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# THE PRACTICES OF THE SCHOOL BASED FEEDING PROGRAM: BASIS FOR ACTION PLAN

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## **KeyWords**

implementation, assessment, school-based feeding program

# ABSTRACT

The study aimed to attain the following objectives: To find the extent of practices of the School Feeding Program (SBFP) in terms of: Strategy, Food Safety, and Hygiene; to ascertain the teachers' level of assessment on the implementation of the SBFP; to determine the significant relationship between the extent of practices of SBFP and the teachers' level of assessment on the implementations of SBFP and to propose an action plan based on the results of the study. The study was conducted at West City Central School of Cagayan de Oro City Division, School Year 2020-2021. The study utilized the descriptive-correlational research design and used a questionnaire as the main instrument to gather the necessary data to realize the objectives of the study. Purposive sampling was employed to determine the respondents of the study. Mean and Standard Deviation were used to determine the practices in the implementation of the SBFP. Pearson Product Moment Correlation Coefficient was employed to find the significant relationship between the extent of practices in the implementation of the SBFP and the level of assessment. Results revealed that the school has best practices in implementing the SBFP specifically on strategies, food safety, and hygiene. The strategies and food safety practices are statistically associated with the teachers' assessment of the program. It is recommended that Gulayan sa Paaralan will be revived with the collaboration of the parents and other stakeholders. A regular orientation to the parents about their roles in the implementation of the SBFP to get their full support. Establish linkages and partnerships with Government and non-government organizations for possible funding to improve the school's health equipment and facilities.

## INTRODUCTION

School Based Feeding Program (SBFP) is considered to be a sound investment in education. Education is seen as the country's resource for developing its economy, but how the government will produce quality education if the students suffer from malnutrition and nutrient deficiencies. Nutrient and health problems in the Philippines are evident especially among children in both public and private elementary schools. Government and non-governmental organizations have initiated numerous feeding projects that can help reduce pupil hunger and nutritional deprivation.

In responding to malnutrition issues, the Department of Education has come with an integrated nutrition intervention program. This program is to address malnutrition in the public school which is formulated under the leadership of the National Nutrition Council, which serves as the coordinating body for the implementation of nutrition-related program and projects of the government especially the Department of Education (DepEd Order No. 39, series of 2017).

Moreover, the feeding program primarily aims to improve the nutritional status of the beneficiaries by at least 70% at the end of 120 feeding days. Likewise, it aims to increase classroom attendance by 85% to 100% and improve the children's health and nutrition values and behavior. Dacal et al., (2020) posited that school's feeding program contributes to education improvements for children, it helps increase children's school attendance and participation by motivating parents to regularly send their children to school; helps improve cognitive functions by increasing children's attention and concentration, by giving them access to better nutrition and reducing the prevalence of short-term hunger, which is also a major factor in the deterioration of a child's cognitive function; and, school's feeding program will boost academic performance by achieving the pupil's attendance in school and by improving pupil's cognitive functions.

Furthermore, Arevalo (2020) pointed out that school feeding enhances nutrition by allowing kids to get more nutrients; improved nutrition leads to improve educational results. It was also disclosed that child nutrition, health, and schooling represent household preferences in the investment of human capital in school children. Nesser (2020) emphasized that the feeding program can improve health by reducing morbidity and illness and hence attract children to school.

In a similar investigation, Candelanza and Comighod (2020) revealed that school's feeding program helps relieve instant and immediate hunger, improve nutrition and cognition of school children. Thus, these can only be realized when best practices of the school in the sustainable management of quality School -Based Feeding Program (SBFP) are in place such as strategies, food safety, and hygiene in implementing the program.

In addition, monitoring, and assessment of the implementation of the SBFP is of utmost importance to find out the strengths and weaknesses. Thus, intervention can be designed to further enhance the operation of the program. It is on this context that the researcher is motivated to study how the feeding program is implemented at West City Central School in the Division of Cagayan de Oro City for the School Year 2020-2021.

