



Human Duality Principle: The Dual nature of Human Being

/ Spiritual-Self (Spirit & Gnosis) and Natural-self (Body & Mind), the Dual nature of Human being:

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From the beginning of human civilization the Questions which are repeatedly asked from the past to the present scientific age are:-

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| a. What is the reality of God? | b. Does God Exist or not? |
| c. How and why the Universe exit? | d. What is the ultimate purpose of human being? |

The three Great Scientists Roger Penrose, Stephen Hawking and Michio Kaku wrote:-

1. **Roger Penrose:** - “The space-time singularities lying at cores of black holes are among the known (or presumed) objects in the universe about which the most profound mysteries remain—and which our present-day theories are powerless to describe. There are other deeply mysterious issues about which we have very little comprehension. It is quite likely that the 21st century will reveal even more wonderful insights than those that we have been blessed with in the 20th. But for this to happen, we shall need powerful new ideas, which will take us in directions significantly different from those currently being pursued. Perhaps what we mainly need in some subtle change in perspective something that we all have missed”.
2. **Stephen Hawking:** - “If we discover a complete theory, it should in time be understandable in broad principle by everyone, not just a few scientists. Then we shall all, philosophers, scientists, and just ordinary people, be able to take part in the discussion of the question of why it is that we and the universe exist. If we find the answer to that, it would be the ultimate triumph of human reason---for then we would know the mind of God”.

3. **Michio Kaku:** - “Will this theory of everything give us the meaning of life? Years ago, I saw a strange poster from a meditation society. I recognized that it faithfully published all the details of the super-gravity equations, in their full mathematical glory. Attached to each term of the equation, however, there was an arrow that said “peace,” “tranquility,” “unity,” “love,” etc. In other words, the meaning of life was embedded in the equations of the theory of everything. Personally, I think it is unlikely that a purely mathematical term in an equation from physics can be equated to love or happiness. However I do believe that the theory of everything might have something to say about meaning in the universe. As a child, I was raised as a Presbyterian, but my parents were Buddhists. These two great religions have, in turn; two diametrically opposed points of view concerning the Creator. In the Christen church, there was an instant of time when God created the world. The Catholic theologian and physicist Georges Lemaitre, one of the architects of the Big Bang theory, believed that Einstein’s theory was compatible with Genesis. However, in Buddhism, there is no God. The universe had no beginning or end. There is only timeless Nirvana. So how can one resolve these two diametrically opposite points of view? The universe either had a beginning. Or it didn’t. There is no middle ground. But actually, the multiverse theory gives a radically new way of viewing this contradiction. Perhaps our universe did have a beginning, as mentioned in the Bible. But perhaps Big Bang are happening all the time, according to the inflation theory, creating a bubble bath of universes. Perhaps these universes are expanding in a much larger arena, a Nirvana of hyperspace. So our universe had a beginning and is a three-dimensional bubble floating in a much larger space of eleven-dimensional Nirvana in which other universes continually arise. Thus, the multiverse idea allows one to combine both the creation mythology of Christianity with the Nirvana of Buddhism into a single theory that compatible with known physical laws.

In the last he wrote, so the theory of everything is more than just a beautiful mathematical theory. Ultimately it could be our only salvation”.

Understand the Reality of God and Existence of Universe:

The methods used for understanding the **Reality of Great God** and the Existence of **Universe** required mathematics, cosmology, physics, astronomy, philosophy, religion, psychology, music, literature and Gnosis (spiritual knowledge).

Now the question is do we really understand the reality of the Great God?

“Because if He is the basic cause of everything. So first we have to understand the reality of God”.

The reality of Great God is complicated to comprehend for everyone because every natural-self tends towards the physical universe.

The Great God has no beginning and no end. He is without the beginning and without the end, He is the unique entity in himself and nothing is like unto him. He is beyond the space-time, all scientific equations and beyond beautiful mathematical theory. He is mostly beyond the universe and the Mind.

To understand the origin of life, universe and multiverse we first have to comprehend the reality of Great God.

To grasp the reality of Great God is impossible for natural-self (mind) because the human mind itself is processing in space-time and consequently mind cannot grasp him.

Now anyone can ask the question what is the proof of the Great God?

“The Proof of the Great God is the spiritual-self of human being as only the spiritual-self can grasp Him.”

The inner make-up of human being is twofold self (the natural self and spiritual self). The two phases or propensities within the human being, one which tends towards earth and physical and sensory pleasures, and the other which tends towards gnosis (knowledge) and the spiritual realm.

Spiritual-self (spirit):-

The Spirit is the foundation of spiritual-self and it tends towards the gnosis(knowledge) and the spiritual realm, it is not composed of any kind of material, strings or energy or anything that can be measured by any kind of mathematical theory or scientific equations.

From the spiritual experience, spiritual observations and spiritual realization we know that the Spirit exists beyond space-time and it is identical with deeper self. The Spirit is a **Command** (real love allied with spiritual knowledge) from the Great Spirit or **Great God**. The enthusiastic one corresponds to the spiritual realm lives in pure duration (in real time).

