



WORRY AND ANXIETY

UNDERSTANDING HOW AND WHY TO OVERCOME THE MONSTER AS A CHRISTIAN

ARCHIBONG EMMANUEL ETIM

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UNDERSTANDING HOW AND HOW TO OVERCOME THE MONSTER AS A CHRISTIAN FROM PSALM 27:1

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TABLE OF CONTENTS

Dedication

Acknowledgement

Introduction

- 1. The unnecessary of worrying as a Christian after making God the Lord of your life**
- 2. The relationship of a servant with his lord that leads to unworried living of life by the servant**
- 3. The unnecessary of worrying as a Christian after making God the Lord of your light**
- 4. The unnecessary of worrying as a Christian after making God the Lord of your salvation**
- 5. The unnecessary of worrying as a Christian after making God the Lord of the strength of your life**

About the author

DEDICATION

I dedicate this work to the Almighty God who has given me the inspiration to write this book. This is because for Him to give me inspiration to do this write-up, really in the new year, it shows that he really know one of the greatest monsters of my life, and has decided to come to my aid, which indeed, since the day I got the inspiration and started the writing of this book till today, my worries and anxiety has cease from existing. Even sometimes, when it tries to raise its ugly head in my heart of why I should starting living my life in worrying about life situation, and I remember the messages in this book, my heart just receive peace as though someone just said to me “don’t worry because I am with you in this one, and will surely help you through”.

ACKNOWLEDGEMENT

It is being said “to every successful house built there are always existing builders who did help the owner of the house in the building process till its completion and success achievement”, therefore, I will use this minute to acknowledge those people who has really helped me to see that I achieve success in this work.

First of all, I give all glory to the Almighty One for His inspiration and grace upon to me to see to the success of this work.

Furthermore, I thank my pal Emeka, a.k.a Yu Chan, for being the first person to allow me to use his system to do the typing of the manuscript of this book. I also thank my pal and brother in the faith, Brother Joseph, for allowing me to use his system to store the data of this work when I stop using my pal, Yu Chan, system to do the typing of the

manuscript of this work, and started using my phone to do so, due to the developing of fault in Yu Chan system. More also, I thank my in-law, Usen Micheal, for allowing me to use his system to do the designing of the cover page of this book, and also do the final correction of this book after being edited.

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I also acknowledge his wife for her ever supporting me with the little she has to see that I succeed in life.

Lastly, I acknowledge my siblings, relations and pals who I can't make mention of all their name here due to time and energy restrain to do so, for helping me in one way or the other in this life till this point I have been able to write not even a book, but books. I say thank you all.

All scripture quotation from this book is gotten from the King James Version of the Holy Bible.

Words definitions from this book are being gotten from the Oxford advance learner's dictionary, the Advance dictionary, and the Merriam Webster dictionary.

INTRODUCTION

Worry, according to the Oxford advance learner's dictionary, 8th edition, is the act of someone to keep thinking about unpleasant things that might happen, or about problems that one have. It can as well be defined as a state of the mind of someone being focused on the negative aspect of life situation due to the individual life observation and/ or experiences about life issues. When the mind is focused on these unpleasant parts of life issues formed by the individual personal observations and/ or experiences, sometimes, it leaves the mind of the one in a state of trauma (according to the same dictionary, it is an unpleasant mental condition of one caused by severe shock, especially when the harmful effect last for a long time. Also, it is an unpleasant experience that makes one feel upset and/ or anxious), and despondency (also, from the same dictionary, it is a state of feeling dejected, sad,

being without much hope of attaining success in a set out thing to be done or is being done by someone) of attaining success in the thing he/she is engaged or is about engaging in, which sometimes, may cause the being to even despise life and his/her existence upon the earth.

It is also a state of one being anxious of a thing, because anxiety, also from the same Oxford dictionary, is the state of feeling nervous or worrying that something bad is going to happen by one. It is also a state of being afraid of something by one.

All these actions do take place in the mind of an individual. This is why I explain worry and anxiety as a traumatic substance of the mind, which produces fear, doubts and despondency in the heart of many people on why they are unworthy to be alive or be in existence with its uncertainty despondency messages of failures and worthlessness in their mind. It is also a perplexing thing of the human soul, which has left many people in a state of confusion, wondering the worth of their life here on earth? They wonder why life has not ended for them so that they can

stop existing upon the earth. In fact, so perplexing is its state that it has left the whole world in a state of confusion of how to tackle its 'pandemic of the soul', stop its existence and influences on the lives of people. This is because despite the numerous measures laid down by many enlightened people to terminate or even reduce its effects in the lives of the people, so that they could be free a little from its pangs, almost all of its seems to be to no avail.

Its trauma of despondency and fear in the life of people of what the worth of their life is on earth, and what the future holds for them due to their little imperfection, still dwell so greatly in the heart of the people, hunting and hurting them every day and night. In fact, like a king in a kingdom having power and dominion over every subordinate of his, so is its influences in the life of people, defining almost all of the whole essence of their living on earth, like the sleeping and the awakening hour of them, their eating and

refraining hour from eating, their busy and idle moments of the day etc.

So great like a mountain and so fierce like a burning furnace is its impacts in the soul of many that it has caused some to despise life and its existence through the taking away of their breath from their body that is the committing of suicide by many just to terminate their existence on the face of the earth. Yes, this is really true. From the internet to the media houses like the radio and television stations, one of the common messages that flows from there to us is the message of people committing suicide, mostly as a result of them feeling dejected, frustrated, depressed and despondence about attaining and/ or obtaining a specific success in life. All of these feelings can be source to them worrying and be anxious of a specific thing or issue of life. In fact, I once heard on a specific radio station which I

can't recall its frequency of a man who works in Lagos state, Nigeria, how he drove his car to a specific bridge, came down from it, and jumped into the sea, just to end his life as a result of feeling depress of life. He isn't the only one I have heard of trying to do this act. I have also heard a lot of story about people from different parts of the states and countries of the world who also have committed this act. In fact, and again, one of the most common news that fills our ears this days is the message of people committing suicide because of feeling depress and dejected of life. And all these depression and dejection in these people life which have caused them to try to take away their life or even some have done so can be traced to one source "they are being worried and anxious of a specific thing or issue of life".

As a matter of fact, its perplexity and traumatic experience in the human soul has left almost everyone in a state of idolizing its existence, thus making it dwell like the alpha and the omega (God) of the humans' world. This also is really true. In fact, while preparing for one of my examinations which gave me admission into my higher institution as a student, one of my lesson teachers told me alongside with the other students who were also preparing to take the same examination to their various higher institutions of learning that to succeed on this earth, sometimes, you need to stay awake at night to worry about life. Also, sometimes, while sleeping either at night or at the day time you need to learn to awake yourself, sit down and begin worrying about the situation of things on earth. Even one of my pals consent to this point of that my lesson teacher by saying to me, when I told him about this book,

so that he can help me to share the link which I was going to use and sell this book to other of his pals and relations, that it is impossible for anyone to live on this earth on daily basis, and desire to succeed without he/she worrying and being anxious of life situation, because everything about life is entangle in worrying and be anxious of things.

So great is its worth upon the earth that like a highly placed king it causes even almost all of those who proclaim to have a God whom they are worshipping to bow to it name at the mention of it. Even the ones who proclaim to be dwelling in the secret place of their God filled with power and glory from morning till the night fall, sometimes, also fall victim to its pangs.

Howbeit, this monster of the world which causes almost every soul to tremble at it presence ought not to have

influence in the life of those who are called believers or Christians. This is because, in exception of Christ, their leader, proclaiming to have victory and dominion over all things(both of the things of the physical and those of the spiritual) by His resurrection from the grave, and then sitting in a throne raise above every existing throne(exception of that of His father in heaven. Matthew28:18, Hebrew1:3, John10;29, 17:1-8), He has promised and also declare giving this power to all who believe and also live for Him on daily basis(John8:31-32, John1:12, 15;5-7, Luke10:19).

Why then does this happen? Why do worry and anxiety still having preeminence over the believers, in fact, even on those who proclaim on daily basis that they aren't spiritual babes in the faith, instead, they are filled and led by the spirit of God?

On 2nd January, 2020, during my quiet time with the Lord, He made me understand the reason behind the influence of this monster of the world called ‘worry and anxiety’ also having preeminence over His people (the believers), using the wise words of the great psalmist, David, in psalm27; 1, which state ‘the Lord is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?’

He made me comprehend that it is as a result of their microscopic understanding of who He is to them when they call Him their Lord, and also declare Him as the Lord of their possessions (the light of their life, their salvation, and also the strength of their life) that is the cause of this monster of the world also having influence on them. He also made me understand that it is as a result of their lacking of knowledge of how they ought to relate with Him

when they say that He is not only the Lord of their life, also, He is the Lord of their possession (their light, salvation and strength of their life) that is the cause of this monster also having influence on them. He then broaden the scope of my understanding on these subjects, which cause me to write this book, tending to give you a deep and clear understanding of what you do mean, as a Christian, when declaring that God is the Lord of your life, which is the first thing that you can do before you can declare Him to be the Lord of your possession (light, salvation and strength of your life), and then what you do mean by saying that God is the Lord of your possession (light, salvation and the strength of your life), so that you will know why you shouldn't start worrying after making Him so.

Also, this book is design to give you understanding of how you can relate with the Lord after making Him to be the Lord of your life and possessions (light, salvation, and strength of your life), so that you won't start living a life of worry and anxiety after surrendering yourself to Him, to be the above things to you on daily basis of your life.

This book is broken down into five sub-headings, namely;

1. The unnecessary of worrying as a Christian after making God the Lord of your life.
2. The relationship of a servant with his lord that leads to unworried living of life by the servant.
3. The unnecessary of worrying as a Christian after making God the Lord of your light.
4. The unnecessary of worrying as a Christian after making God the Lord of your salvation.

5. The unnecessary of worrying as a Christian after making God the Lord of the strength of your life.

In the first sub-heading, I shall be exposing you to why you shouldn't worry after making God the Lord of your life. In the second sub- heading, you shall be learning ways by which you ought to relate with God after making Him the Lord of your life so that you will be free from your worry and anxiety while being under His rulership. And finally, in the next three remaining sub-headings I shall be exposing you to how and why you shouldn't worry as a Christian after making God the Lord of your possessions (light, salvation and the strength of your life).

I pray and believe that as you read this book and apply the knowledge to your daily life, the Lord will help you to overcome anything causing or trying to cause you

unnecessary worries and anxieties in your Christian walk with Him, which is not His plan, in Jesus name. Amen. (Isaiah 55:8-9, Jeremiah29:11, John 14:21, 16:33, Philippians4:7, 9, Matthew28:18, Luke10:19).

Remain blessed as you continue reading.

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CHAPTER ONE

THE UNNECESSITY OF WORRYING AS A CHRISTIAN AFTER MAKING GOD THE LORD OF YOUR LIFE

The declaration of one that God is the Lord of his/her possession (light, salvation and the strength of his life) is a simple expression by the one that he/she has first surrender him/herself to the Lord, for Him to become the Lord of his/her life first, and later his/her possessions (light, salvation and the strength of his/her life). This is because before the one can make this personalise statement (the Lord is my possession light, salvation and the strength of life), he/she must first accept that he/she has surrender his/herself to the Lord, for Him to have rule over him/her. And if the one accept this, which is really the first thing

he/she ought to do, so as to give the Lord access to his/her properties, it simply mean that he/she has also accepted to become the servant of the Lord, while the Lord becomes the ruler of his/her life. And when this happen, there are specific reasons why the one shouldn't worry after surrendering his/her life to the Lord to be the Lord of his/her life. Therefore, this chapter of this book shall be exposing you to its so that as a Christian, you won't start living in worry after making God the Lord of your life.

Before enlightening you on the unnecessary of you worrying as a Christian after making God the Lord of your life, I will like to give you a little enlightenment of who is a Lord, so that you will have a deep and clear understanding of why you shouldn't after making Him the Lord of your life.

According to Advance English dictionary, a lord is a noble being who has general authority over others. You can as well call him a ruler, an entity of himself whom humanity can refer to as 'God'. What do I mean, or who is a God? Sourcing through the internet to find where the word “God” is really derived from so as to have a clear definition of who is a God, I couldn't really find the right etymology of where the word comes from. However, from the Oxford dictionary definition of who is a God, it defines Him as a being or spirit that is worshipped and is believed to have created the universe. He is a being or spirit who is believed to have power over a particular part of a nature, or who is believed to represent a particular quality. Also, from my study of the Bible, and my historical observation of when the word “God” is used to describe a thing or being, the Lord used this to make me understand that a God is any

being or creature capable of giving life and nature of life to other existing beings or creatures. You can as well say that it is any being or creature capable or which influences the behaviours and actions of other existing beings or creatures with his behaviours, actions or principles in a specific period of time of his reign and at a specific geographical area. He is a one who is not controlled by other people, rather he is a controller of people, that is, he can be referred to as a master of the people and not the servant of a person, a leader of the people, and not a follower of a person, a boss, employer of labour and not an employee for wages and salaries by another being, a superior being of a people or an organisation and not a subordinate being of an individual or an organisation. Also, you can call him the captain of a set of beings, a war lord of a set of army, the head of the body of a being or group(s) of beings, the

superintendent of a being or group(s) of beings, the shepherd of the sheep and not the sheep of the shepherd, the husband man of a vine and not the vine hired labourer, nor a vine lendeer, the creator of things and not a form or made things etc. All these descriptions can one use to describe a one who is a God.