# **Theoretical/Conceptual Framework**

The study was anchored on Program Theory, a theory-based methodology which involves thinking about how a project, program or policy works, including the processes, outcomes and decisions taking place, the contribution mechanisms that interact between them, and the context in which the intervention exists. Moreover, the theory refers to the causal links or mechanisms affecting the different stages of a logic model. It is also termed as impact pathways or pathways of change. It explains how an intervention is expected to produce its results. In most instances, the theory of change refers to the links, for example, if an intervention completes a certain activity, then it is expected to lead to a certain output. In this sense, the theory is equivalent to a hypothesis or series of hypotheses to be tested.

Moreover, the study was also anchored on DepEd Order No. 39, s. 2017 which articulated the guidelines for the implementation of the School-Based Feeding Program for SY 2017 to 2022. The SBFP covers all Severely Wasted (SW) and Wasted (W) Kindergarten to Grade 6 pupils for SY 2017-2018. The program primarily aims to improve the nutritional status of the beneficiaries by at least 70% at the end of 120 feeding days. Secondly, it aims to increase classroom attendance by 85% to 100% and improves the children's health and nutrition values and behavior.

Another underpinning of the study was the outcome of the study conducted by Arevalo (2020) revealing that school feeding enhances nutrition by allowing kids to get more nutrients, improved nutrition that leads to improve educational results. It was also disclosed that child's nutrition, health, and schooling represent household preferences in the investment of human capital in school children. Likewise, large number of pupils in developing countries are unable to attend school because they have no access to a meal or cannot get all the meals required in a day for their healthy growth. A number of them are even forced to do odd jobs and work hard despite their young age to earn just that one meal to keep them going. School feeding programs attract more children to school as it assures them of a meal. It also keeps them in school thereby reducing their dropout rates (Atieno, 2021). The Food and Agriculture Organization of the United Nations (2019) pointed out that poverty eradication, health, education, food security and nutrition continue to be the essential priorities and targets for sustainable development. Schools can make a sizeable, long-lasting impact on these determinants through various entry points and opportunities. One such entry point is the regular provision of nutritious meals through school-based program. This can improve vulnerable children's attendance levels, attention capability and parent motivation, potentially affecting academic performance and future enrolment.

The presence of enabling factors including high parental and community engagement, the existence of supportive health and hygiene services, food and nutrition policies, and a healthy school environment (healthy food available, restriction of marketing and promotion of highly processed foods, adequate spaces for physical activity), have also been shown to favor nutrition and health within the school population. A strong political and legal framework that deals with school food and nutrition has been identified by the World Bank as a critical component of an effective education system (World Bank, WFP and PCD, 2016).

The development of nutrition guidelines and standards (NGS) has been recommended and prioritized internationally as a first step to ensure that school meals and other available foods are in line with target children's needs and context. Nutrition Guidelines and Standards are usually set to increase the likelihood that the food and meals provided meet a significant and not excessive proportion of the daily nutritional requirements of children; in other words, to make school meal program more nutrition sensitive. At the same time, guidelines and standards are needed to provide clear specifications to schools as to what a recommended meal or snack means in practice. They can even be more comprehensive and include recommendations to foster a healthier school food environment (Fernandes et al., 2016).

The integration of effective monitoring systems, policies that promote healthy diets, food and nutrition education, community empowerment and health and lifestyle strategies is key to the effectiveness of the school-based feeding program. Morallos (2018) conducted a study on the Evaluation of School-Based Feeding Program in Cangcahipos Elementary School Using CIPP Model: Basis for Enhanced Program Implementation. Input evaluation showed that although teachers and parents have enough background on the proper care and nutrition of children, most SBFP beneficiaries' family were economically handicapped in providing nutritious food for them; school facilities, equipment, and funding were delayed, insufficient and inadequate; complementary programs were implemented and well-observed; while recipes were standardized and created to address calorie deficiency among recipients.

In addition, the process evaluation showed that there was a very low parents' participation; pupils' attendance and nutritional status improved, yet there was no significant difference between the body mass index of the pupils before and after program implementation. Product evaluation revealed that SBFP beneficiaries were all promoted to the next grade level, but few of them were found to belong to the wasted nutritional status category. An action plan was created to further enhance the implementation of the program.

