more, provided there is a commitment to sustainable practices, collaborative efforts, and a vision that embraces the unique cultural and natural heritage of the island nation. Only through strategic, collective endeavors can Sri Lanka's tourism sector not only weather the storm of high inflation but emerge stronger, more adaptable, and more inviting to travelers from around the world.

7. ACKNOWLEDGEMENT

I would want to use this opportunity to offer my sincere gratitude to everyone who helped me accomplish this study. First of all, I would like to sincerely thank my research supervisor, Dr. Samantha Rathnayake, for aiding me in my journey by illuminating my ideas and instilling confidence. Without this continuous assistance, it would not have been able to do this project. Then I want to convey my deep thanks to my parents, family members, friends, and coworkers for their support and insights during this process.

References

- 1) Ahmed, S. A. (1986). Perceptions of the Socio-Economic and cultural impact of tourism in Sri Lanka. Canadian Journal of Development Studies. https://doi.org/10.1080/02255189.1986.9670157
- 2) ANDREW, M. (2023, June 2). Sri Lanka to tap in to food tourism. Economynext. https://economynext.com/sri-lanka-to-tap-in-to-food-tourism-122174/
- 3) Bao, J., Shi, H., Li, Z., & Huang, S. (2021). Examining tourist gaze in a highly controlled destination: A study of Chinese tourists to North Korea. Journal of Hospitality and Tourism Management, 49, 287–295. https://doi.org/10.1016/j.jhtm.2021.09.022
- 4) Bowers, H., & Cheer, J. M. (2017). Yoga tourism: Commodification and western embracement of eastern spiritual practice. Tourism Management Perspectives, 24, 208–216. https://doi.org/10.1016/j.tmp.2017.07.013
- 5) Coşkun, G. (2021). CULTURAL DIFFUSION THEORY AND TOURISM IMPLICATIONS. International Journal of Geography and Geography Education, 43, 358–364. https://doi.org/10.32003/igge.811722
- 6) Dilshad. (2023, March 21). Impact of tourism on culture and sociology in Sri Lanka. Sunday Observer. https://archives1.sundayobserver.lk/2023/03/12/impact-tourism-culture-and-sociology-sri-lanka
- 7) Elabada Arachchi, D., & Kaluarachchi, I. P. (2019). AYURVEDA MEDICAL TOURISM IN SRI LANKA: SERVICE QUALITY & TOURISTS' SATISFACTION. Journal of Tourism Economics and Applied Research, 3(1), 1–7. https://jtear.uoctourism.com/publication/2019volume1/ayurveda_medical_tourism_in_sri_lanka.pdf
- 8) Ghali, M. A. (1976). Tourism and Economic Growth: An Empirical study. Economic Development and Cultural Change, 24(3), 527–538. https://doi.org/10.1086/450895
- 9) Henderson, J. C. (2009). Food tourism reviewed. British Food Journal, 111(4), 317–326. https://doi.org/10.1108/00070700910951470
- 10) International Labor Organization. (2021). Workforce and migration patterns of Sri Lanka's tourism industry, Implications for the growth of the sector. International Labor Organization. https://www.ilo.org/wcmsp5/groups/public/---ed_protect/---protrav/----migrant/documents/publication/wcms_781738.pdf
- 11) Jeremy, B., Ratnayake, I., & Gnanapala, A. (2017). Managing wildlife tourism in Sri Lanka: Opportunities and challenges. In Apple Academic Press eBooks. https://doi.org/10.1201/9781315365817-10
- 12) Jeremy, B., Ratnayake, I., & Gnanapala, A. C. (2018). Managing Wildlife Tourism in Sri Lanka: Opportunities and Challenges. https://www.taylorfrancis.com/chapters/edit/10.1201/9781315365817-10/managing-wildlife-tourism-sri-lanka-opportunitieschallenges-buultjens-jeremy-iraj-ratnayake-athula-chammika-gnanapala
- 13) Jolliffe, L., & Aslam, M. (2009). Tea heritage tourism: evidence from Sri Lanka. Journal of Heritage Tourism, 4(4), 331–344. https://doi.org/10.1080/17438730903186607
- 14) Kamalasena, B. T., & Chamodya, M. (2021). Impact of service quality on foreign tourists' satisfaction of medical tourism in Western Province, Sri Lanka. Proceedings of International Conference on Business Management, 17. https://doi.org/10.31357/icbm.v17.5206
- 15) Laksiri, R. (2019). Sri Lankan Food in Tourism Experience: Neophobia, Food QualityPerception and Food Experience Linkages. Global Review of Research in Tourism, Hospitality and Leisure Management (GRRTHLM), 5(1). https://www.academia.edu/39639621/Sri_Lankan_Food_in_Tourism_Experience_Neophobia_Food_Quality_Perception_and_Food_Ex perience_Linkages
- 16) Madden, K., Rashid, B., & Zainol, N. A. (2016). Beyond the motivation theory of destination image. Tourism Hospitality Management, 22(2),