Therefore, as a Christian, when declaring that Lord is the Lord of your life, you are simply declaring that a powerful being who is the creator of the universe (as being defined by the Oxford dictionary) and also the giver and the influencer of life of every living things (as being defined by me) is the leader and the superintendent of your life. You can as well put it this way. The one whom I have handed over myself to him, to have dominion over me is the creator, the leader and the superintendent of the universe. If all of these are the meaning of what you are

declaring by saying that God is the Lord of your life, then there is no need to start worrying after surrendering yourself to Him to be the Lord over you. This is because if He is the superintendent of all things in the universe, it simply means that all creations are His servant (they are under His control). And if all creations are under His control, it simply mean that they can't function without His command, and if they are to function at a specific period of time, they can't function beyond the limit He has set for them to function. And if this is true, it simply mean that those negative issues of life, which are also His servant, that are trying to have preeminence over your mind so that you can start focusing your mind on them and start living a worry life, which is not His plan for you while being under His control, can't function in your life if He doesn't give it's the permission to do so. And if it comes to pass as you

predicted it, it can't function beyond the limit which He has set it that it should have influence in your life.

Also, if the God is the Lord of the universe as it is being defined above, and all creatures and creations are His servants (including you and the thing or the negative issues of life that is trying to cause you unnecessary worry and anxiety, while you are under the Lord's ruling-ship), then you don't need to worry yourself after surrendering yourself to the Lord, making Him the Lord of your life. This is because in a normal human relationship, a servant isn't expected to become a servant to his fellow servant while they both are serving their master in the same house. Every servant is expected to serve his master and carry out only the duty which his master has given unto him to perform while being in the house of his master. So therefore, you as the servant of the Lord, whom the things

or bad issues of life is also, isn't expected to serve your fellow servant (the negative issues of life that is trying to make you start living in worry while serving the Lord, through the process of trying to influence your mind to focus your thoughts and attention on it). You are expected to only serve the Lord whom you have handed yourself over to Him, to be the Lord over your life, and not your fellow servant.

Furthermore, if the meaning of a God is that He is a leader of a being or group(s) of being, and the declaration of yours that God is the Lord of your life is that He is the leader of your life and all situation surrounding you, then you don't need to worry or make yourself anxious of negative aspect of life, while you are under His control. This is because it is as a result of you lacking the ability of leading yourself to your destiny that caused you to make

Him the leader of your life. And if that is the case, no matter how you begin to worry about the bad issues of life, it will never lead you to your destiny. Instead, He is the only one who can do that for you, and He will surely do that for you, because He has promise to never leave you nor forsake you. Therefore, you don't need to worry while you are under His control (Psalm23:1, 3, John14:18).

Another reason why you shouldn't make yourself anxious of bad life issues after declaring God as the Lord of your life as a Christian is, if the meaning of God is that He is a being or creature who gives life and nature of life to other existing beings under His province, and you are saying that He is the Lord of your life, which simply imply that you are saying that He is the giver or the influencer of your life, then, you don't have to worry. This is because no matter how you start worrying about the negative issues of life,

you can't keep the life which He has given to you to possess if He chooses to let those negative issues of life which are also His servant as I earlier said, which you are worrying about, to take away the life from you.

Also, if He is the giver of the life you are possessing, you don't need to start worrying about the negative issues of life, because those negative issues of life which is trying to have preeminence over your mind so that you will start living in worry won't have it place in your life if He doesn't give its the permission to do so. For they are not the giver of the life you are possessing, but He is. Therefore, they can't be the owner of the life to do whatsoever they like to do to you except He gives them the permission to do so.

Furthermore, if He is the giver of the life which you are possessing, then you don't need to start worrying about those bad issues of life, because the ability of Him to give you the life which you are possessing simply mean that He has a purpose for doing so (for no normal man will sit down and spend his precious time to create or give life to a being or things for no purpose). And this purpose is greater than what you do think and how you do feel about yourself. If the purpose behind He giving you the life you are possessing is greater than you and your philosophy of life about yourself, then there is no negative issue of life which can destroy that purpose. And that purpose lives in you. Therefore, nothing can harm you, for if it does; definitely, it will affect His purpose of creating you which lives in you, which He can't let that happen.

Other the other hand, if He is the influencer of the life which you do possess, then you don't need to be worry or be anxious of any negative aspect of life, because in Him there is no existence of worry and anxiety of anything. Instead, in Him, all things are possible (Mark10:27). And He being the influencer of your life, you can be well assure that He will surely influence those things that want to cause you to start living a worry and anxious life which is not the purpose behind He creating you, to become a possible stepping stone to your destiny.

Another reason you shouldn't worry as a Christian after making our God the Lord of your life is, the ability of the Lord (an entity whom you can call God) to have the power to give life to and/or nature of life to another creature under His province simply mean that He is a living creature like the living creature He has given life to. And if He is a

living being like the living creature which He has given life to, it simply mean that He thus possess some of the attributes of the living creature which He has given life to, like movement, respiration, growth and development, feeling and understanding issues of life. If He thus possesses these attributes, you need not to start worrying as a Christian while being under His control. This is because if He is the giver of the life which you do possess, and He also possesses some of the attributes which you do possesses like feeling and understanding, then He do possess the knowledge of what and how you are feeling at every given point of your life. And, as I earlier said, the ability for Him to take out His time to create you simply mean that He has a purpose for you, and that purpose is greater than your vision and philosophy of life about yourself, which He can't let any negative situation of life to

destroy it. If this is the case, He will surely help you to overcome any trouble of life which is trying to destroy you, when He feels that it is going to do that. So therefore, there is no need to start focusing your mind on the negative aspect of life. Instead, learn to focus your mind and attention on Him, for again, the purpose behind He giving you the life you are possessing is greater than you and the negative aspect of life that is trying to have dominion over you. And that purpose can't be forfeited. Therefore, if He feels that the bad issues of life will surely terminate His purpose behind Him giving you the life, surely, He will definitely bring it to an end

Another reason you shouldn't worry as a Christian after making God the Lord of your life is because before one can be called a lord there must have being an existing kingdom for him to exercise his lordship there. And if he step onto

the throne of that kingdom to rule over it, all who must come to dwell in the kingdom must be ready to comply to the rules and regulations which he has set over the kingdom, of how things should be done in the kingdom, and how life should be lived there also by the people who comes to find shelter, security and other needful things of life. And as a Christian, the making of the statement ‘God is the Lord of my life’ is simply a declaration by you that you have decided to come into His kingdom to dwell, so that He will have rule over you. And if that is the case, you should also be ready to comply with every set out rules and regulation of how things should be done in His kingdom, and how those who come into it to dwell should live life. And one of the rules and regulation of His kingdom is ‘all who comes in there must put their worry away from them, and then put their trust and confident on Him, because He

is an all sufficient one (Hebrew13:5, Matthew5:25-34, 10:28-31, John14:1-4, Joshua1:9, Philippians4:6, 19, Mark10:27, Ephesians3:20-21). Therefore, you don't need to live in worry while being under His control, because that is His commandment to you if you desire to be in His kingdom, and enjoy the riches of His glory. Instead, learn to put your trust and confidence on Him, because He is capable of keeping you through to the end from all negative issues of life that want to have preeminence over you.

Lastly on why you shouldn't live in worry as a Christian after making our God the Lord of your life is, in every kingdom where there is a lord existing as the king of that kingdom, the king always have soldiers and warriors under him to fight and defend him and all that is under his control. Therefore, as a Christian, you don't need to make

yourself unnecessarily anxious of bad issues of life after making our God the Lord of your life, because He has a lot of angels under His control, whom He can sent to help you to overcome every crises of life in you which want to forfeit the purpose of why He created you, and still keep you alive (Psalm91:1-16).

Having exposed you to some of the reasons you shouldn't live a life of worry and anxiety after making our God the Lord of your life, let me now turn to the chapter of this book that will exposed you to how you can create good relationship with our God to have a life free from worry and anxiety, as His servant, while being under his control. Remain bless as you continue reading.

CHAPTER TWO

THE RELATIONSHIP OF A SERVANT WITH HIS LORD THAT LEADS TO UNWORRIED LIVING OF LIFE BY THE SERVANT

The declaration of a man that another man is his lord is simply an expression by that man that he is the servant of the other man whom he calls his lord. Let me put it in another way for better and clear comprehensiveness of you of what I'm saying. In a lord and servant relationship, when one man is made to be lord over a specific province or man, the people of that province or the man whom he is made to become a lord over him becomes his servant. And in a lord and servant relationship, for the existence of good and smooth relationship between the servant and the lord to be so that there won't be any need for the living of life in

worry and anxiety by the servant while rendering his service to the one he calls his lord, there are specific ways and manner which the servant ought to behave or relate with his lord to create this relationship with his master. This is what this chapter of this book is about exposing you to, so that as a Christian, you will know how to relate with the Lord and get unworried living of life from Him, after making Him the Lord of your life.

First of all, for the existence of good and smooth relationship to be between a servant and his lord whom he is serving, so that there won't be any need for the servant to start living in worry and anxiety while serving his master, a servant is expected to learn to trust his lord at all time, and in all situations, that his lord is a worthy leader, capable of leading him through in all situations of life which he finds himself while being under his rulership.

Yes, this is true, because without him believing on his lord that he is capable of being a leader or ruler over him and his situations at all time, and in all places of life while he is still serving him, his mind and attention will be distracted and deviated from his lord to other areas of life, which his lord haven't employed him to be there. And when his mind and attention is deviated and distracted from his lord to other areas of life, fears and distresses begin to set in to his mind on how he will be able to perform two duties at the same time (the pleasing of his lord whom he has chosen to be a servant to, and how to meet the other issues of life, which his mind and attention has been deviated and distracted to, at the same time). And when fears and distresses thus take hold of him on these two issues in his mind, worry and anxiety then set into his mind, while he is still under his master control.

Therefore, as a Christian, desiring to be free from anything or issues of life which produces worry and anxiety in the life of many people around the world, learn to trust God at all time and in all situation of life that rises upon the earth or upon your life, as you are serving Him, and you will be free from any issues of life that tends to produce worry and anxiety into your life. In fact, learn to magnify Him above every issues of life that rises upon your way, and put all of your confidence in Him, that He is able to lead you through it, and you will be living a life of unworried and unanxious one. This is because in exception of Him being the Lord over your life, He is the Lord of host (the creator of the heaven and earth). And He being the Lord of host, He is not only a Lord over you. He is also the Lord over everything and situations of life. And all things and all situations of life are His servant, just as you are. And if all

things and all situations of life are His servant just as you are, He is capable of bringing all His servants under His control, so that one won't hurt the other. So therefore, He is capable of bringing all bad issues of life trying to attack you under His control so that it won't crush you to the earth.

Let me use this minute to point out one of the causes of why there is the existence of worry and anxiety in the life of many believers today, which even causes some of them who proclaim on daily basis they are filled and are led by the spirit of God to despise life, while being under the ruling-ship of our God.

One of the reasons for the existence of worry and anxiety in the life of many Christians today in our world is as a result of them desiring to see God act upon their situations in the

way and manner which will make them happy. They expect Him to become like a little child or little pet in their house, which they can call and order around for their needs at any given time of their like. And when they can't get Him to become what they desire Him to be or to act in the way and manner which they do desire Him to act before them, they start distrusting Him to be the true Lord of their life. And as a result of this, they start focusing their mind and attention away from Him to the world, on how they would have gotten what they wanted if they were in the world. And through doing of this, they begin to expose their mind to worry and anxiety while being under the Lord's control, proclaiming that with Him, all things are possible. And when worry finally set into their life, it deafen their ears from hearing whom they are proclaiming to be the Lord of

their life, so that they can be in peace and with peace, while serving Him.

They forget that the one whom they do call the Lord of their life isn't a little child or a little pet in their houses that they can order around as they like. Instead, He is a mature being, liable to His wills and His own pleasing. And so, He has the right to act according as it pleases Him in their situation, at all time, as they are His servant, and not His leader.

They also forget that the ability of them to make Him the Lord over their life is as a result of them believing on Him that He is a mature being, capable of leading them to their promise land, which they can't do for themselves. And if this is the cause of them making Him to be a Lord over their life, then as a mature being, He ought not to be

control or order around like a child or pet in their houses by them, when a specific situation of life arise upon their way. Instead, He ought to act like a mature being with His mature senses in their negative situations when it rises, while they who call themselves His servant trust and submit themselves to His will, as a good servant does with his master, which through doing of that their worry and anxiety will be vanished from their life.