In this study, the variables are categorized into independent and dependent. The independent variables include the practices in implementing the SBFP in terms of strategy, food safety, and hygiene. While the dependent variable was the teachers' assessment of the program.

## Methodology

The study utilized the descriptive correlational design. A correlational research design investigates relationships between variables without the researcher controlling or manipulating any of them. A correlation reflects the strength and/or direction of the relationship between two or more variables. The direction of a correlation can be either positive or negative (Bhandari, 2022). Descriptive correlational design was appropriate in this study hence the researcher wanted to establish if an association between the practices in implementing and assessment of the SBFP existed.

The respondents of the study were the teachers at West City Central School in the Division of Cagayan de Oro City. A total of 144 teachers from Kindergarten to Grade Six comprised the participants of the study. The sample size was determined using the Slovin Formula. The teachers were chosen as respondents of the study because they are directly involved in the implementation of the school feeding program.

The research instruments utilized in this study was adapted from the work of Galema (2020) who conducted a study on the Sustainable Management of Quality School-Based Feeding program in the Division of Laguna. The research instrument was divided into four parts. Part I sought to determine the extent of implementation of the school's feeding program in terms of strategy, food safety, and hygiene. Part II tried to find out the teachers' assessment of the implementation of the school's feeding program. The instrument was tried out to thirty (30) respondents who were not included in the final administration of the revised questionnaire. The results of the try out showed that the instrument was reliable as evident of the Cronbach's Alpha of 0.982. However, one (1) item was deleted because the corrected item-total correlation did not reach 0.30.

The following statistical treatments were utilized to analyse the data of the study:

Mean values and Standard Deviation were used to present the extent of implementation and the level of assessment of the School-Based Feeding Program. Pearson-Product Moment Correlation Coefficient or Pearson-r was utilized to ascertain the significant relationship between the extent of implementation of the school-based feeding program and the level of assessment.

## **Results and Discussions**

Problem 1. What is the extent of practice of the school's feeding program in terms of:

1.1 Strategy;1.2 Food Safety and1.3 Hygiene?

## Table 1

Extent of Practice of School's Feeding Program in terms of Strategy

Indicators	Mean		Description	Interpretation
		Deviation	-	-
1. The school has a separate feeding area for preparing	4.49	0.50	Strongly Agree	Very Highly Practiced
and serving the food for the recipients.				
2. The school feeding area has a clean and properly ven-	4.27	0.73	Strongly Agree	Very Highly Practiced
tilated room.				
3.The school feeding area has complete cooking and eat-	4.48	0.50	Strongly Agree	Very Highly Practiced
ing utensils and kept in a safe cabinet.	4 5 2	0.50	Ctua walky A awa a	Versul liebly Dreatice d
4. The school feeding area has fresh and right quality in- gredients used in the daily feeding of the School-Based	4.53	0.50	Strongly Agree	Very Highly Practiced
Feeding program.				
5. The school feeding area has a "Cooking area" free	4.46	0.50	Strongly Agree	Very Highly Practiced
from pests and insects.	4.40	0.50	Strongly Agree	very mgmy mucheeu
6. The school feeding area follows "First in, first out" rule	4.51	0.51	Strongly Agree	Very Highly Practiced
to impose discipline on the feeding recipients.				
7. The school feeding area has available safe drinking	4.41	0.49	Strongly Agree	Very Highly Practiced
water in water jugs and containers.				
8. Handwashing facility with a display of proper hand-	4.33	0.47	Strongly Agree	Very Highly Practiced
washing technique.				
9. The availability of proper attire of volunteer parents	4.40	0.49	Strongly Agree	Very Highly Practiced
(facemask, apron, hairnet, gloves, close shoes) is being		-		
observed.				
10. The school feeding area has weighing scale and steel	4.52	0.50	Strongly Agree	Very Highly Practiced
tape for the weighing of recipients.	1 10	0.50	Strongly Agroo	Very Highly Practiced
11. The school feeding area has a weighing scale that is accurate and reliable.	4.48	0.50	Strongly Agree	very highly Practiced
12. Gulayan sa Paaralan is maintained to sustain SBFP	3.47	0.61	Agree	Highly Practiced
13. SBFP core group organized by the principal to sup-	4.39	0.49	Strongly Agree	Very Highly Practiced
port the SBFP of the school.	4.35	0.49	Strongly Agree	very highly Flacticed
14. Observed waste segregation (Biodegradable/Nonbi-	4.56	0.50	Strongly Agree	Very Highly Practiced
odegradable) materials are practiced every day.	4.50	0.50	Strongly ABree	very many macheed
15 Deworming is done every(July and January of the fol-	4.57	0.49	Strongly Agree	Very Highly Practiced
lowing year)				
16. SBFP Reports, and Documents are appropriately filed	4.65	0.48	Strongly Agree	Very Highly Practiced
17. SBFP form 4 updated and posted in the feeding area	4.50	0.50	Strongly Agree	Very Highly Practiced
18. Liquidation submitted on time.	4.49	0.50	Strongly Agree	Very Highly Practiced
19. Work Financial Plan(WFP)/ Project Procurement	4.49	0.50	Strongly Agree	Very Highly Practiced
Management Plan (PPMP)			0, 0	, , ,
Overall Mean	4.42	0.51	Strongly Agree	Very Highly Practiced