The Spirit has nonmaterial quality, beyond space-time and cannot be explained by any mathematical equations or methods. In reality the spiritual self of Human Being is timeless; this realization of timelessness and his eternal love can attain the reality of Great God.

Natural-self (Mind):-

The Mind of the Human Being exists and process in space-time. The Brain is composed of matter and it process in the form of energy waves or electrical signals are actually wave nature of matter and these energy waves or **thoughts** are known as Mind, these electrical signals of mind exists and process in space-time. The power that controls and regulates the body are actually controlled and ruled by the **Mind**. The Mind has supremacy over matter and is the source of all activities of the body and it is the dynamic force which fashions the matter according to its own needs. From the scientific discoveries, equations, observations, inventions and reasons it is clear that the Universe Exists in **Space-time**.

The Multiverse theory is in progression and scientists are doing best to recognize the existence of Multiverse. The multiverse is a hypothetical group of multiple universes. Together these universes comprise everything that exists: the entirety space, time, matter, energy, information, physical laws and constants that describe them. The different universes within the multiverse are called “parallel universes”, “other universes”, “alternate universes”, Quantum universes, “alternate timelines”, or “many worlds”.

Therefore the universe is not a closed or blocked universe incapable of any change rather it is a dynamic and flexible universe and it is not a complete act but still in the process of design and creation. The whole Universe is composed of space-time, matter (Strings), dark matter, dark energy, physical laws and constants means anything that can be measured through mathematical theory, scientific equations and scientific observations, consequently the Existence of Universe or Multiverse are observed through **Mind**. The natural-self or Mind is related to the physical existence expresses itself as a series of discrete states and lives in space-time.

Wave and particle Duality of Matter:-

As we know from Quantum Physics that the Matter has Dual Nature:

Wave and particle Duality of Matter:

The concept of wave nature of matter arose from the dual character of radiation which sometimes behaves as a wave and at other times as a particle.

Similarly like radiation, matter also has dual (particle-like and wave-like) characteristic.

According to this hypothesis, all matter particles sometimes behave like wave and at other times behave like particle.

Heisenberg's Uncertainty Principle:

According to uncertainty principle it is impossible to determine simultaneously both the position and momentum of a particle with accuracy.

In other words the simultaneous determination of the exact position and momentum of a moving particle is impossible.

The new concept "Human Duality Principle" is defined as:-

/ Spiritual Self (Spirit & Gnosis) and Natural- self (Body & Mind), the Dual nature of Human being:

Naturally (Mind) and spiritually (spirit) Human Being is self-contained center and the highest power is integrated in him with the highest knowledge. The eternal reality is within the self-realization and self-assertion which perfects the human personality. Human Being is the most exclusive individual and therefore the duality of spirit and mind both are associated with him.

The self in its inner life has two phases, subsequent to its natural (mind) and spiritual (spirit) existence.

The natural-self (Body & Mind) of Human Being is integrated with space-time and therefore the space is to time what body is to mind.

The Spiritual-self or Spirit of Human Being is only ultimate reality and this reality is independent of space-time. Therefore let us say Spiritual-self as **Spirit** and natural-self as **Mind**.

// {Spirit and Mind Duality of Human being :}

According to this hypothesis all the human being in space-time perform like the Mind and beyond space-time perform like the Spirit.

Human Being also has dual (Spirit-like and Mind-like) characteristic.

// {Human Duality Principle: The Dual nature of Human Being}

/ {It is impossible for a person to observe (vision) simultaneously (in space-time) both the Reality of Great God and the Existence of Universe.}

Or simultaneously (in space-time) Observe (vision) the Reality of Great God and Existence of Universe for a person is definitely impossible.

Conversely:- { It is possible for a person at sometimes to observe (vision) the Reality of The Great God when he attain his own-self like the spirit and other time to observe (vision) the Existence of Universe when he attain his own-self like the Mind. }

Human being, figure out the Existence of the Universe or Multiverse through observations, scientific discoveries and skill of mathematical equations, and this nature of talent is performed by the Mind.

Similarly human being, comprehend the reality of Great God through spiritual knowledge, real love and skill of gnosis, and this mode of competence is accomplished by the spirit.

The Vision of God is the perfect and direct knowledge of God which will represent the highest bliss for the observant.

The Mind can attain indirect and incomplete knowledge of God. While the Spiritual self can attain the direct and complete knowledge of God.

The **Perfect Human Being** is aware of his spiritual-self as well as his natural-self, always remain in present state with high alertness and consciousness, a complete intellectual and an unique individual the super creation of a Greatest God and this great spiritual-self, goal of humanity is the only “**witness of the Greatest God**”.

The “Great God” cannot be observed or visualized by high technological machines, beautiful mathematical theory and scientific equations, thus only the Spiritual-self can **grasp** Him.

Ajaz Ahmad Shah