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establishment in the area. The theories from the literature were concise with the practice of its implementation to draw the better and understandable conclusion.

The study reveals that there is a positive relationship between VUP and Socio-Economic welfare of the beneficiaries. VUP has contributed to the access on food security, reduction of family dependency, access to health care, for beneficiaries. The study found out that VUP contributes to education by giving parents the ability to send their children to school through the money earned from community works, direct support and financial support. The study finds out that in case the money is given on time, they become more productive through buying something like cows, sewing machines, goats for future support in case it is needed to sell it. VUP builds self-confidence and hope for the future for the desperate people by providing them with jobs. Financial support for those who are able to do any business, such as old people, handicapped people in order to make them feel inclusive in community and to be able to get what they want without begging. There is also public works which is given to the poor households who are able to and have power to work but who haven't what to do in order to lift them from poverty.

The research also, has found that despite the these opportunity and chances of improving the wellbeing of the beneficiaries, there are some challenges which are delay in disbursement of funds, corruption, retardation in payment, lack of follow up for VUP leaders to make sure that the loans have been given back which hinder the development of the beneficiaries.

Recommendations

The recommendations are mainly given no he government or policy makers as they are the ones that have upper hands in well implementations process;

The leaders should make serious follow up to beneficiaries of VUP, and train them on how to use money earned. This government should put in place means of follow up in increasing the number of caseworkers and incentives to them.

There must be an increase in the amount of money earned especially to Direct Support beneficiaries with one family member in the household because according to the respondents views, the money earned is not still enough to these beneficiaries for better responding to their basic needs.

So as to avoid delay in payment to beneficiaries, there must be the respect of due time of payment to ensure the wellbeing and psychosocial stability of beneficiaries.

There should be an increase in the number of working days per year (from 110 days to the entire year working days), so as to gain enough money.

To sensitize VUP beneficiaries who took loans to pay back this money so as to help others getting the loan and lift themselves from extreme poverty and government should set out kinds of penalties to those who refuse to pay back.

The sector leaders should increase the trainings and meetings with the VUP beneficiaries to increase their skills on the use of money earned.

Ethical considerations

While conducting this study, ethical standards were highly respected such as avoiding the fabrication or falsifying of data. Regarding this study, respect for the dignity of research participants was prioritized. Full consent from the respondents and sector administration were obtained prior to the study. While collecting data, answers from respondents were treated with adequate confidentiality. Anonymity of individuals in this study was ensured. There was no coercion, deception or any exaggeration about the purpose and objectives of the current research. Communication in relation to the research was done with honesty and transparency. Any type of misleading information, as well as representation of primary data findings in a biased way was avoided. All citations from different sources were adequately acknowledged.

Limitations of the Study

Any research can be exposed to challenges in one way or another. Concerning the present study, a number of challenges were encountered. While conducting this study, some secondary data were unavailable and some participants initially felt nervous about the intent of this research. For this reason I explained the purpose of this research so that respondents eventually felt free to answer questions feely. Secondly, there was no extensive time to carry out exhaustive data but it was to possible to follow my action plan and schedule to economize the time allocated to this research. Furthermore, technological issues such as lack of access to the required written materials and reliable internet connection made it difficult for smooth collection of some relevant data. Finally, financial constraints on another side were another issue to consider.

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