Another way which a good servant relate with his master to foster a good and smooth relationship between him and his master, which produces unworried and unanxious life to him , while he is rendering his service to his lord is through focusing of the servant attention upon his lord, that is, the foregoing of his attention from other existing lord, existing servants of his lord or other lord's own, and then focusing his mind on how he can become a more pleasing servant to

his lord at all times. Yes, this very true, because through the focusing of his mind and attention upon his lord, so as to become a more pleasing servant to him at all time, his mind and attention lost focus on any issue which may rise or may have risen against other existing lords, other servants of his lord or off his lord side, to the things which he ought to do for his master and gain peace of mind as he is serving his master. Therefore, as a Christian, whom you are the servant of the Lord, learn to focus your mind and attention on the Lord and how to become more pleasing to Him in rendering of your services to Him, and you will be free from any issues of life that wants to cause you worry anxiety while you are still serving the Lord. Also, learn to forego your mind from focusing on other lords, on the relationship of other servants of either of your lord or off your lord, and you will be free from anything that causes

other people in the world to live in worry and anxiety on daily basis, as you are serving the Lord.

Let me also use this minute to point out to us two reasons behind the existence of worry and anxiety in the life of many believers today despite how high they proclaim that their spiritual level is in the faith.

The first reason is that they let their mind and attention to be focus on the situation of life around them instead of on the God whom they call the Lord of their life. Yes, this is very true. The reason for the existence of worry and anxiety in the life of many believers today , despite how high their spiritual level is in the Christian faith is as a result of them letting the socio-political, economic and technological state of the world to be the influencer of their life. What do I mean? So many believers today around the

world, despite their spiritual level in the faith have idolise the socio-political, economic and technological instability of the world in their mind, as they are proclaiming God to be the Lord of their life with their mouth. They focus all their attention, trust and confidence on the state of the socio-political, economic and technological state of the world, to defined the way they should live life on daily basis (whether to live it in worry and anxiety or in peace and happiness). They make the world situations to be the God of their life instead of the one whom they proclaim with their mouth that He is the Lord over their life. And this world situation is what I do refer to as the lord of other existing servant, which I do encourage you, as a Christian, to forego your attention and mind on it, and focus your mind and attention on the God whom you have made to be the Lord over your life, to be the definer of how you should

live your life on daily basis (whether to live in peace or in fear).

As a true servant of the Lord, learn to let God to not only be the Lord of your life in words, also learn to let Him be the Lord of your life in your mind by expressing your trust and confidence on Him through the focusing of your mind and attention on Him and His great promise to you that He will ever be with you and take care of you in all situation of life which you will find yourself, while being alive (Deuteronomy 10:14,17, Psalm:24:1 John 14:1,18, Philippians 4:19). Learn to forego your mind from focusing on the world situation, letting it to defined if you ought to live a happy and joyful life in a specific day, or if you ought to live a sad, sorrowful, worry and anxiety life another day. Learn to make your meditations be on the God whom you call the Lord of your life, and ever think of how

you can harness His great promises into your life, and you will be free from anything that want to cause you to start living in worry and anxiety as a Christian (the servant of the Lord), while being under His Control.

Let me use this minute to make it clear to you what I do mean by the point I am trying to pass across to you when I do say you shouldn't let the situation of life to be the definer of your life, instead, you should let the God whom you have made the Lord over your life to be the definer of your life.

I don't mean that as a Christian you shouldn't try to get educated or inform with the activities that are going on in your various nations and around the world, so that you can seek means through which you can be of help to them in solving some of their problems, seek the growth and

development of them. I don't mean that. I only meant to say, as a Christian, you should forego the putting of your trust, hope, confidence and all of your attention on the world and its crises for your daily living. I only mean you shouldn't let the world situations be the determinant of what you begin to prophesise into your life, because what you say to yourself on daily basis is what you will soon become (it is what will determine if you should be happy and live a joyful life in a specific day, and then live a sad, sorrowful, worry and anxiety life in another day).

Therefore, instead of looking at the bad and the negative aspect of life to be the definer of what you prophesise into your life, which then determine the state of your life on daily basis (a happy and joyful life or a sad, despondent, sorrowful, worry and anxiety life), focus your mind and attention on God whom you have made the Lord over your

life to be the determiner of how you view life, and what you prophesise into life, and you will see that though all crises of the world thus exist, those that do put their trust in the Lord will be taken care of by the Lord(Psalm34:10).

In fact, know that the scripture has made us to understand that the earth is the Lord's and the fullness thereof, the world and they that dwell therein (Psalm24:1, 89:11,), and the heaven and the earth are the Lord's own (Deuteronomy10:14, Isaiah66; 1). If the world and all its substances belongs to the Lord, it then imply that the putting of your confidence and trust in any other thing or issues of the world, exception from the real owner of the it for the determining of your joy and happiness is a very foolish act of you. This is because in the time of need it is only the owner of the property that has the right to give out his property to one in need, and verse versa. And if the

heaven and the earth and all of its substances belong to the Lord, it therefore implies that in the time of your need it is only the Lord who can provide you with what you need, and nothing else can do that for you. Instead, of them providing you with the solution to your problems, they will only provide you with reasons you should start living in worry and anxiety because you can't get the solution to your problems. Therefore, it is a foolish and useless act of you to put your confidence and trust on them. It is only the God who is the owner of the substances that you do need to get your problem solve that can provide you with the help you do need in the time of your trouble. Therefore, learn to let your attention and confidence on Him, and on His promises to you, and He will meet you at the point of your need, in Jesus name. Amen.

Another reason you shouldn't let the world and its state of situations at every given time in life to be the definer of your life is because the scripture has also made us to understand that the things that hath been, it is that which shall be; and that which is done is that which shall be done: and there is no new thing under the sun (Ecclesiastes 1:9), and the world and its crises which have been from the genesis, that is from the time of Abraham (Genesis 12:10) is that which shall continue to be till the end of the world (Revelation 6:5-6). Howbeit, the scripture has also made us to understand that they that do put their trust in the Lord shall be taken care of by the Lord (Psalm 34:10; 125:1), just as it happened in the genesis when all who did put their trust in the Lord were not put to shame (Genesis 26:1-6, 12-14, 1Chronicle 4:9-10, Psalm 119:90) till the time of Jesus and His apostles (Luke 2:52, 2Corinthians 12:9, John 14:18,

Philippians4:19, Ephesians3:20-23, Matthew28:20, Hebrew3:5).Therefore, there is no need for you to focus your mind on life and its crises for the determining of how you should live life on daily basis (in joy and happiness or in sad, despondent, worry and anxiety), for the Lord is your shepherd which shall not allow you to want(Psalm23:1).

The other reason for the existence of worry and anxiety in the life of many Christians today despite how high they proclaim their spiritual life is in the faith, is a result of them focusing their mind and attention off the Lord to another servant of their Lord or off their Lord.

What does I mean?

Many Christians today live a life of competition with each other, and with people off the Christian faith. They so much make their mind to be focused on how they can over-

shine a brethren in the faith with them or off the faith with/of them (within their religion and off their religion). They let their focus and attention to be distracted and deviated from the Lord who is their shepherd to how they can come to the limelight of people so that they will be preferred over the specific person(s) whom they are competing with in their mind. And as a result of their deviating and distracting of their mind from the Lord to competing with other people within and without the faith of theirs, the issues of life which causes many people in the world to live a life of worry and anxiety start invading their mind, causing them to start living a life of worry and anxiety of how and why they should get those things so that they will be preferred over the person(s) whom they are competing with in their mind, while they are still under the ruling-ship of the Lord.

When the person(s) whom they are competing with in their mind begin to seem as though he/she is winning the spotlight of the people in their mind, they begin to fear and envy the person, and then start thinking that the Lord has forsaken them, and they have become an insignificant instrument of His work in His sight, which is the reason that the person(s) whom they are competing with in their mind is winning the spotlight of the people instead of them. And through the focusing of their mind on these kind of thoughts, their mind becomes vulnerable to worry and anxiety to penetrate and dwell there as the lord of their life while they proclaim God to be the Lord of their life with the words of their mouth.

However, they forget that in this Christian faith, every one of us is like a branch of a vine tree that is attached to the vine tree, just as the scripture makes us to understand in

John 15:5 that Christ, the captain of the faith is the vine, while all who believe on Him are His branches. And in the branches relationship with the vine, it isn't always at the same time that every branch of the vine tree does bear its fruit (every branch of the tree does always have its own time of fruit bearing). And the bearing of fruit by one specific branch of the tree before other existing branches of the tree isn't a signal that the other branches of the tree are or have become insignificant branches to the tree that will never bring forth fruit from the tree. However, as long as the branches of the tree are still attached to the tree and are still receiving nutrient from the tree, at the time appointed which every branch of the tree ought to bear its fruit, the tree will surely supply it with the necessary nutrient it needs to do that. Therefore, they need not to make themselves worry or anxious of if another person in or off the faith

whom they may have been and grow together with from their childhood, or they had started life together with is winning the spotlight of people and they are not. Instead, they ought to focus their mind and attention on the Lord as they apply the principle of hard work and diligence to their various activities of life, which God will use as a medium through which to use and bless them, and at the time appointed for the Lord to elevate them to the spotlight of the people He will surely do that for them. Also, they ought to seek how they can become the more pleasing servant to Him in doing of His will, and not compete with other people, and the Lord will liberate them of any issues of life trying to cause them to live a life of worry and anxiety while they are under the Lord control, which is not the plan of the Lord for them to live their life so.

Another way by which a good and nice relationship is being created between a servant and his lord, which produces unworried and unanxious living of life by the servant while he is under his lord ruling-ship is through the process of the self-losing of the servant to his will when doing his master 's will. Yes, this is true, because through the self-losing of the servant from his will to the doing of his master's will, there will be no need of the servant worrying if there will be any rise of conflict or disagreement between him and his master which will result to him losing his peace of mind while being under his master's control. For when a servant isn't lost to his self-will while serving his master, there will surely be a rise of conflict between him and his master, which when that surely happens, it will surely result to the distorting of his peace of mind while he is serving his lord. For when a servant does contrary to his master command to

him, it will surely result to a state of the master being displeased with the servant. And when the master is displeased with the servant, definitely, there will rise reasons for the servant to start living in worry and anxiety of what is the consequences of he making his master to be displeased with him. However, when the servant is an obedient servant (he is lost to his will by doing according as his master command him to do), there won't exist any room for worry and anxiety to dwell in his life while he is under his master's ruling-ship. For every pleasing of the master by the servant is the needed thing needed by the servant to get a life of unworried and unanxious one from his master while he is serving his master, because when his master is pleased with him and he renders services, the servant won't have to worry about what will be his master's reaction to him while he is serving him.

In fact, for the possibility of creating a good and smooth relationship between a lord and a servant which the servant desire so that he can have a life free from worry and anxiety, while he is serving his master, if a man chooses to become the servant of another man through making of the other man his lord, he must choose to get lost in his ideas, belief, values and ego of how things ought to be done in the house of the one he has called his lord, as he is coming under the one he has chosen to be a servant to him. He must switch his mind completely from how he feels or think that things should be done in his master's house to the receiving and the keeping to the instruction of how things should be done in his master house, from his master. He must come as an empty man of his ideology of what is right and what is wrong to be done in his master's house, when it is right and when it is wrong to do a specific thing

in his master's house, and why it is right and it is wrong to do a specific thing in a specific way in his master's house. He must seek and receive instruction from his master of the essence behind him being employed in the house. Also, he must ask the materials to be used in carrying out the task he is being employed in the house to perform, ask for the specific place and time he should carry out the duty he is being ordered to carry out in the house. As he is doing this, he must learn to possess a patient spirit to wait for his master reply before proceeding to so the duty which he is being employed to perform in the house. In so doing, he won't have anything to worry of while being under his master ruling-ship (whether his master will punish him for performing the task, won't support him with the necessary resources he thus need to use to achieve the success he need to achieve from the task to his master).

Therefore, as a Christian, if you desire a smooth and nice relationship with God whom you so call the Lord of your life, learn to get lost to yourself ego and value while being under the ruling-ship of the Lord, and turn your mind to the pleasing of the Lord by doing of His will according as it is being explained above, and you will have nothing to worry or be anxious about, while being under His control.

Let me use this minute also to point out to us one of the reasons for the existence of worry and anxiety in the life of so many believers today despite how high they proclaim that their spiritual level is in the faith.

One of the reasons for the existence of worry and anxiety in the life of many believers today is as a result of the existence of self-ego in them in doing the wills of God in

their way, and despising the voice of the Lord, to do His wills in His way.

What do I mean?