*Note:* 4.21 – 5.00 Very Highly Practiced; 3.41 – 4.20 Highly Practiced; 2.61 – 3.40 Moderately Practiced; 1.81 – 2.60 Less Practiced ; 1.00 – 1.80 Very Less Practiced

Table 1 below presents the extent of practice of the school's feeding program in terms of Strategy. It has an overall Mean of 4.42 with SD=0.51 which is described as Strongly Agree and interpreted as Very Highly Practiced. This entails that the school's

strategies in carrying out the feeding program are well implemented. The indicator, "SBFP Reports, and documents are appropriately filed" has the highest Mean of 4.65 with SD=0.48 which is described as Strongly Agree and interpreted as Very Highly Practiced. The data imply that the school has a very good mechanism in keeping the records relative to the school-based feeding program. The findings are in accord with the study conducted by Galema (2020) on Sustainable Management of Quality School Based Feeding Program in the Division of Laguna. The study revealed that "Deworming is done every (July and January of the following year)" and "SBFP Reports, and Documents are appropriately filed" got the highest mean value in the SBFP Strategy Implementation.

On the other hand, the table 1 also shows the indicator rated low by the teachers. The indicator, "Gulayan sa Paaralan is maintained to sustain SBFP" got the lowest Mean of 3.47 with SD=0.61, described as Agree and interpreted as Highly Practiced. The findings may be due to the fact that during the pandemic there was no in-person classes and most likely it was difficult to maintain the Gulayan sa Paaralan. In addition, the operational guidelines on the implementation of the school-based feeding program during the pandemic was revised through DepEd Order No. 31 s, 2021.

Furthermore, the venue for the school feeding program and the handwashing facility were not maintained due to the remote learning modality and the skeletal work scheme implemented by the Department of Education. Additionally, DepEd also ensures the safety and health security of the stakeholders that is why these contributed to the low maintenance of the facilities used in the school-based feeding program.