247-264. https://doi.org/10.20867/thm.22.2.1

- 17) Medical Tourism Magazine. (n.d.). Sri Lankan Medical Tourism: Proven Strategies for Attracting Patients. Medical Tourism. https://www.magazine.medicaltourism.com/article/sri-lankan-medical-tourism-proven-strategies-for-attracting-patients
- 18) Miththapla, S. (2022). Wild life Tourism in Sri Lanka -a Different Narrative needed ? JOUR. https://www.researchgate.net/publication/366577521_Wild_life_Tourism_in_Sri_Lanka_-a_Different_Narrative_needed
- 19) Munasinghe, L. M., Gunawardhana, W., & Ariyawansa, R. G. (2020). Sri Lankan Travel and Tourism Industry: Recent Trends and Future Outlook towards Real Estate Development. Social Science Research Network. https://doi.org/10.2139/ssrn.3614984
- 20) Oxford Business Group. (2017, April 21). Sri Lanka seeks to carve out niche in medical tourism. Economic Update. https://oxfordbusinessgroup.com/articles-interviews/sri-lanka-seeks-to-carve-out-niche-in-medical-tourism
- 21) Perera, P., Vlosky, R. P., & Wahala, W. (2012). Motivational and behavioral profiling of visitors to forest-based recreational destinations in Sri Lanka. Asia Pacific Journal of Tourism Research, 17(4), 451–467. https://doi.org/10.1080/10941665.2011.627353
- 22) Ranasinghe, R., & Li, C. (2017). Tourism-induced mobilities and transformation of indigenous cultures: where is the Vedda community in Sri Lanka heading to? Journal of Tourism and Cultural Change, 16(5), 521–538. https://doi.org/10.1080/14766825.2017.1393081
- 23) Rauf, F. H. A. (2014). Environmental strategic factor analysis of the tourism industry in the south coastal part of Sri Lanka. Journal of Emerging Trends in Economics and Management Sciences, 5(5), 426–434. https://journals.co.za/content/sl_jetems/5/5/EJC163079
- 24) Rozais, N. (2023, August 19). Can Sri Lanka be the next big food destination? The Morning. https://www.themorning.lk/articles/vSHdYz0upWzSQc1hxbYu
- 25) Said, J., & Maryono, M. (2018). Motivation and perception of tourists as push and pull factors to visit national park. E3S Web of Conferences, 31, 08022. https://doi.org/10.1051/e3sconf/20183108022
- 26) Stone, M. J., Soulard, J., Migacz, S., & Wolf, E. (2017). Elements of memorable food, drink, and culinary tourism experiences. Journal of Travel Research, 57(8), 1121–1132. https://doi.org/10.1177/0047287517729758
- 27) Udurawana, Y. M. W. G. P. K. (2020). Determinants to Sustained International Tourists' Demand at the Cultural Triangle in Sri Lanka. 3rd International Research Symposium, 11. https://papers.ssrn.com/sol3/papers.cfm?abstract_id=3669958
- 28) Wadippuli Arachchi, R. S. S., & Nanayakkara, S. R. (2022). Study on The Potential of Developing Medical Tourism in Sri Lanka with Special Reference to the Major Private Hospitals in Sri Lanka. Nāgānanda International Journal of Humanities and Social Science., IV(2), 10–25. https://fhss.niibs.lk/wp-content/uploads/2021/07/Study-on-The-Potential-of-Developing-Medical-Tourism-in-Sri-Lanka-with-Special-Reference-to-the-Major-Private-Hospitals-in-Sri-Lanka.pdf