

# HUMAN'S MENTAL TIME TRAVEL

**Sagnik Palit**

Whoever said that time travel is not possible????.....Human beings have always been successful in travelling through time. The human body is philosophically made up of two parts: the physical state and the mental mind. It has never been possible for us to only travel time physically. But what about the dreams?....Don't they sometimes pinch us about our past or forecast something absurd in our future that sometimes seem to get matched in the reality!!! It is only because our mind can travel time. When we think we travel time, when we plan we travel time and even when we take any action we travel time!! Human beings have always craved for something big, something grand or something great. But GOD has always provided us with the basics. Human have always desired to travel through centuries, decades and ages but had to remain contented with travelling through nanoseconds, milliseconds, years, etc. Traveling through time has been different in different prospects both physically and mentally. While in reality it has been proved by

various theories that if we want to travel time physically then it is not possible to travel to our past, on the other hand travelling time mentally gives us the opportunity to travel time and reach both our past and our future. When we travel time mentally to our past we call it a memory while when we travel time mentally to our future we call it our aim in life. The dreams provide us with solutions to the hindrance or the difficulties that we are facing to reach up to that aim of ours. Most of the people can't remember their dreams after waking up. And that is the reason why most of us cannot accomplish our dreams to succeed in achieving our aim. While travelling time has been so simple mentally, it has still not been possible to travel time physically. Increased level of concentration helps us in travelling time mentally. Concentration is nothing but just focusing on any one thing with all the power of our brain. There are approximately million billion neuron connections in our brain out of which hardly even 2% works properly. Increase in the level of concentration helps increase this percentage. Also proper level of water in the body helps increase concentration. It is possible that by increasing this percentage we can become a "jatiswar" meaning "remembering birth". He or she will be able to recount memories of even from the past life as well as see the near future. Experience adds upon this framing of dreams that helps us to attain our aim. Mental time travel thus becomes the fastest time travel ever that man has been practicing since ages. Not only do we as humans have

this capability, even some of the cells present in our body possess this. And one thing becomes clear that if mental time travel wasn't possible then by around a year of our birth, we would have perished. Even the speed of light cannot compete with the speed of travelling through time mentally. This mental time travel thus leads the way to astrology which is considered to be a pseudo-science.



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