#### Table 2

Extent of Practice of School's Feeding Program in terms of Food Safety

Indicators	Mean	Standard		Interpreta-
		Deviation		tion
1. The school feeding program always provides free drinking water	4.35	0.48	Strongly	Very Highly
for all the children in school.			Agree	Practiced
2. The school coordinates with the LGU/ water district to test the	4.60	0.49	Strongly	Very Highly
quality of water regularly.			Agree	Practiced
3. The school provides functional toilet seats for children in school.	4.42	0.50	Strongly	Very Highly
			Agree	Practiced
4. The school feeding program has separate functional toilets se-	4.53	0.50	Strongly	Very Highly
cured, private, have door lock, lighting, and have adequate ventila-			Agree	Practiced
tion.				
5. The school feeding program performs cleaning of sanitation facil-	4.31	0.56	Strongly	Very Highly
ities (toilet, hand washing & other water facilities daily.			Agree	Practiced
6. The school feeding program has funding for regular maintenance	4.40	0.49	Strongly	Very Highly
& repair of toilets, hand washing & other water facilities that come			Agree	Practiced
from the regular school budget (MOOE) &/ or other Dep Ed Funds.				
7. The school feeding program follows the proper disposal of waste.	4.35	0.48	Strongly	Very Highly
			Agree	Practiced
8. The school feeding program has segregated trash bins with cover.	4.38	0.49	Strongly	Very Highly
			Agree	Practiced
9. The school feeding program garbage collected from the school.	4.55	0.50	Strongly	Very Highly
			Agree	Practiced
10. The school has a functional septic tank for toilets.	4.69	0.46	Strongly	Very Highly
			Agree	Practiced
11. The school has functional drainage from the kitchen and wash	4.55	0.60	Strongly	Very Highly
areas.			Agree	Practiced
Overall Mean	4.47	0.52	Strongly	Very Highly
			Agree	Practiced

*Note:* 4.21 – 5.00 Very Highly Practiced; 3.41 – 4.20 Highly Practiced; 2.61 – 3.40 Moderately Practiced; 1.81 – 2.60 Less Practiced; 1.00 – 1.80 Very Less Practiced

Table 2 shows the extent of practice in the implementation of the school-based feeding program in terms of Food Safety. It can be discerned from the table that the school ensures strict compliance set for the food safety to be used in the program as revealed by the overall Mean of 4.47 with SD=0.52, described as Strongly Agree and interpreted as Very Highly Practiced. The finding further implies that the school observed strict compliance to food safety standards. Food-safe schools take a school-wide approach to food safety and with the help of partners in the school community, create a culture of food safety (*USDA Food and Nutrition Service*, 2020).

The indicator, "The school has a functional septic tank for toilets" obtained the highest Mean of 4.69 with SD=0.46 which is

described as Strongly Agree and interpreted as Very Highly Practiced. This implies that the school facilities are complete and well planned. This is similar to the study conducted by Morallos (2018) that availability of adequate water supply and comfort rooms for girls and boys are in placed that would give children an access into a health promoting school environment.

On the other hand, the indicator, "The school feeding program performs cleaning of sanitation facilities (toilet, hand washing & other water facilities daily" got the lowest Mean of 4.31 with SD=0.56 but still described as Strongly Agree and interpreted as Very Highly Practiced. The result can be attributed to the pandemic because of the modality implemented by the DepEd which is Modular Distance Learning and the skeletal work scheme that is why it is difficult to observe if these practices are done by the teachers in school. In Modular Distance Learning, parents come to school only once a week. Parents cannot observe the teachers every day.

#### Table 3

Extent of Practice of School's Feeding Program in terms of Hygiene

Indicators	Mean	Standard Deviation	Description	Interpretation
1. The school has a supervised group handwashing with soap for all children, which are led by student leaders	4.23	0.42	Strongly Agree	Very Highly Practiced
The school has a supervised activity of tooth rushing with fluoride toothpaste for all children hat is led by student leaders.	4.42	0.50	Strongly Agree	Very Highly Practiced
. The school have handwashing facilities	4.26	0.59	Strongly Agree	Very Highly Practiced
4. The school utilized the repair & maintenance requirements of the school, which are reflected n SIP (School Improvement Plan) & AIP (Annual mprovement Plan).	4.41	0.49	Strongly Agree	Very Highly Practiced
. The school provides soap, toothbrush/ tooth- aste, cleaning materials/supplies, and repair nd maintenance.	4.47	0.50	Strongly Agree	Very Highly Practiced
. The school has available sanitary pads	4.46	0.50	Strongly Agree	Very Highly Practiced
. The school designated rest space/changing oom for girls with menstrual discomfort with EC (Information, Education, and Communica- ion) materials.	4.53	0.50	Strongly Agree	Very Highly Practiced
. The Department of Health in coordination vith the school nurse conducts deworming of upil participants in the school.	4.40	0.49	Strongly Agree	Very Highly Practiced
. The school have IEC materials for WinS (about lygiene, menstrual health, Sanitation, food afety)	4.52	0.50	Strongly Agree	Very Highly Practiced
0. The School Feeding Program is a part of IN- ET, advocated in GPTA assembly & part of o/extra-curricular program for students.	4.40	0.49	Strongly Agree	Very Highly Practiced
Dverall Mean	4.41	0.50	Strongly Agree	Very Highly Practiced

