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**ANNEXURE**



### **Questionnaire**

(The questionnaire is a part of the research dissertation for M.A. (Economics) on '*Role of schools in inculcating awareness on counselling and mental health -with reference to achieving SDG target 4*' by RashmieParmour and Shramana Nanda from Symbiosis College of Arts and Commerce, under the guidance of Dr.Marcelle Samuel)

The information provided will be kept confidential and will be used for academic and research purposes only

### **Role of schools in inculcating awareness on counselling and mental health - with reference to achieving SDG target 4.**

#### **I. ORIGIN AND ADMINISTRATION OF ORGANIZATION**

1. Name of the Institution and Address:

2. Year of establishment of Institution:

3. No. of Branches and Branch Address:

4. Structure and affiliation:

- i. SSC/ICSE/.....
- ii. Govt./Private/Religious Minority/NGO sponsored/other (specify)
- iii. Co-ed/ For both boys and girls but functioning separately /Only for boys/Only for girls
- iv. Classes:
- v. Std.I to V/ I to X/ I to XII/ other(specify)
- vi. Total student strength (2017-18):
- vii. (break up of student strength– primary, secondary, higher secondary in 2017-18)

5. Name and designation of the Respondent:

6. Gender:

7. Work Experience:

## **II. INTERVENTION DETAILS**

Q. 1 Does the school have a professional counsellor? Yes/No

Q. 2 If no, how does the school resolve issues faced by their stakeholders (students & parents).

Q.3 If the school has a counsellor, in which year did the school first appoint a counsellor?

Q.4 Was counselling introduced to comply with the stipulated regulations?

Q.5 What is the selection procedure and qualifications required, for appointment of counsellors?

Q.6 How many counsellors were appointed in the academic year 2017-18?

Q.7 No. of counsellors appointed as part-time \_\_\_\_\_ full time \_\_\_\_\_

Q.8 No. of students per counsellor \_\_\_\_\_

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## **III) PROCESS ADOPTED:**

Q.9 Briefly explain the procedure adopted for counselling students/ parents

Q.10 When is the counsellor available (Time/ Days/ No. of hours per week)

Q.11 Does the counsellor follow up with students/parents? Please explain process...

Q.12 How your individual choices/perceptions reflect on what you teach?

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## **IV) DETAILS OF STAKEHOLDERS COUNSELLED:**

Q.13 What is the average age group of the students who seek counselling?

Q.14 Average age of boys who seek counselling is:

Q.15 Average age of girls who seek counselling is:

Q.16 On an average what is the proportion of boys to girls who seek counselling?

Q.17 Do you believe there is a reason why more boys/girls seek counselling? Please explain.

Q.18 What are the major problems faced by the students?

Q.19 Are the problems more academic in nature or personal?

Q.20 If the problems are academic are they related to: (please rank in order of importance)

- i. Difficulty in concentration
- ii. Difficulty in understanding concepts
- iii. Problems with language
- iv. Fear of the subject
- v. Difficulty in retaining
- vi. Difficulty in memorizing
- vii. Difficulty in writing
- viii. Difficulty in verbalizing
- ix. Difficulty in expressing ideas
- x. Any other (please specify)

Q.21 If the problems are personal are they related to: (please rank in order of importance)

- i. Physical disability
- ii. Family problems/atmosphere
- iii. Family financial problems
- iv. Diet and Deficiency
- v. Peer group
- vi. Psychological problems (please specify)

Q.22 Do parents/guardians of the students also approach the counsellor in school?

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## **V. NEED FOR AND AWARENESS REGARDING COUNSELLING**

Q.23 In your opinion is it necessary to have a separate professional counsellor or are school teachers equipped to counsel

Q.24 In your opinion does counselling improve the level of well-being and mental health of students?

Q.25 In your opinion is there awareness regarding availability of counselling facilities?

Q.26 In your opinion are students/parents/guardians open to being counselled or approaching a counsellor?

Q.27 What measures could be introduced to increase awareness?

Q.28 How is awareness regarding availability of counselling facilities in the school created?

- i. Through lectures/workshops/sessions
- ii. Through media- school website
- iii. Through published hand-outs/notices
- iv. Through personal interaction with parents/guardians/students in PTMs
- v. Through word of mouth
- vi. Any other ( please specify)

Q.29 Are the awareness sessions/interactions made voluntary or mandatory? How often are they conducted?

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### **VI Future Plans:**

Q.30 Does the school plan to continue with existing counselling facilities in the future?

Q.31 Are there any plans to discontinue/expand facilities? Please elaborate

Q.32 What should be done to inculcate greater awareness regarding counselling?

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