One of the reasons for the existence of worry and anxiety in the life of many believers today is as a result of them being zealous over doing the work of the Lord than being zealous over obeying the God of the work, of how He wants His work to be done. They let their zeal for the work of the Lord to overshadow their listening and obedient spirit to the Lord, in doing of His wills in the way and manner it pleases Him. They run before Him to do His will, and when they get to a specific point or place which there is a mountain on the way for them to pass over to the other side, and continue with the work, and the only substance of thing capable of either moving the mountain off their way

for them to continue their work for the Lord, or lift them beyond the mountain, to the other side which they can continue the work is the spirit of the Lord. And because they didn't receive the commandment from the Lord to proceed in doing of the thing, which simply implies that the Lord didn't went with them as they went to do the work; they get held down by the mountain. As a result of this, worry and anxiety start invading their mind and soul, even sometimes, to the point of them regretting why they ever came to be the servant of the Lord.

Therefore, as the servant of the Lord, if you want to be free from anything thing that want you to start living in worry and anxiety while being under the ruling-ship of the Lord, learn to lost your self-will to the Lord's will, learn to be patient with Him at all times to receive instruction from Him on when and where to do His will, and also learn to do

as He command. And as you do this, the Lord will help you to overcome everything that desire to cause you to start worrying in life as you are serving Him in Jesus name. Amen.

Additionally on the desire thing needed by a servant to be free from any form of worry and anxiety while serving his master, for the existence of smooth and nice relationship to be between a lord and servant so that the servant can live in an unworried and unanxious life while being under his lord's control, there is the need for the possessing of the spirit of obedience by the servant to do the will of his master at all cost. Yes, this is also true, because for there to be existence of smooth and nice relationship between the servant and his lord so that the servant don't start living in worry while being under his master control, there is the need of the servant to possess the spirit of obedience in

doing the will of his master even when it isn't convenience for him to do so, when he doesn't comprehend the motive behind his master order to him to do the specific thing. For in a lord and servant relationship, a servant is only but a servant (a messenger of his lord and not the lord of his lord), and a lord is the leader of the servant. Therefore, the servant is expected to behave as a messenger of his lord when he receives an instruction from his lord to carry out a specific command of his lord, that is in doing as he is being commanded by his lord to do, even if he does understand or doesn't understand, it is convenience for him to do or it isn't. And when he thus possess the spirit of obedience to carry out the task which he is being ordered by his master to perform, even if it is convenience for him to do it or it isn't, or he does comprehend the essence behind the master asking him to do the task or he doesn't comprehend it, he

won't have any reason to be worried or become anxious of anything while being under his master control. For, again, the pleasing of the master by the servant is the needed thing by the servant to get an unworried and unanxious life from his master, while rendering his services to his master. Therefore, as a Christian, if you are desiring to live in an unworried and anxious life while being under the Lord's control, learn to be obedient to Him at all cost, even when it seems inconvenience for you to do, or you can't comprehend why He is ordering you to do the specific thing at a specific time, and you will be free from worrying of anything while being under His control.

Let me use this minute also to point to us another reason there is the existence of worry and anxiety in the life of some believers today despite their high level of spirituality in the Christian faith.

Another reason for the existence of worry and anxiety in the life of many believers today despite their spiritual level in the faith is as a result of them possessing the spirit of trying to know and understand every purpose behind a specific commandment which the Lord has commanded them to obey before choosing to be obedient to it. They are curious to know and understand all the ways of God, and the motive behind His ways appearing to them the way it is before choosing to obey His commandment. And sometimes, due to the nature of God (which He doesn't act the way man does comprehend neither giving explanation to man sometimes on why He is or want to do a specific thing at the beginning of it. Instead, acting in the way and manner that pleases Him and His purpose), when the Lord give them a commandment to carry out a specific duty in a specific way, place or time without giving them reasons

they should carry out the commandment, nor letting them to see the end of the thing He has commanded them to perform so that they will be propel to do it, they begin pondering in their mind on how the specific thing which the Lord has ordered them to do will produce success to them. And when they have view that there is no sign of success or should I say ‘there is no sign of any good thing coming out from it’, really after analysing it from every aspect of human analysis and philosophy of life, and still come out with a negative result that it is very impossible for anyone to achieve success in the specific thing which the Lord has commanded them to do, they begin worrying and being anxious of performing the commandment of the Lord given to them by the Lord. And when this happen, which sometimes, their blessing and breakthrough is attached to it, but due to their disobedient in obeying the

voice of the Lord that came to them to do the specific thing, they fail to unleash this blessing attached to this commandment which supposed to liberate them from any issue of life that is trying to invade their mind with worry and anxiety as they are under the Lord's control.

Therefore, as a Christian, who you are the servant of the Lord, learn to be obedient to the commandment of the Lord when it comes to you, even if it is convenience for you or it isn't, or you do comprehend it or you don't comprehend it. And as you do this, the Lord will liberate you from anything trying to cause you unnecessary worry and anxiety in life while you are under his ruling-ship in Jesus name. Amen.

Lastly on the relationship of the lord with the servant that produces good and smooth relationship between the

servant and the lord, which lead to the producing of unworried and unanxious life to the servant while being under his lord's control, a good servant focuses his mind and attention on his lord and the commandment of his lord to him. He doesn't focus his mind on the thought and perception of either his master's servants idea of how he should carry out the commandment of his lord or off his master's servants own. Instead, he tries to do his master's commandment the way and manner his master order him to do. He doesn't rely on the other servants' ways of how they used to do their masters will. He may receive counsel from them on how he can achieve his master's will. Howbeit, he won't try to become them in doing of his master's will in the way and manner they did theirs. And when he does his master's will the way and manner which his master has commanded him to do he won't have any reason to worry

about any issue of whether he will achieve success in the thing his master has ordered him to do or he won't achieve success in it, or whether his master will be please with him in doing the commandment the way he did it or if he won't be please in it, for he has done his master's will the way and manner it thus please his master, so therefore, he doesn't have to worry or be anxious of any issue arising to destroy his peace of mind as he is under his master control.

Therefore, as a Christian, if you desire to be free from every form of thing which causes other people to live in worry and anxious life while on earth, learn to focuse your mind on the fulfilling of the commandment of the Lord the way and manner the Lord command you to do it. Learn to not become another person in the faith or off the faith that is trying to become exactly as another servant of the Lord, or trying to become exactly another person off the faith as you

are serving the Lord. Learn to be yourself, though, you can learn from the great people who have being in existence before you. Howbeit, never desire to become them. Instead, desire to become what the Lord has design you to become and you will be free from anything that want you to live in worry and anxiety as you as serving the Lord.

Instead of using this point to share with you some of the reasons for the existence of worry and anxiety being in the life of many believers today, I will rather share a story with you in relation to the point I'm trying to make above, so that you will understand what I'm talking about. Though, I don't know how true this story is, however, based on what I have seen some Christians do in these faith, really those one who after reading the story of a specific believer in the faith who did a specific thing at a specific point in time whom God did ordered him to do and it did work for him,

they start desiring to become another of that same person whom God will use them to accomplish the same goal He did used the other believer they read about to accomplished to the point of they getting themselves into a messed they ought not to have gotten themselves into if they would have been themselves or whom God design them to become in their time to their generation, I've been compel to believe this story which I'm about sharing with you

I learnt of a young man who went to the zoom. Getting there, he told the people who do safe-keep the lions' den that his faith has risen to the level of Daniel in the lions' den own. And desiring to proof to them that he meant his word he told them they should throw him into the lions' den and they will see that the lions won't do him anything. The people that did safe-kept the lions' den having pity on him and the little flesh on his bone consented with him that

his faith was indeed risen to the level of Daniel in the lions' den own, and then told him to go home. Howbeit, due to his persistency for the opening and then putting of him into the lions' den so as to prove to them that he has really become the Daniel in the lions' den of his time, which can't be eaten of by the lions, the lion prison safe-guarder were compel to do according to his wish. However, before doing so, they had to bring a document of agreement for him to sign, that if he is being eaten off by the lions he was liable to his death, which he did. And when they threw him into the lions' den, before he could even say 'God of Daniel, save me', the lions have used him to give glory to the Lord for giving them their daily bread in a wonderful quality and quantity.

If this man would have known that even if his parent maybe had name him Daniel at his childhood days, they didn't

meant that he is the Daniel in the lions' den, therefore, he isn't Daniel destiny to come and be in the lions' den just to show forth the glory and the power of God to humanity. Therefore, he ought not to have desire becoming another Daniel in the lions' den by going to experiment himself with the hungry lions in their dens as when Daniel was being thrown in the lions' den and wasn't eaten off by the lions. Instead, he ought to have desire becoming the minister of God whom God has destiny him to become on earth, and learn to develop his faith like Daniel in the lions' den who trusted so much in the God he was serving that He was able to serve him from all crises that may rise upon his way, while being alive. In so doing, he would have safe his life from the trouble he got himself into with the lions in their den.

He isn't the only person whom I have heard about doing some crazy things in this faith because of desiring to be another person whom God haven't design him to become. I have heard of other believers who have also done the same thing. And some of them whom the Lord do have mercy on them by not letting them to lose their life in the process, sometimes, come back with injuries and start worrying why God didn't allow them to succeed in the thing they adventure themselves into, just to be like the specific person in the faith or off the faith, whom they have heard of at a specific point in time did the thing and succeeded in it.

In fact, let me bring to your enlightenment 'every one of us born into this world is born in a unique way to fulfill a unique purpose of God. There isn't anyone born into this world to become another person who had existed or who

still exists in this world by God, except Jesus Christ'. Therefore, it is a foolish thing for anyone to desire becoming another person. Instead, desire to learn from their principle that did produce them the success they have obtained from the Lord, and become what the Lord wants you to become. Listen to their counsel to you about life process, and do the commandment of the Lord to you. And as you do this, the Lord will help you to be free from any issue of life that wants to cause you unnecessary worry and anxious of why you can't become another person whom He haven't destine you to become, after making Him the Lord of your life, in Jesus name. Amen.

Having pointed to you some of the ways and manner which a good servant do relate with his master so that he can obtain an unworried and unanxious life from his master while being under his master control so that as a Christian,

you will know how to create a good relationship with the Lord and start living an unworried and unanxious life while being under His control, I will now turn to the other chapters of this book which will exposed you to how and why you shouldn't be worried or begin to live your life in anxiety after making God not to only be the Lord of your life, but also the Lord of your possessions (your light, your salvation and the strength of your life) also. Remain bless as you still continue reading.

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CHAPTER THREE

THE UNNECESSITY OF WORRY AS A CHRISTIAN AFTER MAKING GOD THE LORD IS MY LIGHT

From this chapter to the next three chapters of this book I shall be exposing you to how and why you shouldn't be a worried living Christian after making God the Lord of your possession, through interpreting of what you mean by saying that God is the Lord of your possession (your light, your salvation and the strength of your life).

The declaration of one that “this is my light” is simply a proclamation by one that he/she is the owner of the light or the possessor of the light. Being the possessor of the light it means that the light is his/her possession or inheritance. If the light is his/her possessing, it simply means that he/she

isn't alienated to the property he/she calls his/her possession, but have the full knowledge that the property is his/ hers. If this is the case, it simply means that the one doesn't need to live in worry and anxiety of whether the property will soon be taken away from him/her, or it will be taken away from him/her at the time of him/her needing it. For the property is his/hers (it wasn't stolen nor borrowed from another person who may or will soon come to take it away from the one). Therefore, as a Christian, when saying that the Lord is your light, you are simply saying that the Lord is your possession 'light' which no man can or will soon come and take Him away from you, or will take Him away from you at the time of you needing light to shine on your dark path to your destiny. If this is the meaning of your statement when making the Lord your possession 'light', then you don't need to live in worry of

whether you will have light to shine on your dark path to your destiny so that you can walk into it without being hurt by your enemies who are hiding in the dark to hurt you, for the Lord is your possession which no man can ever take Him away from you at your time of need.

Also, the declaration of a one that the Lord is his/her light is a simple expression by the one that an exceptional being from a normal human being who only can see, feels, reason and understand etc. whom he/she has surrender his/herself to him to be a ruler over him/her is his/her possession 'light'. He being his/her possession (a thing which he/she isn't alienated to, but possesses full the knowledge about it, because it belongs to him/her) which no man can or will soon come to take Him away from him/her, it simply mean that he/she doesn't need or have to live in fear or in worry and anxiety of whether he/she will have light to shine on

his/her dark to his/her destiny when he/she does need it. This is because He being an exceptional being (a leader, a ruler, an achiever and also an extra-ordinary being etc.), and also being his/her possession (which he/she is also His possession), He won't and can't be so heartless in nature of not caring for the one who is His possession by shining the light in the dark path of the one when/she does need it, so that he/she will see and walk into his/her destiny.