*Note:* 4.21 – 5.00 Very Highly Practiced; 3.41 – 4.20 Highly Practiced; 2.61 – 3.40 Moderately Practiced; 1.81 – 2.60 Less Practiced ; 1.00 – 1.80 Very Less Practiced

The data in Table 3 reflect the extent of practice of School's Feeding Program in terms of Hygiene. It is evident in the table that the school practices hygiene protocols to a very high extent as revealed by the overall Mean of 4.41 with SD=0.50. This implies that strict adherence to hygiene practices is in placed in the school relative to the implementation of the school-based feeding program. This is in accord with the study conducted by Morallos (2018) which revealed that deworming, essential health care program, waste segregation, proper handwashing, good grooming and personal hygiene, and adherence to food safety were well observed and regularly practiced.

Indicators "The school designated rest space/changing room for girls with menstrual discomfort with IEC (Information, Education, and Communication materials)" obtained the highest Mean value of 4.53 with SD=0.50, described as Strongly Agree and interpreted as Very Highly Practiced. Further, the school practices are in accordance with OSHA (2021) standards on personal hygiene which is the basic concept of cleaning, grooming, and caring for the body. GSJ: Volume 10, Issue 9, September 2022 ISSN 2320-9186

On the other hand, the table also reveals the indicators rated low by the teachers. The indicator "The school has a supervised group handwashing with soap for all children, which are led by student leaders" with a Mean of 4.23 with SD=0.42 which is described as Strongly Agree and interpreted as Very Highly Practiced. The findings imply that although these indicators are Very Highly Practiced the school can still do something to improve these areas in the implementation of the SBFP. In like manner, Sollania and Cubillas (2020) pointed out that the best practices in the SBFP implementation includes teaching and instilling proper hygiene and good grooming among the beneficiaries

#### Table 4

Practices	Mean	Standard Deviation	Description	Interpretation
Strategy	4.42	0.51	Strongly Agree	Very Highly Practiced
Food Safety	4.47	0.52	Strongly Agree	Very Highly Practiced
Hygiene	4.41	0.47	Strongly Agree	Very Highly Practiced

*Note:* 4.21 – 5.00 Very Highly Practiced; 3.41 – 4.20 Highly Practiced; 2.61 – 3.40 Moderately Practiced; 1.81 – 2.60 Less Practiced ; 1.00 – 1.80 Very Less Practiced

Table 4 shows the summary table on the extent of practice of School-Based Feeding Program. It can be inferred from the table that the Strategy, Food Safety, and Hygiene are Very Highly Practiced as evident on the Mean values of the three indicators. The highest Mean of 4.47 with SD=0.52 is obtained by Food Safety. This is followed by Strategy with a Mean of 4.42 with SD=0.51 and Hygiene with a Mean of 4.41 with SD=0.47. This means that the promotion of health and nutrition concerning the safety of the foods is always observed by the school. In like manner, the results suggest that the school-based feeding program of the school is well-managed. The findings collaborate with the results of the study conducted by Galema (2020) that "SBFP Reports, and Documents are appropriately filed" got the highest mean value in the SBFP Strategy Implementation.

Problem 2. What is the teachers' level of assessment on the implementation of the School Based Feeding Program?

