

























- [10] Devleesschauwer, B., Havelaar, A. H., Maertens De Noordhout, C., Haagsma, J. A., Praet, N., Dorny, P., ... Speybroeck, N. (2014). Calculating disability-adjusted life years to quantify burden of disease. *International Journal of Public Health*, 59(3), 565–569. <https://doi.org/10.1007/s00038-014-0552-z>
- [11] Foex, P., & Sear, J. W. (2004). Hypertension : pathophysiology and treatment. (June). <https://doi.org/10.1093/bjaceaccp/mkh020>
- [12] Fuchs, F. D. (2018). Essentials of Hypertension. In *Essentials of Hypertension*. <https://doi.org/10.1007/978-3-319-63272-8>
- [13] Hawa Abu, Hanan Aboumatar Kathryn A. Carson, et al. (2018). Hypertension knowledge, heart healthy lifestyle practices and medication adherence among adults with hypertension. *PMC*, 6(1), 14–16.
- [14] Ike, SO, Aniebue, PN, Aniebue, U. (2010). Knowledge, perceptions and practices of lifestyle-modification measures among adult hypertensives in Nigeria. 1, 55–60.
- [15] Iqbal, R., & Ahmad, Z. (2012). A Statistical Analysis of Hypertension as Cardiovascular Risk Factor A Statistical Analysis of Hypertension as Cardiovascular Risk Factor. (January). <https://doi.org/10.5829/idosi.mejsr.2012.12.1.1649>
- [16] Jongen, V. W., Lalla-edward, S. T., Vos, A. G., Godijk, N. G., Tempelman, H., Grobbee, D. E., ... Klipstein-grobusch, K. (2019). Hypertension in a rural community in South Africa : what they know, what they think they know and what they recommend. 1–10.
- [17] Maginga, J., Guerrero, M., Koh, E., Holm, C., Shedafa, R., Kalokola, F., ... Sciences, A. (2017). a hypertension clinic in Tanzania. *Juornal of Clinical Hypertension*, 18(3), 207–216. <https://doi.org/10.1111/jch.12646>.Hypertension
- [18] Rashidi, Y., Manaflouyan, H., Pournaghi Azar, F., Nikniaz, Z., Nikniaz, L., & Ghaffari, S. (2018). Knowledge, attitude and practice of Iranian hypertensive patients regarding hypertension. *Journal of Cardiovascular and Thoracic Research*, 10(1), 14–19. <https://doi.org/10.15171/jcvtr.2018.02>
- [19] Read, P., Instructions, T., One, A. Q., Spoor, C., Read, P., Instructions, T., & One, A. Q. (2011). University of Ghana. 1(May), 1944–1966. <https://doi.org/10.1038/253004b0>
- [20] Telma de Almeida, Moises Goldbaum, Neuber Jose, M. B. de A. B. (2013). Factors associated with the prevalence of hypertension and control practices among elderly residents of sao Paulo city, Brazil. 29, 2275–2286.
- [21] Weeks, D. P. C. C. L. E. Y. N. to K. in 20. (2015). 濟無No Title No Title. *Dk*, 53(9), 1689–1699. <https://doi.org/10.1017/CBO9781107415324.004>
- [22] WHO. (2007). *Prevention of Cardiovascular Disease*.
- [23] WHO. (2017). *Global Burden of Disease Study 2017*. 1–7.