Also, in exception of the one whom he/she has surrender him/herself to Him, making Him the Lord of His life and possession 'light' being an extra-ordinary being, which is the cause of the one choosing to surrender him/herself to Him to be a Lord over him/her life and possession 'light', He is a human-like being who possesses the qualities which a normal human being ought to possess (hearing, seeing reasoning and understanding etc.). If He is a normal

human-like being and also is the one possession, it simply means that He won't be so heartless and selfish to not shine the light at the time of him/her needing it so that he/she can use it, and achieve him/her good motive. Therefore, as a Christian, after making God the Lord of your life and possession 'light', you don't need to live in worry and anxiety. This is because in exception of He being your possession 'light' (your property which no man can take Him away from you at the time of you needing Him to shine on your dark path to your destiny), He is an exceptional being to you (a leader, capable of leading you, because He possessing the full knowledge of His responsibility to you, and agreeing and choosing to become not only a leader to you but also to your possession, it simply means that He has a purpose for doing so, and also, he has the capability of achieving that

purpose, which as earlier explained in the previous chapter of this book, that it is greater than you and your philosophy of life about yourself. And as such, he can't let that purpose to be forfeited under His control by anything or anyone till it will be accomplished). If He is a leader, capable of leading you and your possession 'light' to your destiny, He won't be so heartless to not shine the light for you to see and walk into your destiny when you do need it. For if He does this, His purpose of Him choosing and agreeing to become a leader over you and your possession will be forfeited, and He will become a loser to the thing that caused His purpose to be forfeited in you.

Also, in exception of He being an extra-ordinary being over you (your leader, and your Lord), He is a human-like being who possesses the attributes that a normal human being is expected to possess (seeing, hearing reasoning and

understanding etc.). If He is a normal human-like being like you, that is possessing the above attributes in the bracket, and He is your possession also, He won't be so heartless and selfish to not shine the light on your dark path to your destiny, which will cause you to fulfill the purpose of you be created upon this earth. For He does see, hear, reason and understand the indispensability of one fulfilling his/her predestine purpose upon the earth, and won't like you to forfeit yours by not shining your light that is in His position for you, so that you will see the way to take to fulfill your life predestine purpose.

Furthermore, the declaration of one that the Lord is his/her light simply mean that the person is saying ' a being with the attributes of a normal human being like me who can see, hear, reason, understand etc. is the object which either contain (1) the substances that produces the light that shine

on my dark path to my destination, (2) He himself is the light that shines on my dark path to my destiny or (3) He is the holder of the light that shines on my dark path to my destiny'. Therefore, if He is the object which contain the substances that produces the light that shine on my dark path to my destiny, and He is also my Lord (a ruler or leader of me, who also possesses the attributes of a normal human being like me whom he is leading e.g. talking, walking, reasoning and feeling etc.), He being the object that contain the substances which produces the light that shine on my dark path I will learn to (1a) call upon and wait for him to produce for me the light that I need to shine on my path to my destiny, or (1b) I will call upon him to give me the substances which I need to use and produce the light I need to shine on my dark path to my destiny as I walk into it. If I choose to call upon him to produce the

light that I need to shine on my dark path to my destiny I will learn to not worry myself of the light being produce or not being produce for me by Him. This is because the reasons that have caused me to choose him to be the one in-charge of the production of the light I need to shine on my dark path to my destiny is that I do lack either (i) the knowledge of how to produce the light myself, or (ii) I do lack all the equipment I need to use for the production process. If these are the two reasons which have caused me to make him the producer of my light to shine on my dark path to my destiny, I need not to worry myself of either he will do the producing of it or not for me, for no matter how I do begin to make myself worry and anxious about these two issues that have caused me to make Him my producer of my light, it can neither produce me the two lacking variables that have caused me to make Him so nor

influence Him to produce the light for me if He decides to change His mind from helping me in the production of the light.

Another reason why I choose to call upon Him to produce the light for me is because I believe and trust in Him that He can and will do it for me, really in exception of He being in the form a human who also possess the attributes of a human being like I do and also possess the knowledge of how crucial a light is to a man's life and world, He is my leader, ruler, boss, coach etc. whom I am under Him, and He expect me to become effective and efficient in my duties to Him. And if He expects the best from me in my services to Him He needs to see to my welfare and also provide the necessary materials I need to use and render my services efficiently and effectively to Him. And if one of the needed things which I do need for me to be efficient

and effective to my services to Him is light, and He really expects the best from me in my services to Him, He will surely provide me with this substance. Therefore, I need not to worry or be anxious of if He will do it or not do for it for me, for my good is His good, or the opposite of mine is His also in rendering of my services to Him.

(1B). If I choose to call upon Him to give me the substances I need to use in the producing of the light I need to shine upon my destiny, I will learn to wait for Him to bring it to me. Howbeit, I won't just start worrying myself of whether He will do this or not do it for me. This is because in exception of a normal human being relationship with his fellow man, which if the person who do possess the thing I need at a specific time of my need refuses to give me the thing because it is in his possession to do so, no matter how I do worry and become anxious of the consequences of he

not giving it to me the thing I want from him, my worry will neither change the situation of he not giving me of it if he has really made up his mind to do so nor influence him to change his made-up mind to not give me the thing, He is the Lord, boss, leader and ruler over me. And as earlier explained above, my being in good state is for His benefit in receiving of good and quality services from me, and verse versa. And if one of the things I do need to be in good state so that I can render my services to Him in good quantity and quality are the components of things I do need to use and produce the light I need let it shine on my dark path as I'm rendering my services to Him, He will surely give it to me. For if He doesn't do it, it will be to His detriment of not receiving good quality and quantity services from me, as I'm doing His work.

2. If He Himself is the light that shines on my dark to my destiny, and He is a being like me, that is a free moral agent not to be controlled and ordered around like a babe or pet in my house, I will learn to be patient with Him till He shine the light of my destiny on my path before I start walking into my destiny. Also, I will learn to create a personal relationship with Him through creating out time from my day to day activities schedule to communicate with Him to know when He will turn-on the light for me to see and walk into my destiny. However, I will not worry myself unnecessary of if He will turn-on the light either at my expected time frame which I do think it is right for Him to turn-on the light for me, or He will turn-on the light for me to see and work into my destiny at His own time frame which He thus think and believe it is right for Him to turn-on the light for me to see and walk into my destiny. This is

because as earlier explained, no matter how I begin to make myself worry and anxious of these two variables above, it will neither change nor influence Him to change His mind from any decision He will take concerning the issue.

Also, if my light is He Himself and He is my Lord (my leader, a ruler over me, my boss, the employer of me to do His work etc.), in exception of me applying the principle of how a man ought to relate with his fellow man when the man is in the position of giving him what he lacks, as earlier explained above, I will learn to apply the principle of how a good servant thus relate with his master so that there can be a good relationship between both of them, which will produce unworried and unanxious life in the life of the servant while serving his master, as earlier explained in the chapter two of this book, However, I will not

frighten myself unnecessarily of anything while doing this, because as earlier said ‘it will neither change nor influence the decision that He has chosen to take in relation to the turning-on my light to my destiny which is in Him, for he is a free moral agent of His decision too’.

3. If He is the holder of my light that shines upon my dark path to my destiny, it simply mean that I will either call and wait for Him to shine the light to my destiny, or I will call and wait for Him to give me the light to shine on my dark path to my destiny. Howbeit, I will not frighten myself of either He will answer me or He will not answer me. This is because as earlier explained, in exception of He being a human-like being like me who also understand the important of light to a man and his environment, a Lord over me which my being in good state is his profiting from me in doing of His will in the way and manner it will

please Him and verse versa, He is a free moral agent of Himself who my worry and anxiety can never change nor influence any decision that He has taken or have chosen to take relating to the Him turning-on the light I do need to see the way and walk into my destiny.

More also, the declaration of one that the Lord is his/her light is simply an expression by the one that a mature being who understand the functions of true leadership which some of its are the caring and seeing to the wellbeing of his subordinates, the possessing of a loving, caring and an tender heart of not being heartless in forsaking and forgetting even the least of his subordinates till he has accomplished the motive behind him choosing and also agreeing to be the leader and the possessor of the subordinates properties by the leader, is the one I have made and also call my possession 'light'. If this is the

meaning of the one simply saying that the Lord is his/her light, it simply mean that he/she doesn't have to worry or live in anxiety while being under His control. This is because for the one whom he/she has made to become the Lord over his/her life and possession 'light' to possess this knowledge and still choose and agree to be the Lord over the one and his/her possession, it simply mean He has an end for it which is not evil in nature, but good. And if that end which He has chosen to become the Lord over the one life and possession isn't evil but good in nature, it simply mean that He can't be so evil, heartless and so uncaring in nature to the one whom He has chosen to become a Lord over his/her life and possession 'light to shine on his/her path to his/her destiny' by leaving and forsaking the one in the dark, when he/she needs the light to shine on his/her path to his/her destiny, until He has accomplished the

motive behind He choosing and agreeing to become the Lord over the one life and possession. He will definitely shine the light for the one to see and walk into his/her destiny when him/her really need it and it is also the right time for Him to do so for him/her. For if He doesn't shine the light for the one at the right time which the one thus need it, it will definitely result to the destroying of His good purpose of choosing and agreeing to be the Lord over the one life and property 'light to be shine on the one dark path of his/her destination to his/her promise land, so that the one can walk in and fulfill his/her purpose of coming to life'. Also, it will express the one whom he/she calls the Lord of his/her life and property 'light' to be an evil and very wicked leader, who doesn't care about His subordinates wellbeing, but His only.

Also, He being so mature in mind to knowing the functions of a true leader to his subordinates to the point of causing him/her to voluntarily surrendering his/herself to Him to become his/her Lord of life and possession 'light to shine in his/her dark path to his/her destination', it simply mean that the one really trust in Him that He will never be so evil, heartless and uncaring to leave and forsake him/her in the dark, when him/her needs light to shine in him/her dark path of life. Therefore, him/her doesn't need to live in worry or anxiety after making Him so.

Finally, when one says 'the Lord is my light' he/she is simply saying; a mature being, possessing the full knowledge of knowing the rightful moment of the day or night of shining my light which is in him or with him on my path to my destiny whom I have voluntarily handed myself over to him to be the Lord of my life is my

possession 'light'. He is wiser than me which is the cause of me choosing to become His servant as well as making Him my inheritance 'light to shine on my dark path'. As such, I will never make myself anxious of when/where He will shine the light for me to see and walk into my destiny, for He thus possess the right knowledge of knowing the rightful place and time to shine the light for me to dwell or see and walk into my destiny. If He shines it at the one hour of the day or at the eleven or twelve hour of the day, it simply mean that that that is the right time which my light ought to be shone for me to see and walk into my destiny. And if He shines it at His left hand side or at His right hand side, it thus implies that that is the rightful path I ought to take to my destiny, and fulfill my life purposes.

Having given you a little explanation of what you do mean when saying as a Christian " the Lord is my light", I

believe that if you begin to view our God with this knowledge, and start walking with Him with this perception, you won't have any reason to be worried about any issue of life that comes your way.

Let me now turn to the chapter of this book that will also give a little understanding to you of how and why you shouldn't worry as a Christian after making God the Lord of your salvation.



CHAPTER FOUR

THE UNNECESSITY OF WORRYING AS A CHRISTIAN AFTER MAKING GOD THE LORD OF YOUR SALVATION

The same meaning as earlier explained in 'the Lord is my light' also applies here. However, it is in relation to salvation which according to the Meridian dictionary and Oxford dictionary it means to save, rescue, redeem and protect one from/against a dangerous thing etc.in which according to these dictionaries, to save means to safe-keep one from danger or loses, protect and guard one against or from danger, to insure one against or from problem. And to redeem means to save one from the power of evil, to

restore someone to his former position, possession, condition or place.

The declaration of one that the Lord is his/her salvation is a very simple declaration by the one that a very great, mighty, powerful and wise being than him/her , whom him/her has handed him/herself to Him to be the Lord (the ruler, leader, coach, the superintendent) of his/her life is his/her possession ‘salvation (safe-place of hiding against or from danger or loses, the saviour of the one against or from danger or loses, the restorer of the one to his/her lost position, possession, condition or good place)’. He being the substance of his/her possession, it simply mean that he/she isn’t alienated or estrange to Him, because it is him/her possession. He/she being not estrange to Him because it is he/she possession, it simply mean that he/she ought not to live a life of worry and anxiety while being

under His control of whether he/she will soon lose Him to another person in the hour that he/she need salvation from or against his/her life risen crises, for He is his/her possession (He is him/her property which wasn't borrowed nor stolen from another man by him/her, who will soon be taken away from him/her when the real owner discover it, which maybe the time that him/her really want Him to be at him/her side, to provide salvation for him/her from or against life's crises).

Also, the declaration of one that the Lord is him/her salvation simply mean that the one is saying, a being with an exceptional quality from a normal man who may only see, hear, reason and understand things or issues of life who I have surrender myself to Him to be the Lord over my life is the one who I call my salvation (fortress). He being my possession which no man can come and take Him

away from me in the time of my needing of salvation, I need not to worry myself of if He will be around to provide for me a safe-place from or against my enemies at the evil hour. This is because He is my possession (my property which is always with me).