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Level of Assessment of the Implementation of the School Based Feeding Program

Indicators	Mean	Standard Deviation	Description	Interpretation
1. Sanitary Permit (Valid/ Renewed)	4.19	0.52	Very Satisfactory	Very Highly Evident
2. Health Certificates of canteen personnel (Valid/ Re- newed	4.10	0.31	Very Satisfactory	Very Highly Evident
3. Clean and proper attire of canteen personnel with iden- ification cards	4.18	0.39	Very Satisfactory	Very Highly Evident
<ol> <li>Availability of handwashing facilities</li> </ol>	4.28	0.45	Very Satisfactory	Very Highly Evident
5. Availability of potable water supply	4.50	0.50	Very Satisfactory	Very Highly Evident
6. Well ventilated, well- lighted, safe, and clean dining area/ Clean Canteen premises	4.51	0.50	Very Satisfactory	Very Highly Evident
7. Canteen is generally pest-free, odor-free, with screened windows and doors	4.51	0.50	Very Satisfactory	Very Highly Evident
8. Availability of clean plates, glasses, eating and kitchen utensils which are correctly stored	4.42	0.49	Very Satisfactory	Very Highly Evident
9. Proper labeling of condiments	4.56	0.50	Very Satisfactory	Very Highly Evident
10. Absence of soft drinks and junk foods	4.63	0.48	Very Satisfactory	Very Highly Evident
11. Availability of covered garbage can/ Practice waste segregation	4.48	0.50	Satisfactory	Very Highly Evident
12. Pesticides, disinfectants and chemical agents are stored safely, away from the cooking area.	4.49	0.50	Very Satisfactory	Highly Evident
13. Availability of food covers and containers for safekeep- ing.	4.77	0.42	Very Satisfactory	Very Highly Evident
Overall Mean	4.43	0.47	Very Satisfactory	Very Highly Evident

Note: 4.21 – 5.00 Very Highly Evident; 3.41 – 4.20 Highly Evident; 2.61 – 3.40 Moderately Evident; 1.81 – 2.60 Less Evident; 1.00 – 1.80 Very Less Evident

Table 5 presents the level of assessment of the school-based feeding program as perceived by the teachers. It can be deduced

from the table that the overall assessment is Very Highly Evident as depicted by the Mean of 4.43 with SD=0.47. Further, this means that all the mechanisms in implementing the school-based feeding program are in proper order. Although, there are areas to be strengthened for the program to be more successful.

The indicator "Availability of food covers and containers for safekeeping" got the highest Mean of 4.77 with SD=0.42, described as Very Satisfactory and interpreted as Very Highly Evident. This implies that the school strictly followed the guidelines of the DepEd relative to the implementation of the school-based feeding program. The findings are in accord with the results of the study conducted by Galema (2020) revealing that availability of food covers and absence of soft drinks and junk foods were highly evident. Further, this indicates that the implementation of the school-based feeding program is highly supervised.

On the other hand, the table also reflects the items rated low by the teachers. Indicator "Health certificates of canteen personnel are valid and renewed" obtained the lowest Mean of 4.10) with SD=0.3 which is described as Satisfactory and interpreted as Highly Evident. This indicates that these areas need immediate attention of the SBFP program coordinator when the full blast of inperson classes will resume this coming November to ensure the safety and security of the beneficiaries of the SBFP. The work of Galema (2020) also confirms this finding in her study that clean and proper attire of canteen personnel with identification cards was one of the items rated low by the respondents. In like manner, the study of Dimaculangan (2020) corroborates with the finding which divulged that the preparations of the meals, parents wearing the proper outfit in food handling as one of the indicators that obtained the lowest frequency.

Problem 3. Is there a significant relationship between the extent of practice of school's feeding program and the teachers' assessment?

#### Table 6

Correlation Analysis between the Assessment of the Implementation and the Extent of Practice of School's Feeding Program

Variables	Correlation Coefficient (r)	Probability	Decision on Ho	
Strategy	0.273*	0.001	Reject	
Food Safety	0.411*	0.000	Reject	
Hygiene	0.108	0.197	Accept	

Table 6 displays the correlation analysis between the assessment of the implementation and the extent of practice of school's feeding program. It can be noted from the table that Strategy with (P-value=0.001<0.05) and (R-value=0.273) and Food Safety with (P-value=0.000) and (R-value=0.411) This means that Strategy and Food Safety are statistically related to the assessment done by the teachers regarding the implementation of school-based feeding program. Therefore, the null hypothesis is rejected for this reason. It means that it has a Significant Relationship.