Also, in exception of He being my Lord (the ruler, the leader and the superintendent over my life), He is my possession whom I'm also His. If He is my possession whom I'm also His, He won't and can't be so heartless to walk away from me in the time of my trouble, to not provide me with a safe-place to dwell from my enemies who are risen against me. For if He does this, He will be losing His possession to His enemies which also are my enemies.

Furthermore, He being an exceptional person from an normal man who may only see, feels, reason and understand, that is, He is the leader over me, who thus understand the function of a true leader to His subordinates, which some of its were being written at the previous chapter, He won't be so uncaring to not safe-keep from or against my enemies, when they come out against me, nor will He be so heartless to not redeem me from my enemies, when they take hold of me, because for Him to choose and agree to be Lord over me and my salvation 'salvation', it simply mean that He has a purpose for doing so, and He won't and can't let that purpose to be forfeited by my enemies, which also is His enemies, through letting them to take hold and destroy me. He will surely provide me with the salvation I need to be safe from them in the time of my needing of it

Finally, the ability of Him to be an exceptional human-like being (an extra-ordinary human being) from a normal human being (a one who may only see, feels, reason and understand thing or issues of life), it simply mean that He possess first the attributes of a normal human being (seeing, feeling, reasoning and understanding) before possessing the attribute of an extra-ordinary human being (He has power, glory, might, wisdom etc.). If He thus possess the attributes which a normal human being possesses and He is the Lord over me and my possession ‘salvation’, and I’m His possession as He is mine also, it simply mean that He won’t and can’t be so heartless in nature towards me to not safe-keep/guard from/against my enemies, when they are risen against me. He won’t and can’t be so uncaring in nature to not redeem me from the hands of my enemies who may be stronger than me. He

won't and can't be so uncaring towards me to not restore me to my glory which my enemies took or tried taking away from me, for He thus possess a living conscience and senses to understand how it feels like after a man has put all of his hope and trust on another man, and the man whom he did put his trust on him fails him. Therefore, He won't do the above to me.

Furthermore, the declaration of one that the Lord is his/her salvation simply means that the person is saying 'a being with the attributes of a human-like being like me who can see, hear, reason, understand etc. Is the object of thing which either contain (1) the substances that produces fortress to me in my crises hour , (2) He Himself is my fortress, saviour, redeemer, rescuer, the restorer of me during my going astray and loses hour of my glory or (3) He is the holder of the substance that contain my fortress,

saviour, redeemer, restorer etc. from my losses at my crises hour. Therefore, if He is the object of thing which contain the substances that produces fortress for me in my crises hour, and He is also a Lord (a ruler or leader of a set of living beings who also possesses the attributes of the beings whom He is leading like talking, walking, reasoning and feeling etc.), being the object of thing that contain the substances that produces fortresses for me in my crises hour I will learn to (1a) call upon and wait for him to produce for me shelter from my enemies when they come out against me or (1b) I will call and wait upon Him to give me the substances that I need to use and produce the fortress which I need to use and stay safe from my enemies when they are out against me. However, if I choose to call upon him to produce me the fortress that I need to safe-keep myself from my enemies I will learn to not worry

myself of if He will or is capable of producing me with the fortress I need. This is because it is as a result of my lacking of either (i) the knowledge of how to produce the fortress myself, (ii) lacking the knowledge of knowing the rightful place to situate the foundation of my fortress and then start building it, which will be safe from my enemies attack, or (iii) I lacking the necessary resources I need to use for the production process that have caused me to choose Him to do the production of the fortress I need from my enemies for me. If these are the reasons which have caused me to make Him the producer of my fortress from my enemies I need not to worry myself of whether He will produce it for me or He won't do it. This is because no matter how I do start worrying myself of if He will do this for me or He won't do it, it can neither produce me the lacking variables which caused me to make Him my

producer nor influence Him to produce for me the fortress I need if He decides to change His mind from helping me in the production of it.

Another reason that have caused me to choose to call upon Him to produce the fortress for me is because I believe and trust in Him that He can and will do it for me, really in exception of He possessing the attributes of a normal man e.g. seeing, hearing, reasoning and understanding like I do possess, which implies that He thus possess the knowledge of how crucial a fortress is to a man's life and world, He is my Lord (a leader, ruler, boss, coach etc. over me) whom I am under His control, and He expect me to alive and do His duties. And if He expects me to be alive and perform the obligations He has commanded me to perform while being under His ruling-ship then my life is so important to Him, because my dying is His losing of His great asset that

ought to perform His commandment. If that is the case, and He desire me to be alive and perform His commandment to me, and one of the things I need to be alive and do this is Him providing me with a safe-place from/against my enemies or conflict, he will surely provide me with this. Therefore I need not to worry or be anxious of if He will do it or He won't do it for me, because my living is his benefiting from me, and verse versa.

1B. If I choose to call upon Him to give me the substances I need to use and provide myself a fortress, I will learn to wait for Him to bring it to me. Howbeit, I won't just start worrying myself of whether He will do this for me or He will not do it. This is because in exception of a normal human being relationship which if the man who possesses the thing I do need to use and achieve my end refuses to give me of it, my worry and anxious can't neither change

nor influence His decision if He has made up his mind to do so, He is the Lord, boss, leader and ruler over me. And as earlier explained above, my being alive is for His benefiting from me doing His wills and verse versa. And if that is the case, there is no need of me worrying if He will do it for me.

2. If He Himself is my fortress, saviour, rescuer, redeemer and protector from my enemies and crises, and He is a being like me, that is a free moral agent not to be controlled and ordered around like a kid or little pet in my house, I will learn to be patient with Him till He has provided a safe-place for me to dwell from my crises and foxes, learn to be patient with Him to fight and deliver me from my haters, learn to be patient with Him till He has apply the best strategy which He wants to use and deliver me from my crises and foxes, learn to be patient with Him

till He has gotten the right object to use and save me from crises and foxes, and also learn to be patient with Him till He has alerted me that He has gotten a good and safe place for me to stay and be safe from my crises or enemies attack. Also, I will learn to create a personal relationship with Him through creating out time from my daily activities timetable to communicate with Him to know when and where He has provided for me as a place of my salvation, fortress, redemption etc. However, I will not worry myself unnecessary of if He will save me either at my expected time, or at his own time of salvation, because as earlier explained it will neither change, nor influence Him to change His mind from any decision He has chosen to take concerning the issue.

Also, if He Himself is my fortress, protector, redeemer and rescuer etc. and He is my Lord (my leader, ruler, boss,

employer etc.), in exception of applying the principle of creating personal relationship with Him as a man does with his fellow man when the other man is his possession as earlier explained above, I will learn to apply the principle of the relationship of the lord with the servant as earlier explained in the chapter two of this book. However, I will not frighten myself unnecessarily of anything, because as earlier said ‘it will neither change nor influence the decision of His mind when taken, for He is a free moral agent of His decision too’.

3. If He is the holder of the substance that contain my fortress, protection, redemption etc. it simply means that I will either call and wait for Him to provide me fortress, protection, redemption and restoration from my crises and loses, or call and wait for Him to give me the substances that contains all these variables which I do need for my

safety. Howbeit, I will not frighten myself of either He will answer me or not. This is because as earlier explained, exemption of He possessing the attributes of a normal being human like me who also understand the important of fortress to a man and his environment, a Lord over me whom my being alive is an advantage of Him benefiting from me in the fulfilling of His purposes and verse versa, He is a free moral agent of Himself whom my worry and anxiety can never change nor influence any decision that He has taken and think is right for Him take concerning my situation.

More also, when one says “the Lord is my salvation”, he/she is simply saying ‘a mature being who understand the functions of true leadership which one of them is to safe-guard the life and property of his subordinates till he has achieved the end of why he chose to become a leader

over them is my inheritance or possession 'salvation'. Therefore, I won't worry nor make myself to be unnecessary anxious of whether one day He will betray me to my enemies, leave and forget me in the camp of my enemies for them to vex me or become so heartless to not help me in my crises hour. This is because He being a Lord over me, it simply means He has a good end for me, and can't do the above thing which an evil leader will do to his subordinates to me till He has achieve His end of choosing to be a leader over me. He will ever be there for me when I need Him to help me. Also, He being so mature in mind of the functions of true leadership to the point of causing me not to only voluntarily surrender myself to Him to be a Lord over my life, but also causing me to make Him my possession 'salvation from my crises', He will never leave and forget me nor forsake me to my haters at any given

point in time. For my being alive is to His benefiting from me in doing of His wills, and if the providing of fortress for me is the solution for Him to benefit from me, definitely, He will surely do this for me.

In addition, when one says ‘the Lord is my salvation’ he/she is simply saying; a mature being, possessing the full knowledge of knowing the rightful moment of the day or night to fight my battle, rescue me from my enemies, redeem me from my crises and restore me to my glory so that my haters will see, believe me that I have an helper greater than them and feel confounded for ever persecuting or trying to persecute me, whom I have voluntarily handed myself over to Him is my possession ‘salvation’. He is wiser than me which is the cause of me choosing to become His servant as well as making Him, to be the Lord of my life is my inheritance ‘the salvation of my life’. As

such, I will never make myself anxious of when and where He will choose to fight my life battles, redeem me from my foxes, defend me in my crises hour and restore me to my glory, whether it will be too late and unsafe for my redemption, deliverance and restoration, because He thus possess the right knowledge of knowing the right place and time to save. If He comes at the one hour of the day to redeem, deliver and restore me to my glory, or if He comes at the twelve hour of the day to do this, then that is the rightful time which my victory over my enemies ought to come. If He comes and take me to His right hand side to dwell or if He comes and take me to His left hand side to dwell, then that is the rightful place I ought to be to receive the victory and glory I do need from my enemies.

Finally, when one declares ‘the Lord is my salvation’, he/she is simply saying that a mature being who possess

the knowledge that there is no true king over a kingdom who doesn't have warriors at his disposal to protect him and his subordinates life and properties in his territory is the being I have handed myself over to Him to be the Lord of my life and possession 'the strength of my life'. And He thus possesses a lot of great warriors to weigh-war at my enemies at my crises hour so that I won't go out alone to weigh-war with them and then, maybe get myself defeated by them. Therefore, I will not frighten nor make myself anxious of being defeated by my enemies while I am under His control, because he will surely deliver me from them when the hour comes (Matthew10:29-31, 26:52-53, 2Kings6:6-23, 1Samuel24; 1-23, Psalm91:1-16).

Having also explain a little of how and why you shouldn't worry as a Christian after making our God the salvation of your life, through interpreting of what you do mean when

saying that our God is the salvation of your life, I will now turn to the chapter of this book that will also expose to you how and why you shouldn't worry as a Christian after making God the strength of your life. Thank you for continuing in the reading.

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CHAPTER FIVE

THE UNNECESSITY OF WORRYING AS A CHRISTIAN AFTER MAKING GOD THE STRENGTH OF YOUR LIFE

The same explanation as of the previous chapters also applies here. However, it is in relation to the word ‘strength’ which according to Oxford dictionary it means the quality of one being physically strong, having the ability to resist force, pressure or hold heavy weight without being damage, the ability of one to be courageous to confront a difficult, dangerous and painful thing or situation . It is also the ability of one to courageously withstand a difficult thing or situation, the quality of possessing a tenacious spirit in the face of a difficult situation by one, the power to decide and rule over a thing

or place by one, the ability to have an influence over a being's life or area of life by someone, the ability of one to be in the rightful place or position to express his/her perception concerning a specific thing or issue relating to another person's life. It is also the ability to have advantage, superiority over a person's life and situation. Finally, it involves the source of one's power.

The declaration of one that the Lord is his/her strength of life is simply a proclamation and also an expression by the one that a very great, mighty, powerful and wise being than him/her whom him/her has surrender him/herself over to His ruling-ship, so that He can become the Lord over him/her life is also him/her possession 'the strength of him/her life'. He being the one possession or inheritance it simply mean that the one isn't alienated to the possession, but has full knowledge of the possession that it is his/her

property (a property of him/her which can't or won't soon be taken away from him/her in the time of him/her needing strength from it when him/her wants to carry out his/her life activities, because him/her didn't borrow nor stole it from another person who will soon come to take it away from him/her.). If this is the case, it simply mean that the one ought not live life his/her life in worry and anxiety of whether he/she will lack the strength to carry out his/her life activities on daily basis, because the Lord is his/her property of strength which no man can or will soon come and take Him away from the one when he/she needs Him to supply him/her with the strength he/she needs to carry out his/her life's activities. And He will surely always be around to give him/her the strength he/she needs to carry out him/her life's activities. Therefore, as a Christian, after making God the Lord of your possession ' the strength of

your life’, it is an insignificant thing for you to start living your life in worry and anxiety of whether you will lack the strength to carry out the predestined task of His for your life on daily basis, or whether you will have anyone to renew your strength in the day that your strength thus wear-wear, for the Lord is your strength (your possession which no man will take Him away from you in the day of your needing of strength or strength renewal), and He will always be there to give you the strength to carry out the life’s task He has given to you to do.

Also, the declaration of one that the Lord is him/her strength of life is simply a proclamation and declaration by the one that the Lord is him/her possession ‘strength of life’ (He belong to no other person than him/her). If the Lord is him/her possession, it simply means that he/she is the Lord’s possession also. If he/she is the Lord’s

possession just as the Lord is him/her possession, it simply mean that him/her ought not to live his/her life in worry and anxiety of lacking strength on daily basis to carry out the life task which God has given him/her to do on daily basis, because the Lord won't be so heartless and uncaring in nature to not give His possession (the one) the strength to carry out His wills and purposes which He has given him/her to do. He will surely give him/her the strength that he/she needs to carry out the purpose He has given him/her to perform on His behalf. Therefore, as a Christian, it is an insignificant of you to live your life in worry and anxiety of lacking the strength to carry out the purpose which the Lord has given to you to fulfill after making Him not only the Lord of your life, but also the Lord of your possession 'the strength of your life', because after making Him the Lord of your possession you also are become His

possession which He do care about, and won't be so heartless to not give you the strength that you need to carry out the task He has employed you to perform in His kingdom.

Furthermore, as a Christian, the declaration of you that the Lord is the strength of your life is simply an expression by you that an exceptional person from a normal human being who may see, feels, reason and understand etc. whom you have handed yourself to Him so that He will become the Lord over your life is your possession 'the strength of your life'. He being your possession which no man can or will soon come and take Him away from you because you neither stole nor borrow Him from another person which sooner or later he will come for Him, causing you to lost Him, it simply mean that you need not to live your life in worry and anxiety of if He will provide you with the ability

that you need to withstand and overcome every life crises when it arises upon your way. You do not need to live your life in worry and anxiety of if He will be there for you at your crises hour to decide that you have victory over it. You don't have to live your life in worry of if He will be there to take superiority over your enemies, and overcome them for you. This is because He being an exceptional being (a leader, ruler, king etc.) over you and your possession 'the strength of your life' He has a purpose for it which isn't evil in nature but good, and won't and can't let that purpose to be forfeited in your life by life's crises or the enemies of your life through not doing the above for you.

Also, in exception of He being an exceptional being over you, He is a one who thus possess the attributes of a normal human being (He can see, feels, reason and

understand things or issues of life) and He has seen and understand how it feels like for man to be defeated by his enemies as a result of him lacking the strength to overcome them. Therefore, He won't fail to provide you with the strength that you do need to use and fight and overcome your enemies or life crises, really you being His possession which He is yours also. He won't be so heartless and wicked to not help you at your crises hour to overcome your crises or confound those enemies who do trouble your life, through either (I) providing you with the courage and ability that you need to use and confront and fight them till you have gotten victory over them, or (II) He fighting and overcoming them on your behalf. He won't be so heartless and uncaring towards you to not give you the strength that you need to withstand and confront your life's storm moment (at the hour of your life when it seems like the

world is against you, and you don't have anyone to turn to for help). He won't be so heartless to not comfort you, gird you with the strength that you need to withstand the painful and difficult moments of life, so that it won't overwhelm you to bear. For He is your possession and a being with a normal human being quality (He thus possess a living conscience and senses of how you do feel at every specific point of your life).

More also, the declaration of one that the Lord is the strength of my life by one is a simple declaration of the one that a being with the attributes of a human being like me who can see, hear, reason, understand etc. is the object which either contain (1) the substances that produces me with the ability, courage and tenacity to withstand the difficult situation of life at my crises hour, (2) He Himself is the source, master, courage, ability and tenacity of my

life or (3) He is the holder of the substance that contain (I) my ability to withstand life difficult situation(s), (II) my courage to confront my life mountains, (III) the substances that possess my strength or the one that decide the volumes of responsibility I should bear when I'm in trouble etc. Therefore, if He is the object that contain the substances that produces me with the ability, courage and tenacity to withstand the difficult situation of life at my crises hour and He is also my Lord (a ruler or leader over me with the attributes of human like me, e.g. talking, walking, reasoning and feeling etc.), He being the object that contain the substances that produces me with strength, power, courage and tenacity to withstands 'the storms of life' at my crises hour I will learn to call upon and wait for Him to produce me with the ability, courage and tenacity to withstand, confront and overcome my crises or I will call

and wait upon Him to give me the substances that I need to use and produce the substances I need to use and confront my life crises at the time it confront me. However, if I choose to call and upon Him to produce me with the substances I need to use and confront and overcome my life mountains at the time it does comes upon my way I will learn to not worry myself of if He will or is capable of producing it for me. This is because the reasons which have caused me to choose Him to do the producing of these substances I need to use and conquer my life difficult situations is as result of my either (a) lacking of the knowledge of either how to get the best and most rightful resources needed to be used for producing of the ability, courage, tenacity and energy needed by me for the defeating of my foes, or lacking of the resources needed to use for the production process, (b) lacking of the

knowledge of knowing the rightful courage, power and authority to display over my foes or unpleasant life situation so that I will obtain the victory I need over them, or (c) lacking of the knowledge of knowing the rightful place and hour to display my power, authority and courage over my hard life situation or my foes, so that I will obtain the victory I needed over the. If these are the reasons that have caused me to make Him the producer of my strength in my difficult moments of life, then I need not to worry myself of either He will do this for me or He won't do it for me. This is because no matter how I start worrying myself over it, it will neither produce me these lacking variables of mine which I need for the obtaining of my dominion over my foes or hard life situation, nor will it change or influence any decision that He has made-up His mind to take concerning the producing of these my lacking

variables, that is whether He will help me to do it or will not help me.

Another reason I chose to call upon Him to produce for me the power, courage, and stamina I need over my enemies, and also be a superior being over my difficult situation(s) is because I believe and trust in Him that He can and will do it for me. This is because really in exemption of He being a living being who also possess the attributes of a human being like I do and also possess the knowledge of how crucial strength is to the life of a man and his world, He is my leader, ruler, boss, coach etc. whom I'm under Him, and He expect me to alive and do his duties. And if He expects me to be alive and carry out His commandments to me, then, my life and health must be so important to Him (for my dying or paleness shall surely lead to His losing of me to carry out this command). Therefore, if one of the

things I need to be alive and appear healthy before Him to carry out His commandments to me is strength (power, courage, tenacity and a master over my hard situations), He will surely provide me with this. So therefore, I need not to worry or be anxious of if He will do it or not for me, because my life and health is a blessing to Him in carrying out His commandments to me, so that He can achieve His end(s) and verse versa.

2. If I choose to call upon Him to give me the substances I need to use and provide myself the substances which jointly form my strength, I will learn to wait for Him to bring it to me. Howbeit, I won't just start worrying myself of whether He will do this or will not do it for me. This is because in exemption of a normal human being relationship which if the being who possesses the thing I do need to use and achieve my end refuses to give me the

thing because it is in his possession to do so, my worry and anxiety over him refusing to give me the thing I need will neither change nor influence him to give me the thing if he has made-up his mind of not giving me of it, He is the Lord, boss, leader and ruler over me. And as earlier explained above, my life and health is a blessing to Him of achieving His set out goal through me. Therefore, He will surely do this for me.

Let me use this moment to expatiate a little on the subject of calling and waiting on the Lord for Him to provide us the needing substances of our life which we do need to have dominion over our hard life situations or our foes, which He Himself is the substances, that is the light that shines in our dark path to our destiny, our salvation from life crises, and really the strength of our life during our life crises moment, which this chapter really focuses on, before

continuing with the explanation of what it mean by us saying ‘ the Lord is the strength of my life’.

The calling and waiting upon the Lord by someone for either the obtaining of his/her strength (power, energy, source power, tenacity, authority or master over his/her hard life situations or foes) from the Lord or for the receiving of victory over his/her continuous battling with his/her enemies or hard life situations at a specific point in time of his/her life involve the seeking of God’s intervention by the one, for Him to either control or bring to an end this hard life situation or battle with him/her enemies. This can be achieved through either the one creating out time from his/her working schedule on daily basis to communicate with the Lord of this hard life situation or foes in prayer and in listening to His word through the reading of His word from the holy bible, (II)

good literature that expresses the mind of God to him/her concerning the specific issue, (III) listening to good inspirational messages from good orators who have preach messages relating to the one issue (how he/she can overcome the issue) or (2) through the one fasting and praying to God concerning the specific hard life situation or foes.

Fasting here involves the denying of one of his/her meal for some minutes of the hours, some hours of the day(s) or some day(s) of the weeks (according as your strength can carry you), so that he/she flesh will get weaken a little for the one spirit to get high and cry out to the Lord for his/her heart desire. It isn't a thing of punishing yourself to the point of dying, as some Christians do. It only involves a state of making your body a little weak in nature so that your spirit will come alive through the denying of yourself

of your meal for some hours of the time of the day or weeks; according as you know that your body system will be able carry you to do so.

Prayer here involves the expressing of the one heart desire to God either in thoughts (Ephesians3:20-21) or really in words concerning the specific issue burdening his/her mind till he/she get solution for it from the Lord (Matthew7:7-11, 1 Thessalonians5:17).

What do I mean?

1. Prayer doesn't involve the process of one reading books documented with someone else's prayer point at a specific point in time, as some Christians used to do when they want to pray to God. It only involves the expressing of one's mind to God of what is burdening him/her at a specific point in time of him/her life. It involves the

process of just saying to God ‘please father, come to my aid concerning this specific issue confronting me now’. The use of documented books of prayer points of other people for your prayer when you want to express your mind to God concerning the specific issue of life burdening your mind, as some Christians do when they want to pray isn’t really a necessary thing for you to do before God can hear and attend to your life heart burden when praying to Him as a Christian. This is because the person whom you are praying to isn’t an alien who doesn’t know you. He is your father who created you in His image and likeness, and thus understand your heart desire, the best language which do understand and can use very well to express yourself to Him concerning your heart desire and doesn’t desire you to express the mind of another person to Him when telling Him your problem through reading of their past prayer

points to Him before He will answer you. He only desire to hear the expression of that your heart-burden to Him with the words of your mouth so that He can come to your aid according as you have said to Him for Him. In fact, note this; the using of prayer bulletins to make your heart desire known to God for your specific heart burden is like when a man is having an health issue problem and need medical attention for it. And by the grace of God He got connected to the president of our great nation Nigeria, President Mohammed Buhari. And when the president of our great nation asked him to say what He wants from him, the man remember a book that he read of, concerning a specific man who needed a wife from the president and when he got in contact with him he requested that from the president and the president did that for him. Having remembered this, the man with the health issue problem, instead of

requesting for medical attention from the president so that the president may connect him to the best doctor who will attend to his need, he began requesting for a wife from the president for himself.

Why do I say so?

Some of these prayer bulletins which some Christian do use for their prayer are document which contain a specific need of the writers of these bulletins who did pray to God for it, when he/she did have that problem, and God answered them. However, for the purpose of their personal commercialisation purpose they convert these prayers into a prayer bulletins for other people to purchase and use it for their prayer point when praying to God concerning the specific issue burdening their mind at a specific point in time of their life. And sometimes, some of the Christians who do use these prayer bulletins maybe having an

academicals problem at the moment which they are using these bulletins to be a guide to what they should say to God as they are praying to Him. Howbeit, as a result of the prayer bulletins which they are reading focusing on people with marital issued which isn't really their problem at that moment of them praying to God, instead of them praying for their academicals issue to God for Him to come to their aid they begin praying to God concerning marital issue which doesn't concern them at the specific point. This is why I said you should avoid this when making your prayer to God. Instead, express your heart desire to God in the best way and manner which you can do that to Him concerning the specific issue burdening your heart, and the Lord will meet you at the point of your need.

In fact, know this that prayer points are like a bullet in the gun of a man to shoot at his enemies at a specific point in

time of his life. A bullet in the gun of a man in Canada isn't design to be used and shoot at his enemies in Japan. Instead, it is design to be used by the man to shoot at his enemies in front of him. Therefore, as a Christian, when using a bulletin to make your prayer known to God which isn't in relation to your present need, you are like a man with a gun whose enemy is in front of him, and instead of shooting the gun in his hand at his enemy in front of him he is shooting it at the air saying he has an enemy across the sea. This is why I advise you as a Christian, when making your prayer to God concerning the burdens of your mind forego the use of these bulletins, and express your mind to the Lord in the best language and way which you can do this, and the Lord will meet you at the point of your need.

2. Prayer doesn't involve the process of one making his/her heart desire to God so that other people will see him/her that he/she can pray very well, just as the Scribes and the Pharisees used to do in the days of Jesus Christ, which the Lord said it won't produce any profit to anyone who does it (Matthew 6:5-8). It also doesn't involve the process of one going to seek out many vocabularies from the dictionaries to speak to God concerning his/her need(s), and after that he/she goes to his/her parlour, sit down, cross his/her legs and say to his/herself 'I have spoken so many wonderful grammar to the Lord. I'm a good English student indeed''. And after that, he/she forget about it.