On the other hand, Hygiene is not statistically related to the assessment in implementing the SBFP as evident on the (P-value=0.197>0.05) and (R-value=108). Thus, the null hypothesis is Accepted. Further, this means that the Hygiene practices of the school as perceived by the teachers has no significant association to their assessment on the SBFP implementation. More so, the data further suggest that the higher is the level of practice of the strategies and food safety measures the better is the assessment of the SBFP implementation. This is in accord to the study conducted by Galema (2020) and Morallos (2018).

Problem 4. What action plan can be designed based on the results of the study?

Enhanced School-Based Feeding Program Implementation						
Areas of	Objectives	Activities	Budgetary	Person/s	Time	Success
Concern			Requirements	Involved	Frame	Indicator
Gulayan sa	-To sustain	-meeting and	MOOE and	- School admin-	On the	-Revival of the Gulayan sa Paar-
Paaralan	the Gulayan	consultation	PTCA funds	istrator	onset of	alan
	sa Paaralan	with the par-		-SBFP coordi-	the	-Strong partnership with the
	program	ents		nator	opening	stakeholders
	-To build a	-encourage the		-Teachers	of clas-	
	strong part-	active partici-		-Parents	ses in	
	nership with	pation and vol-		-Community	August	
	the parents to	unteerism of		-PTCA officers	2022	
	strengthen	the parents to				

#### Proposed Action Plan hanced School-Based Feeding Program Implementation

	the program	activate the program				
Mainte- nance and sanitation of health- related fa- cilities	-to maintain the sanitation of health fa- cilities (toi- lets, hand- washing area, and other wa- ter facilities (potable wa- ter)	-link and collab- orates with GO's and NGO's for possible outsourcing -fund raising to be initiated by the PTCA	20k from MOOE/PTCA funds	-School head SBFP coordi- nator -Teachers -Parents -Community -PTCA officers	At the start of the opening of clas- ses in August 2022	-Functional and safe health facili- ties -Improved hygiene practices -Potable water for the learners
Canteen personnel with health certificates and identi- fication cards	-to ensure the safety and se- curity of the learners and stakeholders	-require can- teen personnel with updated health certifi- cates -regular health check-up of canteen per- sonnel	Personal budget of the personnel	-Health worker -Canteen per- sonnel -School head -SBFP coordi- nator	Opening of clas- ses in August 2022	-Updated health certificate of canteen personnel
Wide dis- semination of the SBFP to stake- holders	-to dissemi- nate the SBFP to all stake- holders for possible sup- port and col- laboration	-conduct con- sultation with the stakehold- ers (parents, community, GO's and NGO's)	MOOE/PTCA funds	- School admin- istrator -SBFP coordi- nator -Teachers -Parents -Community -PTCA officers	Opening of clas- ses in August 2022	-Strong support and collaboration from the stakeholders -Sustained and effective implemen- tation of the SBFP

# Conclusions

1. The school has best practices in Food Safety in implementing the school-based feeding program. However, there are areas that need to be strengthened once the in-person classes will be resumed this year.

2. The level of assessment on the implementation of the program is Very Highly Evident which means that SBFP is well implemented even during the pandemic. The school can strive to further enhance the implementation of the program for a much higher assessment. The school can strive to further enhance the implementation of the program for a much higher assessment.

3. The Strategies and Food Safety practices are statistically associated with the teachers' assessment of the program. This implies that the higher is the practices of these areas of implementing the program the higher is the teachers' assessment. In other words, the higher is the assessment, the higher the chance that the best practices in school-based feeding program will be implemented.

## Recommendations

Based on the findings of this study, the researcher came up with the following recommendations:

1. The Gulayan ng Paaralan can be revived by the school with the collaboration of the parents and other stakeholders. Through this the school can provide nutritious food to be used in the program.

2. The school can conduct regular orientation to the parents about their roles in the implementation of the school-based feeding program to get their full support and to promote health habits among their children.

3. The school head can establish linkages and partnerships with Government and Non-government organizations for possible funding to improve the school's health equipment and facilities.

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