Prayer involves the process of one seeking God's intervention for his/her need(s) till he/she gets an answer from Him. In fact, note that without you getting a solution to the issue that caused you to pray to God you haven't

really pray to the Lord, for until there is a solution to your problem when you do pray to Him, there won't be any sign to give to the people around you that you do have a God whom when you have a problem you can turn to Him for help, and He will help you (Matthew5:5-8, 1Samuel1:1-20, 1chronicles4:9-10, Genesis32:1-32, 33:1-4). Therefore, when you are making your prayer to God as a Christian, make sure you make it till you get an answer from the Lord of what caused you to pray to Him.

Also, note this; fasting without prayer being made to God by someone when seeking God's intervention against his/her bad or hard life situation is like when the one is going for an hunger strike without having any reason of him/her doing so. This is because God, sometimes, even when He knows that you need a specific thing still desire that you express it to Him with really the words of your

mouth. This isn't being done because He lacks the knowledge of what you want. No, it isn't at all. He does this because you are being created in His image and likeness, which is through the word (John1:1, 14, Genesis1:26-27, Psalm82:6, John10:34). And as result of this, sometimes, He desires to hear you speak that word to Him before He can come to your aid (Psalm81:10, Matthew7:7-11). This is why the great psalmist, David, through the inspiration of the Holy spirit, after writing out all the qualifications needed by one to ascend into the special hills of God, or you may call it 'the special house of God's grace for all those who love and do His wills in the way and manner it pleases Him', in psalm 24:3-6, and then admonished his congregation to do so if they did desire to obtain this favour from the Lord in verse seven of the same bible chapter, stating "lift up your heads, O ye gates; and

be ye lift up, ye everlasting doors; and the King of glory shall come in', meaning 'live your life above these things that I have written unto you, saying that it is capable of being an hindrance to you from obtaining this special favour from the Lord, which He has preserved for only those who are really connected to Him through the process of them living their life according to His pleasing, that is the forgoing of them to do these things which displeases Him as earlier mention; all you image and likeness of God whom He calls His children, if you really desire the favour from Him, and His spirit shall come and take you to this special house of his grace, where the Lord Himself shall come to meet you, just like when He told Elijah to go up to the mountain and wait there for Him to come and meet him, when Elijah was running away from Jezebel, because she threaten to kill him for killing of her prophets

(Genesis1:26-27, Psalm82:6; 95:7, John10:34, John10:14, 1Corinthians3:23, John10:9, Psalm24:7 1Kings19:1-13) then admonish them in verse nine of the same bible chapter to make their heart desire known to the Lord through them saying it to Him so that He will hear it from their mouth and then grant them their heart desire by stating 'lift up your heads, O ye gates; even lift them up, ye everlasting doors; and the King of glory shall come in', meaning 'now I believe you have done away with what I earlier told you will be an hindrance for you into this special house of God's grace set apart for all those who love and do his will, and his spirit has come and has taken you to this special house of His grace or holy hill, make your heart desire known to the Lord, and make it very clear for Him to hear it and see that you really mean what you are saying. Then the Lord will grant you your heart desire, just as He did it

for Elijah when He met him at the place He told him to be, and then asked him what was his heart burdens, which Elijah did expressed to Him, and He did solve it for him (1Kings19:14-21)'.

Again, the expressing of one heart desire to God of what he/she want from Him whenever he/she wait or call up him is so crucial. This is why the psalmist did really did emphasis on it by stating 'Lift up your heads, O ye gates; even lift it up, ye everlasting doors; and the King of glory shall come in', meaning again 'make known your request, you children of God, unto your heavenly father. Make it very clear for Him to hear you, you heir to his blessings, and the most High shall come to your aid'. Therefore, when you wait upon the Lord in fasting also learn to join it with prayer so that the Lord will come and meet your heart desire.

As a reminder, the expressing of one heart desire to God of what he/she want from Him isn't a sign of the inability of God to know what he/she want(Ephesian3:20-21). It is only that He desire hearing it from the being's mouth so as to use it to measure the level of his/her faith on Him. In fact, note this 'When God makes enquiry from a man about a thing; He isn't doing it because He has restricted knowledge about the thing. However, He does this so as to test the man (to bring out the real nature of the man from the man, that is whether He is such a one who do keep to His commandment), in which through the man's reply to Him, He uses it to determine His next step of action(s) towards him (the man)(Genesis3:8-24.4:1-12, Psalm51:17, Ezekiel37:1-10, Mark10:46-52, Matthew15:21-28, Revelation7:13-17)'.
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When the Lord thus intervenes in the one turbulent situation(s), what He does is that He either ``empower the mind of the one with the strength (power, courage and persistency spirit) he need to use and tackle the situation(s) or foes troubling him/her till he/she gets victory over them (2Samuel22:33-43, Luke10:19), or He solve the problem of the one by Himself by taking mastery over it on the one behalf (isaiah40:28-31, 41:1). However way He does this, the action always lead to the reviving or renewing of the one spirit to go and carry out the pre-destine task He did gave to him/her to do before the crises occurred (Jeremiah1:5, John15:16, 2Peter2:9).

Let's now go back to our study of what it means to be said by one 'the Lord is the strength of my life'.

2. If He Himself is my salvation (power courage, tenacity master of my strength, the source of my strength, the one who has the authority to speak or have an influence of how my life hard situation should be unto me), and He is a being like me, that is a free moral agent not to be controlled and ordered around like a kid or pet in my house, I will learn to be patient with Him till He has either provided me with the strength I need for my life battle, learn to be patient with Him till He has provided a safe-place for my dwelling from my crises hour so that my strength won't be wear-out by my crises, or my strength will get renew to go back and fight and get the victory I need from its , learn to be patient with Him till He fight and deliver me from my haters so that I won't go out and weigh-war with them and get my strength wear-out, learn to be patient with Him till He has apply the best strategy

which He wants to use and deliver me from my crises and foes who desire to see me be in a state of frailness and paleness as someone who is ill and have non to come to his/her aid, learn to be patient with Him till He has gotten the right object to use and save me from my crises and foxes so that I won't go out with an improper battles tools and get my strength wear-out by its, when it does malfunction in the battle field as I am battling with my hard situation(s) or foxes, or learn to be patient with Him till He has alerted me that He has gotten a good and safe place for me to stay and weigh-war with my crises or foes, and get the victory I need over them without my strength being wear-out. Also, I will learn to create a personal relationship with Him through creating out time to communicate with Him like earlier explained above, so that I will know when and where He has provided for me

as a safe-place to dwell and obtain dominion over my life crises, without getting my strength wear out by its. However, I will not worry nor make myself anxious unnecessary of if He will either save me from my crises so that my strength will get renewed to weigh-war with my crises or foes. This is because it will, as earlier explained, neither change nor influence Him to change His mind from any decision he has taken concerning the issue.

Also, if He Himself is my strength (power, courage tenacity, energy, superior being over my life and situation etc.) and He is also my Lord (my leader, ruler, boss, employer etc.), in exception of applying the principle of creating personal relationship with Him as a man does with his fellow man when the other man is his possession as earlier explained, I will learn to apply the principle of the relationship of the lord with the servant as earlier explained

in the chapter two of this book. However, I will not frighten myself unnecessarily of anything, because as earlier said ‘it will neither change nor influence the decision of His mind when He takes it, for He is a free moral agent of His decision too’.

3. If He is the holder of the substance that contain my strength, it simply mean that I will either call and wait for Him to provide me with the fortress, protection, redemption and restoration from my crises and loses so that my strength will get renew, or I will call and wait for Him to give me the substances that contains all these variables which I do need for my safety and renewal of my strength. Howbeit, I will not frighten myself of whether He will answer me or not. This is because as earlier explained, exception of He being a human being like me who also understand the important of fortress, protection, restoration

of one to his/her glory in relation to the renewing of his/her strength, a Lord to me whom my being alive and healthy is a blessing to His glory advancement, He is a free moral agent of Himself who my worry and anxiety can never change nor influence any decision that He has chosen to take concerning the issue relating to what is in His possession and control to do, which He thinks it is right for him to do.

In addition to what it thus mean by one to say that the Lord is the strength of him/her life, when one says “the Lord is the strength of my life”, he/she is simply saying ‘a mature being who understand the functions of true leadership which one of them is to safe-guard the life and see to the good health of his subordinates till he has achieved the end of why he chose to become a leader over them is my inheritance or possession ‘strength of my life’. Therefore, I

will not worry nor make myself to be unnecessary anxious of whether one day He will betray me to my enemies to wear-out my strength from me, leave and forget me in the camp of my enemies to vex me till all my strength is wear-out from me or become so heartless to not help me in my crises hour me with the strength I need for the overcoming of its. This is because He being a Lord over me as a result of my voluntary surrendering of myself to Him due to my seeing of Him to be a good being capable of leading me to my promise land, and He also accepting to be my Lord, it simply means He has a good end for me, and can't do the above things which an evil leader will do to his subordinates to me until He has achieve His end of choosing to be a leader over me. He will ever be there for me when I need Him to help me. Also, He being so mature in mind of knowing the functions of true leadership till the

point of causing me not to only voluntarily surrender myself to Him to be my Lord, but also causing me to make Him my possession ‘the strength of my life’, He will never leave me, forget me nor forsake me to my haters at any given point in time of my life for them to torment and wear-out the strength in my soul. For my being alive, being in good health and full of strength is His benefiting from me in doing of His wills to the achieving of His end (the advancing of His glory in the presence of His enemies who are also my enemies). And if the providing of strength to me is the solution for Him to benefit from me, definitely, He will surely do this for me.

In more to the meaning of one saying that the Lord is the strength of his/her life, when one says ‘the Lord is the strength of my life’ he/she is simply saying; a mature being, possessing the full knowledge of knowing the

rightful moment of the day or night to fight my life battle, rescue me from my enemies, redeem me from my crises and restore me to my glory so that my strength may get renew, whom I have voluntarily handed myself over to Him to be a Lord over me is my possession ‘the strength of my life’. He is wiser than me which is the reason of me choosing to become His servant as well as making Him my inheritance ‘the strength of my life’. As such, I will never make myself anxious of when He will choose to fight my life battles, redeem me from my foxes, defend me in my crises hour and restore me to my glory so that my strength will get renew, whether it will be too late for my redemption, deliverance and restoration and renewal of my life, because He thus possess the right knowledge of knowing the rightful place and hour to save me and get my strength renew. If He comes at the one hour of the day to

redeem, deliver and restore me to my glory and get my strength renew, or if He comes at the twelve hour of the day to do this, then that is the rightful time which my victory over my enemies or hard life situation ought to come. If He comes and take me to His right hand side to dwell or if He comes and take me to His left hand side to dwell, then that is the rightful place I ought to be to get my strength safe and renew from my enemies.

Finally, when one declares 'the Lord is the strength my life', he/she is simply saying a mature being who possess the knowledge that there is no true king over a kingdom who doesn't have warriors at his disposal to protect himself and his subordinates life and properties in his territory whom I have voluntarily surrender myself to Him to be the Lord of my life is the being I have also made to be my possession 'the strength of my life'. And He thus possesses

a lot of great warriors to weigh-war at my enemies in my crises hour, so that I don't get my strength wear-out by them through fighting alone with them. Therefore, I will not frighten nor make myself anxious of being defeated by my enemies when I'm under his control, because he will surely deliver me from them when the hour comes.

This is only the little out of the much which the Lord did exposed me to on that day, of what it means to be said by one “ the Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid of?” With this I did really have deeper understanding of what the great psalmist, David, meant when he wrote in other verses of the same scripture chapter that he has nothing to worry about as long as he is alive. In fact, saying in verse four(4) of this same scripture portion that the only desire of his heart was to be in the presence of

God all the days of his life, just to behold his beauty and glory, and make enquiry from Him of how he should his life (Psalm24:2-10).

And now I have exposed you a little to what the Lord exposed me to on that beautiful day, of whom He is to us, and whom we are to him; and how our relationship with Him should be when we call Him ‘ the Lord of our life, the Lord of our light, the Lord of our salvation, and the Lord of the strength of our life’ I pray that as you apply these principle in your Christian walk with Him, He will free you from all things that tries to cause you worry and anxiety in your Christian life, in Jesus name. Amen.

ABOUT THE AUTHOR

Archibong Emmanuel Etim a.k.a. Emy Young; the pretty butterfly is a final year student of the department of business management of business administration faculty from the university of uyo, Akwa Ibom State, Nigeria. He is also a singer, song composer, writer and a versatile talented young man, really in the field of art and business administration. He is such an endow young with a whole lot of potentials which can cause you to start pondering why God created him in such a way he is being created.